OUR TOWN
SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES
IN THE BEAUTIFUL SHETUCKET RIVER VALLEY
Information & News for September 2012

FOOD PANTRY

We wish to thank all those who donated food to the food pantry or gave monetary donations.

The food pantry is looking up, but we can still use more non-perishable food items such as:

Cereal, coffee, peanut butter, jelly, fruit, soups, canned vegetables other than corn or green beans.

Anyone in need of food assistance, call 860-822-3000 ext. 223 or 220

Library Board Vacancies

The Sprague Library Board has openings for two alternate positions. If you are a Sprague resident and are interested in the library please call Sally Exley at 860-822-9005 or come to our next meeting on September 11th at 6:30 pm in the Grist Mill with a letter of consideration.

Sisters of Charity Can & Bottle Drive

SATURDAY, SEPTEMBER 15TH
Please drop off items on the porch in the back driveway area of the Motherhouse between 9am and noon. For more information please call 860-822-6241.

River Park Music Nights
Sponsored by the Mohegan Sun

September 1st: Glenn Hansen Band

Come join us for a relaxing night by the beautiful Shetucket River for family fun on Saturday nights from 6:00pm - 8:30pm.

Breakfast at Versailles UMC
Across from Occum Dam
4 Church Street, Versailles, CT

Saturday, September 1
7-10:00am
All You Can Eat! $6

Scrambled eggs, pancakes, sausage, bacon, home fries, toast, juice and coffee.

Our Town Volunteers

Are you looking for a way to get more involved in the community or have community service hours that you need to complete? The Sprague Our Town is assembled on the last Saturday of every month starting at 10am in the Court Room of the Town Hall and we are always looking for extra help! We have snacks and welcome anyone who wants to come lend a hand, even if it is just for an hour!

If interested please e-mail Elizabeth at ourtown@ctsprague.org.
From the Desk of the First Selectman...

Thanks to all of you for coming to all the summer events what fun they were outside concerts, river rides, conservation walks... but the lazy hazy days of summer have come to an end. Now on to the beginning of school, cool fall nights, and crisp day’s apple picking isn’t New England wonderful!

We continue with road projects and hope soon to be wrapping up for the year with Franklin Road, Cydylo Drive, Amber Drive and Hanover Versailles Road. We are still in the running to receive help with the bottom part of Pautipaug Hill Road, Grandview Drive and Sunrise Drive. I certainly appreciate your patience during this grant process.

We will continue with roadside mowing until the snow starts to fall, pothole repair and road sweeping are ongoing. We have started to replace the roofs on the dugouts, concession stands, and announcer booth located in the recreation fields.

We are planning several Town events the annual Wine and Cheese, the 3 Villages Fall Festival, and we are the kick off event for the Last Green Valley Walktober which will happen on September 29th with a moonlight walk at the land preserve starting at 7pm.

As always thanks for your support.

Cathy Osten
First Selectman

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Don’t forget to Ride the Shetucket!!
September 29th
October 13th

The Town of Sprague will provide a free shuttle between River Park and Scotland Dam. Water release is scheduled for 10:00 am on days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 2 hours. Paddlers need to have PFD’s and a distress whistle.

Since Ride the Shetucket is weather sensitive even, check the Town website on the Thursday prior to the event for any cancellation postings.

www.etsprague.org
To the residents of Sprague.

This is a friendly reminder about the Crime Hotline/Tip line for town residents, to make an anonymous call to the police to report ongoing issues including illegal activity such as speeders, vandals, drug users and sellers, or any other suspicious activity please call 860-822-3000 Ext 207. Once again this is an anonymous line and will only be heard by me and I will listen to everyone’s concerns and make every attempt to resolve them as quickly and efficiently as possible.

Over the past few weeks I have received messages from people reporting incidents they are victims of. To avoid waiting for police service, I would like you to call the State Police barracks at 860-848-6500 if you are reporting any active or past incidents that require immediate police services. I check my messages regularly when I am working. Please keep in mind that I work a five day on and three day off schedule. I would like you to contact the State Police Barracks to avoid a delayed response. And as always please dial 911 in case of any emergency.

