OUR TOWN
SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES
IN THE BEAUTIFUL SHETUCKET RIVER VALLEY

Information & News for August 2012

Outside Movie at River Park
FRIDAY, AUGUST 17TH, 2012
ACTIVITIES STARTING AT 7PM, MOVIE STARTING AT DUSK.
COME JOIN US!
Provided by the Recreation Committee

URGENT!
We need to beef up our food pantry.
The Sprague Food Pantry is in dire need of any non-perishable food. These could include: cereal, pasta, rice, tomato sauce, and any canned goods such as soups, meats, vegetables or fruits.
Any donations would be greatly appreciated.
Please bring food items to the Town Hall at 1 Main Street in Baltic. Also anyone needing food can call 860-822-3000, ext. 223 or 220.

Yard Sale!!
TJ’s Parking Lot
Saturday, August 4th
9am-2pm
No Early Birds
Rain Date: August 11th

Library Board Vacancies
The Sprague Library Board has openings for two alternate positions. If you are a Sprague resident and are interested in the library please call Sally Exley at 860-822-9005 or come to our next meeting on August 14th at 6:30 pm in the Grist Mill with a letter of consideration.

River Park Music Nights
Sponsored by the Mohegan Sun
August 4th: Silver Hammer
August 11th: Elm Street Band
August 18th: Gypsy Time Surf & Friends
August 25th: Silver Hammer
September 1st: Glenn Hansen Band
Come join us for a relaxing night by the beautiful Shetucket River for family fun on Saturday nights from 6:00pm - 8:30pm.

Sisters of Charity Can & Bottle Drive
SATURDAY, AUGUST 18TH
Please drop off items on the porch in the back driveway area of the Motherhouse between 9am and noon. For more information please call 860-822-8241.
Don’t forget to Ride the Shetucket!!

The water release for the month of August is scheduled for 10am on Saturday, August 25th, 2012! The Town of Sprague will provide a free shuttle between River Park and Scotland Dam. For more information or cancellation postings check the Town’s website: www.ctsprague.org.

26TH ANNUAL RUMMAGE SALE

Don’t miss the rest of St. Mary of the Immaculate Conception Church’s Annual Rummage Sale!

Friday, August 3rd from 10am-4pm
Saturday, August 4th from 9am-2pm with last day bargains.
Free admission!

(860) 822-6378 * 70 West Main Street in Baltic, CT
Thank you for your support.

Sayles School Honor Roll - Third Semester

Grade 8 High Honors: Madison Spitale-Hansen & Renee Watrous
Grade 8 Honors: Elizabeth Crowley, Sabrae Collins, Avarie Manfredi, Samantha Miller & Ally Perrino
Grade 7 High Honors: Heather Cook & Joseph Crowley
Grade 7 Honors: Kelsey Allen-McQuade, Rachel Andrade, Chance Gaudreau, Keerigan Heg, Ryerson Hill & Skyla Politowitz

Congratulations!

Reminder: The Academy of the Holy Family would love to have girls from Sprague in our school. We are committed to a good education, both spiritual and academic. Understanding the high cost of living, we are able to offer Sprague residents a reduction in tuition.

Please contact us at 860-822-9272 if you are interested.
From the Desk of the First Selectman...

Thanks to all of you for coming to the town meeting and approving the bonding resolutions which will provide funds for needed infrastructure projects. These projects will be starting over the next few weeks and include road improvements, water and sewer improvements, and ADA improvements to town facilities to name a few of them.

While summer projects continue to move us forward don’t forget to join us for some relaxing downtime at the River Park at the outside movie planned for August 17th, or the weekly summer concerts or the monthly river run events. They are fun and better yet free!

Please drive slowly as summer means more children are around and sometimes dart into traffic unexpectedly. Parents should continue to tell children to stay on sidewalks and off roadways for their safety. No one wants to see a child or anyone injured or worse as a result of an avoidable accident.

We continue with roadside mowing, pothole repair and sweeping. We also are planning to replace the roofs on the dugouts, concession stands, and announcer booth located in the recreation fields. If you are interested in helping out call Barbara and I at 860-822-3000 x 202.

As always thanks for your support.