Respectfully

Randy Silvestri

PHONE (860) 822-6156
FAX (860) 822-3013
P.O. BOX 626, BALTIC, CT 06330
TOWN CLERK’S OFFICE
JUSTICES OF THE PEACE

Any unaffiliated or minor party voter who would like to become a Justice of the Peace may apply to the Town Clerk, in writing by November 1st. In Sprague, up to ten unaffiliated Justices of the Peace may be appointed. If more than ten applications are received, the Town Clerk must conduct a lottery at a ceremony open to the public.

The four-year term for Justices of the Peace will be from January 7, 2013 through January 2, 2017. Unaffiliated and minor party voters who miss the Nov. 1 deadline may not apply again until 2016.

No one who is or has been a registered Democrat or Republican on or after May 1, 2012, may apply for one of these appointive justice of the peace slots.
For the suggested form or questions, please call me.
Claire B. Glaude, Town Clerk
860-822-3000 Ext. 220

Sprague Democratic Town Committee Update
At our August meeting, the DTC met and discussed the upcoming month’s events.

We want to thank you for your support and for voting in the primary. It was a great turnout!

We have endorsed candidates in all races for the November elections—they are Chris Murphy for Senate, Joe Courtney for Congress, Catherine Osten for State Senate, and Brian Sear for State Representative.

We continue to encourage people who are interested in volunteering on boards and commissions to submit an application located on the new Town website (www.ctsprague.org) and in the Town Clerk’s office. There are openings for the Office Justice of the Peace, again please let us know if you are interested.

The Sprague DTC encourages residents to register to vote. Registered democrats interested in serving on Town boards or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111.

Please visit the Sprague DTC website @ SpragueDemocrats.org for updated information.

Catherine Osten
DTC Chair

Baltic Fire Department Ladies Auxiliary

Members did not meet during the months of July and August. Our next meeting is scheduled for Tuesday, September 11, 2012 at 7 pm at the firehouse.

When we meet in September, we will be planning our annual HOLLY JOLLY BAZAAR.

This will be held on Saturday, November 24, 2012 from 9 am to 3 pm. We will again have tables available for rent. The cost for an 8 foot table (supplied) is $25.00. Letters will be going out in early September to those already on our mailing list. If you are interested and are not on our present list, please give me a call at 860-822-8331 and leave your name, address and phone number.

Please remember that anyone interested in joining the Auxiliary is welcome. We are always looking for new members and new ideas for fundraising. You need not be a Sprague resident or have a spouse or family member in the Fire Department to join the Auxiliary*Jeannette Deschamps

The Town is seeking persons to fill vacancies on Town Boards and Commissions:

Interested residents should complete the questionnaire that is available at the Town of Sprague website [www.ctsprague.org on the volunteer page] and send it by email to c.osten@ctsprague.org or regular mail to the Sprague First Selectman at Sprague Town Hall, One Main Street, PO Box 677, Baltic, Connecticut 06330. You may also obtain a questionnaire at the Sprague Town Hall First Selectman’s Office. If you have any questions please call the First Selectman’s Office at 860-822-3000 x 202.

This would cover both elected and appointed positions. Additional information regarding elected positions can be obtained from the respective chairs of both the Republican and Democratic Town Committees’ Chairs. The RTC Chair is Miko Smith (asmith7258@aol.com). The DTC Chair is Catherine Osten (860-822-9367 or catherineosten@sbcglobal.net).
2012 SCRRRA Household Hazardous Waste

All Regional Hazardous Waste Collections are held on Saturdays from 9am-1pm. Any household from any participating community can go to ANY of the HW collection events. For more information or to view the participating communities visit www.SCCRRA.org. The following are the dates and locations for the last four collections in 2012:

-September 8th North Stonington: Public Works Highway, 11 Wyassup Rd. (860-376-7080)
-Oct 13th Griswold: Griswold Highway Garage, Rte 138 (860-767-0860)
-November 3rd Ledyard: Styron LLC Parking Lot, Rte 12 (860-464-6740)

Sprague Conservation Commission Update

First of all, thank you to all who were able to donate to our latest conservation efforts through the “Friends of the Shetucket River Valley.” We collected about $800 so far in the first wave. Please continue to send in whatever you can afford; every little bit adds up quickly and we still have a long way to go. Any questions about this please don’t hesitate to contact me or talk to Cathy Osten.

Our next hike to view the property will meet at the Grist Mill at 8am Saturday Aug. 4th. I will also be leading a night hike which will meet at the Grist Mill at 7pm on Sunday Aug. 12th. We will hike and then view a meteor shower. Bring the family, popcorn, chairs, bug spray, etc. Thank you all for your continued support.

-Don Boushee, SCC Chairman
donaldboushee@sbcglobal.net

Sprague Garden Club

We will meet Wednesday, September 5, 6:30 p.m. at the Senior Center. Andy Reznekiewicz, from the Pocumtuck Audubon Center, will present an infrared camera video of the nocturnal wildlife that visit the Audubon Center’s grounds. The presentation is open to the public. A business meeting will be held after the presentation.

Garden Club members will help decorate for the Library’s 2nd Annual Wine and Cheese Social to be held on September 28. On October 6, we will have a pumpkin painting booth at the Three Village Fair. We will meet at the Senior Center on October 3, 6:30 p.m. The program for the evening will be a member discussion on putting gardens to rest for the winter.

Please join us if you are interested in the subject or the garden club. Refreshments will be served.

-Jan Settie, Secretary

The Salvation Army

Upper New London County Service Unit

Thank you everyone who donated checks to the Upper New London County Service Unit. Also thank you to the Scouts and all of the residents that participated with the scouting for food drive. All of your donations and support have helped stock the town food pantry. Ninety percent of the donations will be kept for residents in town. This resource is available for anyone who is need of food; if you need food please contact Collette in the Town Hall (860)822-3000. Your donations provide community support, in case of emergencies as well as providing basic food needs for those in need. The food pantry is always looking for donations, so food donations can be dropped off at Town Hall during business hours. Monetary donations can be sent to Upper New London County Service Unit, PO Box 304, Versailles, CT 06383.

-Dennison Allen, Town of Sprague Representative

BOARD OF ASSESSMENT APPEALS

The Board of Assessment Appeals of the Town of Sprague will meet in the Town Clerk’s Office, 1 Main Street, Baltic, CT on Thursday, September 18, 2012 from 6:00 P.M. to 7:00 P.M. to hear complaints on assessments pertaining solely to motor vehicles on Grand List of October 1, 2011.

Baltic Fire Department

Help Wanted

Baltic Fire Department

Is looking for your help

We are now accepting applications for Volunteer Firefighter or Emergency Medical Technicians (EMT)!

Become a Volunteer Firefighter or EMT!!

We need your help! If you’re not for volunteers, three fourths of the United States, including Baltic, would be without adequate fire and emergency medical protection. Few jobs offer the challenges and rewards that volunteer fire, rescue and emergency services offer. This is a job for everyone. You need courage, dedication and a willingness to learn new skills; and to be able to conquer new and diverse challenges.

- As a volunteer you will be trained to react with confidence to all sorts of emergency situations.
- The rewards of the emergency services are incredible if you consider respect and appreciation reward enough.
- Saving a neighbor’s home or farm from being destroyed by fire. Rescuing a child from possible injury or death. These are the rewards that we, as volunteers, experience everyday.

If you have the desire to make a difference in people’s lives, and believe that you have what it takes to meet the challenges, join the team that protects this lives and homes in the town of Sprague and surrounding communities.

Who are the volunteers?

They are people just like you, man and women of all ages, from all walks of life. They give back to their community by devoting themselves, their time, their talent, care and concern.

Volunteer firefighting is a very rewarding and valuable way to serve your community.

You can pick up applications at the Fire station, 22 Bushnell Hollow Rd. or if you have any question call 860-827-4819.