-Cathy Osten, First Selectman

*** Reminder to Vote ***

There will be a democratic and republican primary on August 14th, 2012. Please remember to vote at the Baltic Fire Department during the hours of 6am to 8pm.

The Town is seeking persons to fill vacancies on Town Boards and Commissions:

Interested residents should complete the questionnaire that is available at the Town of Sprague website [www.ctsprague.org on the volunteer page] and send it by email to c.osten@ctsprague.org or regular mail to the Sprague First Selectman at Sprague Town Hall, One Main Street, PO Box 677, Baltic, Connecticut 06330. You may also obtain a questionnaire at the Sprague Town Hall First Selectman’s Office. If you have any questions please call the First Selectman’s Office at 860-822-3000 x 202.

This would cover both elected and appointed positions. Additional information regarding elected positions can be obtained from the respective chairs of both the Republican and Democratic Town Committees’ Chairs. The RTC Chair is Mike Smith (asmith7258@aol.com). The DTC Chair is Catherine Osten (860-822-9367 or catherineosten@sbcglobal.net).

2012 SCRRRA Household Hazardous Waste Information and Schedule

All Regional Hazardous Waste Collections are held on Saturdays from 9am-1pm. Any household from any participating community can go to ANY of the HHW collection events. For more information or to view the participating communities visit www.SCCRRA.org. The following are the dates and locations for the last four collections in 2012:

-August 18th Montville: Tyl Middle School, Chesterfield Rd. (860-848-9411)
-South Stonington: Public Works Highway, 11 Wyassup Rd. (860-376-7080)
-October 13th Griswold: Griswold Highway Garage, Rte. 138 (860-376-7080)
-November 3rd Ledyard: Styron LLC Parking Lot, Rte. 12 (860-464-8740)
Notice of Primary

Tuesday, August 14, 2012

Polling Place: Baltic Firehouse, Bushnell Hollow Road

Sample of poll ballots and absentee ballots:

**DEMOCRATIC PARTY**

<table>
<thead>
<tr>
<th>1</th>
<th>United States Senator</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A</td>
<td>Christopher S. Murphy*</td>
</tr>
<tr>
<td>1B</td>
<td>Susan Bysiewicz</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2</th>
<th>State Senator</th>
</tr>
</thead>
<tbody>
<tr>
<td>2A</td>
<td>Tom Reynolds*</td>
</tr>
<tr>
<td>2B</td>
<td>Catherine A. Osten</td>
</tr>
</tbody>
</table>

**REPUBLICAN PARTY**

<table>
<thead>
<tr>
<th>1</th>
<th>United States Senator</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A</td>
<td>Linda E. McMahon*</td>
</tr>
<tr>
<td>1B</td>
<td>Christopher Shays</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2</th>
<th>Representative in Congress</th>
</tr>
</thead>
<tbody>
<tr>
<td>2A</td>
<td>Paul M. Formica*</td>
</tr>
<tr>
<td>2B</td>
<td>Daria Novak</td>
</tr>
</tbody>
</table>

The asterisk (*) indicates the candidate that was endorsed at the July caucus. The second & third rows are the challenging candidates.

**Eligible to vote:** Those enrolled in either the Republican or Democratic parties.

**Deadlines:** If either not enrolled as a voter or registered as an Unaffiliated Voter changing to a party –
1. Application postmarked by August 9th if by mail for new voter.
2. Application made in person by new voter or Unaffiliated voter to Registrar of Voters or Town Clerk must be submitted by 12:00 Noon on August 13, 2012.

**Absentee ballots** are available by calling or stopping in the Town Clerk Office.

If you have any questions, please feel free to call me at 822-3000 ext. 220.

Claire Glaude, Town Clerk
Leave Fido Home This Summer
By Denise Ethier Dembinski

Dogs definitely love going for a ride in the car, but hot summer days and evenings are dangerous times to take Fido for a ride. Some folks leave windows open believing the dog will remain cool, but that is not correct. When the outside temperature is 78 degrees the inside of the car will heat to 120 degrees in about 20 minutes. The temperature in your car will rise rapidly and your dog can die in less than 10 minutes.

Recognize the signs of heatstroke- heavy excessive panting, lethargy, profuse salivation, rapid pulse, vomiting, diarrhea, and red gums and tongue.