The Baltic Fire Department service the town for 145 years, Neighbors Helping Neighbors
News from the Academy of the Holy Family:

Two graduates from the Class of 2012 we wish to highlight here are Micala Smith from Hanover, CT and Isabella Gauthier from Versailles.

Micala, the AHF Class of 2012 Valedictorian was a member of National Honor Society and the National Society of High School Scholars. She was involved in Student Council, National Art Honor Society, Legion of Mary, Teens in Action, Top Life, Yearbook, Environmental Club, Drama and was a Class Officer. She played all sports and has been the recipient of several sports awards and honors, being named as an All-Conference Player in soccer, being chosen for the All-State Basketball Academic Team, and finally the All-State Scholar Athlete.

Micala will be attending College of the Holy Cross in Worcester, MA this fall where she is majoring in biology with an additional major in Spanish. She will be studying in a pre-medicine concentration with the intent to attend medical school to study pediatrics and to specialize in neonatology.

Bella Gauthier was a member of National Honor Society and Student Council, holding leadership positions. Bella excels in music and is a member of the A.H.F. Concert Choir and Select Choir. She has represented the Academy through her participation in the Eastern Regional Music Festival and the Quinnebaug Valley Music Festival during the past two years. Bella has illustrated her talent for dancing and acting through her roles in various Fall musicals at the Academy.

Bella has become a confident young woman during her time at the Academy. Her openness to new opportunities has enabled her to gain many skills and reach out to others. Bella is a self-starter and a determined person. She has a bright future awaiting her. She will be attending U-Conn at Avery Point.

Sprague Conservation Commission will be sponsoring a Moonlight Hike at the Sprague Preserve in coordinating with The Last Green Valley Walktober. The hike will be September 29, 2012 meeting at Gideon Park Franklin (across from the Franklin School). This year we are the first hike to start off Walktober. Rain date of September 30, same time and place. More info: 860-822-9808

Word of the Month:

Persevere: v. 1) continue in a course of action even in the face of difficulty or with little or no indication of success

Synonym- persist

The Academy of the Holy Family is privileged as a college prep boarding school to educate young women from all over the world. This past year we hosted boarding students from twelve states and six countries. The Academy of the Holy Family would love to have girls from Sprague in our school. We are committed to a good education, both spiritual and academic. Understanding the high cost of living, we are able to offer Sprague residents a reduction in tuition.

Please contact us at 860-822-9272 if you are interested.
TOWN OF SPRAGUE
Assessor’s Office
1 Main Street
P. O. Box 162
Baltic, CT 06330
Tel: 860-822-3000 Ext. 222
Fax: 860-822-3016

LEGAL NOTICE

In accordance with Connecticut General Statute 12-40, all persons who are liable to pay taxes on tangible personal property belonging to them on October 1, 2012, are hereby notified that they must file a declaration of their personal property on or before November 1, 2012, with the Assessor, or be subject to an estimated assessment and the statutory 25% penalty. Various exemptions are explained on the declaration and available if filed on time.

NO DECLARATION IS REQUIRED FOR MOTOR VEHICLES REGISTERED IN SPRAGUE CT
NO DECLARATION IS REQUIRED FOR REAL ESTATE

Personal property includes, but is not limited to, unregistered motor vehicles (including junk autos), campers, all business machinery, equipment, tools, commercial furniture and fixtures.

The filing deadlines for various exemptions and classifications are as follows:

PUBLIC ACT 490
All applications for classification of forestland must be received by October 31, 2012. All applications for classification of farmland must be received by October 31, 2012.

VETERANS
All property owners claiming exemption due to military service must file their DD214 form with the Town Clerk by September 30, 2012. Veterans claiming disability exemption must submit proof from the Veterans Administration. PA 85-573 allows veterans an additional exemption if their income is within the approved limits. This application must be filed by October 1 bi-annually.

DISABILITY
Persons totally disabled receiving SSD benefits may be eligible for a $1000 property exemption. Proof of award and application must be submitted by January 31, 2012.

HOMEOWNERS & TOTALLY DISABLED
Residents 65 years of age or totally disabled may be eligible for a tax credit on real estate, income guidelines apply and are adjusted each year. You must request an application in February 2013 and file it on or before May 15, 2013.

RENTERS
Residents 65 years of age or totally disabled may be eligible for the State Renters Rebate Program. Guidelines and applications are available May 15, 2013 through September 16, 2013.

The Assessor’s Office is open to receive the above declarations and applications Monday 8:00 a.m. to 4:30 p.m. and Tuesday 8:00 a.m. to 11:30 a.m.

Robert G Coates
Assessor
Sprague Community Center News

It doesn't seem possible that the summer of 2012 is coming to an end and we are looking at the beginning of the school year for our children.

Getting a new school year off to a good start can influence children's attitude, confidence, and performance both socially and academically. The transition from August to September can be difficult for both children and parents. Even children who are eager to return to school must adjust to the greater levels of activity, structure, and, for some, pressures associated with school life. Certainly the degree of adjustment depends on the child, but parents can help their children (and the rest of the family) manage the increased pace of life by planning ahead, being realistic, and maintaining a positive attitude.

As we begin our 3rd year in Baltic we continue to look for suggestions from the community regarding what type of activities then community members would like to see at SCC. What do YOU want to see at SCC? If you have some suggestions, please let me know at 860-822-6605. It is our goal to provide programs and activities that are not only needed but wanted in the community of Sprague.

We have a beautiful Air Hockey at SCC. SEARS donated this to SCC. Is anyone interested in having an Air Hockey Night at SCC? If so, let me know.

Don't forget our "Food Friday" food distribution is every Friday from 2-3 p.m. If anyone wants to register for this program, please call 860-822-6595. This program is open to all, but especially for those who are in need.

Have a great school year!

Sincerely,

Brenda J. Keefe - SCC Outreach Coordinator

Sayles School News

September, 2012

Dear Sayles School Families and Sprague Community:

Welcome to a new school year (2012-2013)! All of us at Sayles School are looking forward to the arrival of your children on August 29th. It's our responsibility at Sayles School to plan, monitor, assess and improve the quality of your child's learning opportunities, as well as to increase their core of knowledge and to raise the achievement level of all students. The new Connecticut school reform legislation requires: student success plans (grades 6-12); a new educator evaluation process; and computerized student assessment items that are personalized for each student. This should help us to continue improving our teaching skills and students' learning.

All of us at Sayles School for the past several years have asked the most important question, "How can we raise the achievement levels of every student?" To help us accomplish this, the Sprague community, town leaders, the PTO and the Board of Education have continuously supported our efforts and held us accountable for results.

Our innovations and efforts include: our professional learning community/teams, pre-school program, full-day kindergarten, use of technology in the classrooms, up-to-date and well-trained teachers, modern research-based reading and math curricula, student achievement specialists/tutors, positive behavior support program for students and the creative use of the Core Knowledge Sequence.

We will continue to instill a spirit of adventure, a sense of pride and a sense of mission in all our students and staff. Together we can meet the challenges in today's world. Once again, thank you for your continued support. Please feel free to contact us if you have any questions or comments.

Sincerely,

Dr. Edmund G. Senesac, Interim Superintendent of Schools

Dr. Judy Benson-Clarke, Asst. Superintendent

Mrs. Jean Wierzbinski, Principal
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**SALAD CHOICE MEAL**

- **MONDAY:** Every Wednesday, choose from:
  - Chopped Salad w/ Cheddar Cheese, Mixed Vegetables, Carrots, Mandarin Oranges
  - Mixed Vegetables, Carrots, Mandarin Oranges
  - Mixed Vegetables, Carrots
  - Carrots

**Price:** $3.90

**Donation for Food:** $1.00

**72 HOURS IN ADVANCE**

- Chicken Alfredo
- Chicken Parmesan
- Eggplant Parmesan
- Italian Sausage, Penne Noodles, Fresh Tomato Sauce
- Penne Noodles, Fresh Tomato Sauce

**Menu Subject to Change**

- 1% milk and whole grain bread
- Serves 27

**Enjoy Your Meal**

TVCCA’s Senior Nutrition Program is supported by Senior Resources Area Agency on Aging. It follows the U.S. Department of Agriculture’s Dietary Guidelines and the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D’Amato, MPH, RDN.
Friends of Sprague Public Library 2nd Annual Wine and Cheese Social

This event will be on Friday September 28 from 6:30 to 9 PM.