If you see a dog in a car do the following:
1. Record all information regarding the vehicle such as license plate number, make and model
2. Alert management of the business
3. Call the police or animal control in the area in which you are in
4. Stay with the dog until help arrives

Be aware. During the summer your dog should remain home and if not in air conditioning than in the shade of a large tree with a cool bowl of water.

Word of the Month: Delectation- n. delight, enjoyment

SFC 2012 FALL BALL PROGRAM
(T-Ball, Little League, Jr/Sr League, Softball)

- Fall Ball Program begins mid-late August - $35 per player
- This is an Instructional Season and does not mean your child will play this age group for the Spring Season.
- Registration Days/Sites: Wednesday: 8/1 & 8/8 from 6-8 pm at the Scotland Green.
- Players will be contacted by a Coach once the teams have been established.

Sign-ups/Payments must be received by Friday, August 10th, 2012.
Register: Online, Registration Site, or Mail this form to:
SFC
P.O. Box 591
Canterbury, CT 06331

Please contact Eric Graham with any questions @ egraham55@hotmail.com

******************************************************************************************
  __ T-Ball   __Baseball   __Jr/Sr League   __Softball   Payment Enclosed: ______________

Child Name: _____________________________ DOB: _______________ Age: _______
Address: ____________________________________________________________________________
Town: _____________________________ State: _______________ Zip: _______________
School: _____________________________ Grade: _____________
Parent’s Name: _______________________________________________________________________
Home Tel #: ___________________________ Cell #: _____________________________
Email address: _________________________________________________________________
Norwich Adult Education

191 Hickory Street, Norwich, CT 06360
860-823-4299
www.norwichpublicschools.org/subsite/aed

We Can Help You:

- Finish High School—3 options to choose from!
- Learn English in ESOL classes
- Study to become a U.S. citizen
- Improve Basic Skills (ABE)

August Registration Information:

For High School Credit Diploma Classes—August 20-23—9 am-11 am

For English for Speakers of Other Languages Classes—August 28-31—9 am-noon

Call 860-823-4299 for further information.

The Norwich Regional Adult Education Cooperative also serves the towns of:

Bozrah  Groton  North Stonington  Sprague (Baltic, Hanover, Versailles)
East Lyme  Ledyard  Preston  Stonington
Franklin  Lisbon  Salem  Voluntown
**Connecticut Authors Trail**

The Sprague Public Library is proud to be one of the stops on the Connecticut Authors Trail. On **Thursday, August 9th at 6:30pm** in the Community Room of the Grist Mill we will be hosting the Equine Novelists & Artists of Connecticut as they discuss their books and writing processes. Refreshments will be served! This program is free and open to the public so please come and bring your friends! **Hope to see you all there!**

The Sprague Public Library is working hard to stay connected with Connecticut authors and other libraries in eastern CT. For a complete listing of all the authors and hosting libraries on this year’s CAT stop in the library or visit connecticutauthorstrail.org.

**2nd Annual Wine and Cheese Social**

The Friends of Sprague Public Library cordially invite you to the 2nd Annual Wine & Social on Friday, September 28th, 2012 from 6:30-9PM. Tickets are $20 per person and made available for purchase starting on August 1st, 2012. We have a limited number of to sell so please stop by or call the library A.S.A.P. to reserve yours today!

*All proceeds will benefit the library.*

**Now Available for SPL Patrons: OverDrive!**

OverDrive is a program provided by the library whereby you can use your library card to go online and borrow eBooks and audiobooks the same as you would a regular library book. You can borrow up to 5 items at a time for a period of up to 3 weeks each, after which the items will automatically disappear from your device.

Try it out today by going to:
http://bibliomation.lib.overdrive.com

or from the Town website: www.ctsprague.org → Community → Library → OverDrive.

Then simply browse and check out books using the barcode number on the back of your library card, and download to your device.