Tickets are $20 per person. Tickets are limited! Please stop into the library to purchase.

All proceeds benefit the library.

The Connecticut Authors Trail Finale will be at the Mohegan Sun Cabaret Theatre featuring Author Gina Barreca. She is most recently the author of It’s Not That I’m Bitter: How I Learned to Stop Worrying About Visible Panty Lines and Conquered the World (St. Martin’s, 2009/ppb 2010).

Thursday September 13 from 6:00 – 9:30 pm

This event is free and open to all.

The Sprague Public Library is now pleased and proud to offer... eBooks and audio books to the Sprague Community!

OverDrive is a program provided by the library whereby you can use your library card to go online and borrow eBooks and audiobooks the same as you would a regular library book. You can borrow up to 5 items at a time for a period of up to 3 weeks each, after which the items will automatically disappear from your device. Try it out today by going to http://bibliovation.lib.overdrive.com or from the Town website: www.ctsprague.org → Community → Library → OverDrive.

Then simply browse and check out books using the barcode number on the back of your library card, and download to your device.

Daily hours
Monday- 2PM to 7 PM
Tuesday- 2PM to 7PM
Wednesday- 9AM to 7 PM
Thursday- 9AM to 7 PM
Friday-Closed
Saturday- 9AM to 2PM
Sunday- Closed

**Please note as the school year is here, if Sayles School is closed due to inclement weather Sprague Public Library will be closed as well.

Sprague Public Library 76 Main St., Baltic, CT 06330
Phone number: (800) 822-3012  http://spraguepubliclibrary.googlepages.com/home
Staff: Christine Kolar- Director, Kristin Elliott, Jamie Sweet, Karen Sabrowski
Baltic Fire Engine Company #1

Take the First Steps for a Hurricane Plan

Step 1. Be prepared
If you are under a hurricane watch or warning, here are some basic steps to take to prepare for the storm:

- Learn about your community’s emergency plans, warning signals, evacuation routes, and locations of emergency shelters.
- Identify potential home hazards and know how to secure or protect them before the hurricane strikes. Be prepared to turn off electrical power when there is standing water, fallen power lines, or before you evacuate. Turn off gas and water supplies before you evacuate. Secure structurally unstable building materials.
- Buy a fire extinguisher and make sure your family knows where to find it and how to use it.
- Locate and secure your important papers, such as insurance policies, wills, licenses, stocks, etc.
- Post emergency phone numbers at every phone.
- Inform local authorities about any special needs, i.e., elderly or bedridden people, or anyone with a disability.
- Make plans to ensure your pets’ safety.

Step 2. Prepare to Evacuate

Expect the need to evacuate and prepare for it. The National Weather Service will issue a hurricane watch when there is a threat to coastal areas of hurricane conditions within 24-36 hours.

When a hurricane watch is issued, you should:

- Fill your automobile’s gas tank.
- If no vehicle is available, make arrangements with friends or family for transportation.
- Fill your clean water containers.
- Review your emergency plans and supplies, checking to see if any items are missing.
- Tune in the radio or television for weather updates.
- Listen for disaster sirens and warning signals.
- Prepare an emergency kit for your car with food, flares, booster cables, maps, tools, a first aid kit, fire extinguisher, sleeping bags, etc.
- Secure any items outside which may damage property in a storm, such as bicycles, grills, propane tanks, etc.
- Cover windows and doors with plywood or boards or place large strips of masking tape or adhesive tape on the windows to reduce the risk of breakage and flying glass.
- Put livestock and family pets in a safe area. Due to food and sanitation requirements, emergency shelters cannot accept animals.
- Place vehicles under cover, if at all possible.
- Fill sinks and bathtubs with water as an extra supply for washing.
- Adjust the thermostat on refrigerators and freezers to the coolest possible temperature.
If You are Ordered to Evacuate

Because of the destructive power of a hurricane, you should never ignore an evacuation order. Authorities will be most likely to direct you to leave if you are in a low-lying area, or within the greatest potential path of the storm. Be aware that most shelters and some hotels do not accept pets. If a hurricane warning is issued for your area or you are directed by authorities to evacuate the area:

- Take only essential items with you.
- If you have time, turn off the gas, electricity, and water.
- Disconnect appliances to reduce the likelihood of electrical shock when power is restored.
- Make sure your automobile's emergency kit is ready.
- Follow the designated evacuation routes—others may be blocked—and expect heavy traffic.

If You Are Ordered NOT to Evacuate

The great majority of injuries during a hurricane are cuts caused by flying glass or other debris. Other injuries include puncture wounds resulting from exposed nails, metal, or glass, and bone fractures.

To get through the storm in the safest possible manner:

- Monitor the radio or television for weather conditions, if possible.
- Stay indoors until the authorities declare the storm is over.
- Do not go outside, even if the weather appears to have calmed—the calm "eye" of the storm can pass quickly, leaving you outside when strong winds resume.
- Stay away from all windows and exterior doors, seeking shelter in a bathroom or basement. Bathtubs can provide some shelter if you cover yourself with plywood or other materials.
- Prepare to evacuate to a shelter or to a neighbor's home if your home is damaged, or if you are instructed to do so by emergency personnel.

Step 3. Complete Your Family Disaster Plan

- Contact your local Red Cross and ask what types of disasters are most likely to happen.
- Meet with your family and discuss why you need to prepare for disaster.
- Complete the disaster plan checklist.
- Practice your plan.

By completing a disaster plan in advance, you can ensure that you and your family are more prepared for all types of disasters and other emergencies.

Read the complete disaster plan directions developed by the CDC and the American Red Cross (and provided as part of our Emergency Preparedness and You website).
$50 OFF
Any Seal Coating Job

- Licensed and Insured
- Free Estimates
- Locally Owned
- Owner Operators

$100 OFF
Any Driveway Installation

HASTEDT BROS. LLC
ASPHALT PAVING
860.848.0545
Baltic CT

ANDY’S CELL: 860.234.3541  JOE’S CELL: 860.234.3543
Email: estimates@hastedtbrothers.com  Web: www.hastedtbrothers.com

DRIVEWAYS * PARKING LOTS * GRADING * CRUSHED STONE * OIL AND STONE DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING * LINE STRIPING * SEAL COATING * CRACK FILLING
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<th>Fri</th>
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<td><strong>Note</strong> American Legion meeting reschedules for Sept 11</td>
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<td>American Legion 7 pm, Rod &amp; Gun</td>
<td>BOE, 7 pm Sayles School</td>
<td>Knights of Columbus 7pm, Fire House</td>
<td>P&amp;Z Comm. 7 pm Town Hall</td>
<td>Food Friday Distribution 2-3pm</td>
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<td></td>
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<td>SFC Little League 7pm, Town Hall</td>
<td>SFC Little League 7pm, Grist Mill</td>
<td>Garden Club, Sr Center 5:30pm</td>
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<td>9</td>
<td>Labor Day</td>
<td>10</td>
<td>Conservation Comm. Mtg., 7 pm, Town Hall</td>
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<td>Inland Wetlands 7 pm, Town Hall</td>
<td>American Legion 7pm, Rod &amp; Gun Commission On Aging, 2:30 pm, Town Hall</td>
<td>Library Bd. Mtg., 6:30 pm, Grist Mill</td>
<td>Board of Selectmen 5:00 pm, Town Hall</td>
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<td>Zoning Board of Appeals, 7 pm Town Hall</td>
<td>SFC Little League 7pm, Town Hall</td>
<td>Baltic FD Ladies Aux 7pm Fire House</td>
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<td>SFC Little League 7pm, Town Hall</td>
<td>Water &amp; Sewer Auth., 4 pm, Town Hall</td>
<td>Board of Finance 7 pm, Town Hall</td>
<td>Food Friday Distribution 2-3pm</td>
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<td>Board of Assessment Appeals 6-7pm Town Clerks Office</td>
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<td>Town Hall</td>
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<td>Agriculture Comm., 7 pm Town Hall</td>
<td>Historical Society 6:30 pm, Grist Mill</td>
<td>Housing Auth. 7pm, Town Hall</td>
<td>Regional Animal Control Mtg. 10:30 am Lebanon Town Hall</td>
<td>Recreation Comm. 7 pm, Town Hall</td>
<td>Food Friday Distribution 2-3pm</td>
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<td>Library Wine &amp; Cheese Social 6:30-9pm</td>
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<td>Breakfast @Versailles UMC 7-10am</td>
<td>River Park Music Night, 6pm</td>
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VNA EAST - 34 LEDGE BROOK DRIVE, MANSFIELD CENTER, CT 06250 - PH: 860-456-7288