**Free Movie Nights!!**

- Aug. 3rd Teen Movie: A Thousand Words starring Eddie Murphy
- Aug. 10th Family Movie: Big Miracle starring Drew Barrymore

**Movies will start at 6:30pm. If you have a comfortable chair or pillow and blanket you want to bring with you please feel free!**

**Free Children's Activities**

- August 7th: Vanilla Swirl, AKA Pete Lane “Flea Circus” at **2pm**.
- August 8th: Summer Reading Finale Ice Cream Party at **6pm** in the Grist Mill

**August Book Club Selections:**

**Afternoon Delight: The Friday Night Knitting Club by Kate Jacobs.** Next meeting: Wednesday, August 1st at 3:30pm.

**Fiction Addiction: The Little Lady Agency by Hester Browne.** Next meeting: Wednesday, August 15th at 6PM.

Sprague Public Library, 76 Main St., Baltic, CT 06330
Phone: (860) 822-3012  Website: http://spraguepubliclibrary.googlespages.com/home
Staff: Christine Kolar - Director, Kristin Elliott, Jamie Sweet, Karen Sabrowski
RTC Column

I hope everyone is enjoying their summer and staying cool, just a few items to pass on to you... The RTC will be hosting a fundraiser on August 4, 2012. The event will offer you a chance to meet some of the Candidates for the upcoming election, both Federal and State. For more information on the event and where you can purchase tickets please visit spragueforward.com. While on the site you will also be able to read the full RTC column and other information pertinent to the town and its residents.

The RTC meets the second Monday of every month at 7 PM at the Senior Center in the Town Hall. Our next meeting will be August 13, 2012.

-Michael W. Smith, Chairman

Sprague Democratic Town Committee Update

At our July meeting, the DTC met and discussed the upcoming month’s events. We planned for the primary and reviewed our endorsements. We encourage all of you to get out and vote on August 14th from 6am to 8pm at the Baltic Fire Department. All registered voters are eligible to vote in either party. This year’s primary is very important and is the first time the Democratic Party will use the ranked preference voting method. If you wish to vote in the democratic primary and are registered as an unaffiliated voter you still have time to change your status. If you wish to vote in the democratic primary and are registered as an unaffiliated voter you still have time to change your status, to qualify to vote in the primary you must be registered in the party you wish to be involved in.

We continue to encourage people who are interested in volunteering on boards and commissions to submit an application located on the new Town website (www.ctsprague.org) and in the Town Clerk’s office. The Sprague DTC encourages new residents to register to vote. Registered voters interested in serving on Town boards or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111. Please visit the Sprague DTC website at SpragueDemocrats.org for updated information.

-Catherine Osten, DTC Chair

Branching Out...

Notes from the Tree Warden

Many folks may have noticed the purple ‘bag’ hanging by the P&W railroad tracks along Route 138 on the way to the transfer station. This is one of many Emerald Ash Borer (EAB) traps that UCONN has installed across the state to determine the travel possibilities of the destructive insect. The EAB, which has crossed the Hudson River into the western part of the state, is not known to travel more than a few miles a year, but the DEEP and UCONN are taking every precaution to monitor the insect’s progress and keep it from wiping out all the ash trees in the state. The Asian Longhorn Beetle (ALB), on the other hand, has not crossed into CT from MA- yet. The quarantine area in Worcester has been expanded to 110 square miles and now includes parts of Auburn! Fortunately, the ALB does not ‘move’ very fast and trees are being removed within the quarantine area as quickly as possible.

The worst caterpillar threat this fall appears to be from the Winter Moth. These were introduced to the Cape Cod area from Europe via Nova Scotia. These light green caterpillars have several lighter green stripes on their sides and a single dark stripe along their back. They are big eaters and are not too particular about leaf species to munch on. The good news here is that most common insecticide sprays will eradicate these critters.

Most of the seedlings that were planted at the Baltic Reservoir in April and May as part of the pine forest restoration are growing (95% +). Thanks to those folks who helped me plant our 300, and to Conwood Foresters for all the seedlings that they also planted. Also thank you to everyone who has helped my efforts to not have signs stapled all over Sprague and use stakes or wire frames to advertise their ‘event’.

-Dave Gustafson, Sprague Tree Warden

~SPRAGUE COMMUNITY CENTER NEWS~

Greetings from SCC! We hope you are enjoying your summertime activities and surviving the hot and humid weather! This is the 2nd year of the Sprague Community Center (SCC) being opened in Sprague. At the time of our Grand Opening, we asked community members what they wanted to see offered at SCC. We took that listing very seriously and have offered many of the suggested activities at SCC.