VNA East will hold the following clinics in August:

**Blood Pressure Screenings:**
- **Tues** September 18 Lebanon Senior Center 12:30 – 1:30 pm
- **Wed** September 19 Scotland Town Hall 12:30 – 1:00 pm
- **Tues** September 25 Franklin Senior Center 10:30 – 11:30 pm
- **Tues** September 25 Sprague Town Hall 11:45 – 12:45 pm

**Adult Health Screenings** – including blood pressure, cholesterol, blood glucose, ear wax, and foot care. Blood pressure screening is free; other services have a nominal charge. Call (860) 456-7288 for appointments, costs, and information on other services. Clinics will be held at the following locations:
- **Tues** September 28 Franklin Senior Center 8:30 – 11:30 am
- **Tues** September 4 Sprague Senior Center 12:00 – 2:30 pm

**Flu/Pneumonia Clinic Schedule** – Flu Vaccine Cost: $30, Flumist $35, Pneumonia Vaccine Cost: $50
- Insurance accepted for Flu/Flumist: Medicare B, Anthem, Aetna, ConnectiCare
- Insurance accepted for Pneumonia Vaccine: Medicare B or Anthem

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<thead>
<tr>
<th>Points of Departure to Occum</th>
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<tbody>
<tr>
<td>Shetucket Village</td>
<td>7:45 am</td>
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<tr>
<td>Playground</td>
<td>7:48 am</td>
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<tr>
<td>Brookside &amp; High Street</td>
<td>7:50 am</td>
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<tr>
<td>TJ’s Parking Lot</td>
<td>8:10 am</td>
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<tr>
<td>Arrive Occum - SEAT Connection Site</td>
<td>9:45 am</td>
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<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td>9:48 am</td>
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<th>Points of Departure to Sprague</th>
<th>Time</th>
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<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97 (stop as needed for return trip)</td>
<td>8:15 am</td>
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<tr>
<td>Express Return to Senior Center</td>
<td>2:15 pm</td>
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**SCHEDULE:**

**Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays.** For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. *The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit [www.seatbus.com](http://www.seatbus.com)*.

**Winter Weather Schedule:** The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.

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**Editor: Elizabeth Calderon**

Deadline for Our Town submissions is the 15th of each month. Submissions will be no more than 200 words and may be e-mailed to OurTown@ctsprague.org. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100 - Purchase 11 months and receive the 12th month free. **Sprague Our Town** is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.
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Your Sprague Newsletter
P.O. Box 677
Baltic, Connecticut 06330

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Carol Dunn- Little River Studio & Gallery
Photographer, Printmaker, Artist, Framer. Located at 457 Main Street in Hanover. Visit my website to see my artwork, get info about art classes given or current exhibits. Take a class in Zentangle, Solarplate Etching, or learn Photoshop Elements. Need a unique gift? I have gift certificates in any amount so your special someone can choose their own art or the class of their choice. Teaching at Meiklem Kiln Works, Mystic Arts Center & Silver Circle- as well as my own studio- see my web page!
Email: www.caroldunnart.com
Phone: 860-822-8412