Some of activities at SCC have been well attended and some have not. Some of the activities that have been offered are: Breakfast with Santa, Rummage Sale, Yoga Classes, Folk Concerts, Backus Hospital Van Visitation, Children’s Author Night, “Mad Science” Program, Soup & Chili Night, Family Movie Nights, Summer ARTS Week for children, our weekly “Food Friday” program, and of course various groups have rented SCC for their weekly and monthly meetings.

We are looking for more suggestions from the community to assist us in our annual planning. If you have some suggestions, please let me know at 860-822-6595. It is our goal to provide programs and activities that are not only needed, but wanted in the community of Sprague. Don’t forget our “Food Friday” food distribution is every Friday from 2-3 p.m. If anyone wants to register for this program, please call 860-822-6595. This program is open to all, but especially for those who are in need.

Happy summer and blessings to all!

-Brenda J. Keefe, SCC Outreach Coordinator
Sprague Conservation Commission Update
First of all, thank you to all who were able to donate to our latest conservation efforts through the “Friends of the Shetucket River Valley.” We collected about $800 so far in the first wave. Please continue to send in whatever you can afford; every little bit adds up quickly and we still have a long way to go. Any questions about this please don’t hesitate to contact me or talk to Cathy Osten.

Our next hike to view the property will meet at the Grist Mill at 8am Saturday Aug. 4th. I will also be leading a night hike which will meet at the Grist Mill at 7pm on Sunday Aug. 12th. We will hike and then view a meteor shower. Bring the family, popcorn, chairs, bug spray, etc. Thank you all for your continued support.

-Don Boushee, SCC Chairman

donaldboushee@sbcglobal.net

Sprague Garden Club
The summer has just zipped by! It’s time to think about our September meeting. The first meeting of the club’s new year will be held on Wednesday, September 5 at the Senior Center, 6:30 p.m. Andy Rezenkiewicz of the Pomfret Audubon Center will present ‘The Wildlife Video’, an infrared camera video of the nocturnal critters that frequent the Audubon Center’s grounds. If you have wondered what creatures of the night are roaming our part of the state, you are invited to attend. A Question and Answer will follow and refreshments will be served.

The planters in town are bubbling over with Alaska nasturtiums and the dwarf cannas will add a late summer blast of color. The daylilies and hydrangeas are blooming at the Grist Mill and the tall cannas are shooting up in front of the town hall. The Farmers’ Market in Coventry is a great day trip - bring a cooler, I didn’t and regretted it. Directions and info can be found at www.coventryfarmersmarket.com. Check out the following website - www.americasfarmstand.com. It lists some local farmers and you can have their products shipped to friends and relatives.

-Jan Settle, Secretary

The Salvation Army
Upper New London County Service Unit
Thank you to everyone who has donated checks to the Upper New London County Service Unit at PO Box 304, Versailles, CT 06383. Ninety percent of the donations will be kept here. Your donations provide community action, though I hope we will never need it. If you need food, call the Town Hall and speak to Colette; thanks to Scouting for Food there is food to help you. Have you as a family made a plan of what you would do if we had another bad storm this year? Hope you will not need to follow up on your plans.

-Dennison Allen, Town of Sprague Representative

NOW OFFERING MEDICARE SUPPLEMENTS

Carol Dunn- Little River Studio & Gallery
Photographer, Printmaker, Artist, Framer. Located at 457 Main Street in Hanover. Visit my website to see my artwork, get info about art classes given or current exhibits. Take a class in Zentangle, Solarplate Etching, or learn Photoshop Elements. Need a unique gift? I have gift certificates in any amount so your special someone can choose their own art or the class of their choice. Teaching at Meiklem Kiln Works, Mystic Arts Center & Silver Circle- as well as my own studio- see my web page!

Email: www.caroldunnart.com Phone: 860-822-8412
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Owner Operators

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Baltic CT

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Email: estimates@hastedtbrothers.com  Web: www.hastedtbrothers.com

DRIVEWAYS * PARKING LOTS * GRADING * CRUSHED STONE * OIL AND STONE
DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING *
LINE STRIPING * SEAL COATING * CRACK FILLING
VNA East will hold the following clinics in August:

**Blood Pressure Screenings:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed</td>
<td>August 15</td>
<td>Scotland Town Hall</td>
<td>12:30 – 1:00 pm</td>
</tr>
<tr>
<td>Tues</td>
<td>August 21</td>
<td>Lebanon Senior Center</td>
<td>12:30 – 1:30 pm</td>
</tr>
<tr>
<td>Tues</td>
<td>August 28</td>
<td>Franklin Senior Center</td>
<td>10:30 – 11:30 am</td>
</tr>
<tr>
<td>Tues</td>
<td>August 28</td>
<td>Sprague Town Hall</td>
<td>11:45 – 12:45 pm</td>
</tr>
</tbody>
</table>

**Adult Health Screenings** – including blood pressure, cholesterol, blood glucose, earwax, and foot care. Blood pressure screening is free; other services have a nominal charge. Call (860) 456-7288 for appointments, costs, and information on other services. Clinics will be held at the following locations:

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues</td>
<td>August 28</td>
<td>Franklin Senior Center</td>
<td>8:30 – 11:30 am</td>
</tr>
<tr>
<td>Tues</td>
<td>August 28</td>
<td>Sprague Senior Center</td>
<td>12:00 – 2:30 pm</td>
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</tbody>
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**BUS SCHEDULE FROM SPRAGUE TO OCCUM**

<table>
<thead>
<tr>
<th>Points of Departure to Occum</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shetucket Village</td>
<td>7:45am, 9:45am, 11:45am</td>
</tr>
<tr>
<td>Playground</td>
<td>7:48am, 9:48am, 11:48am</td>
</tr>
<tr>
<td>Brookside &amp; High Street</td>
<td>7:50am, 9:50am, 11:50am</td>
</tr>
<tr>
<td>TJ's Parking Lot</td>
<td>8:10am, 10:10am, 12:10am</td>
</tr>
<tr>
<td>Arrive Occum- SEAT Connection Site</td>
<td></td>
</tr>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Points of Departure to Sprague</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97 (stop as needed for return trip)</td>
<td>8:15am, 10:15am, 12:15pm</td>
</tr>
<tr>
<td>Express Return to Senior Center</td>
<td>2:15pm</td>
</tr>
</tbody>
</table>

Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. *The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit www.seatbus.com.*

**Winter Weather Schedule:** The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.

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**Editor: Jane Kolar**

Deadline for Our Town submissions is the 15th of each month. Submissions will be no more than 200 words and may be e-mailed to OurTown@ctsprague.org. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100 - Purchase 11 months and receive the 12th month free. Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SALAD CHOICE MEAL</strong></td>
<td><strong>All Meal Reservations</strong> replacement**</td>
<td><strong>1</strong>. Stuffed Cabbage Casserole</td>
<td><strong>2</strong>. Chicken Veracruz</td>
<td><strong>3</strong>. Honey Glazed Ham</td>
</tr>
<tr>
<td>Every Wednesday</td>
<td>should be made</td>
<td>Mashed Potatoes</td>
<td>Seasoned Rice</td>
<td>Sweet Potatoes</td>
</tr>
<tr>
<td><strong>Suggested</strong></td>
<td><strong>72 hours in advance.</strong></td>
<td>Baby Carrots</td>
<td>Beef</td>
<td>Mixed Vegetables</td>
</tr>
<tr>
<td>Donation for</td>
<td></td>
<td>or Chicken Caesar Salad</td>
<td>Broccoli</td>
<td>Pineapple Cup</td>
</tr>
<tr>
<td>Salad Meals</td>
<td></td>
<td>Fresh Fruit</td>
<td>Peach Cup</td>
<td></td>
</tr>
<tr>
<td><strong>$3.50</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>6</strong>. Salisbury Steak w/ Gravy</td>
<td><strong>7</strong>. Chicken Alfredo</td>
<td><strong>8</strong>. Eggplant Rolette</td>
<td><strong>9</strong>. Cod Italiano</td>
<td><strong>10</strong>. Lazy man’s Lasagna</td>
</tr>
<tr>
<td>Rice Pilaf</td>
<td>Rice Pilaf</td>
<td>Penne Pasta w/Marinara</td>
<td>Roasted Potatoes</td>
<td>Baby Carrots</td>
</tr>
<tr>
<td>Mashed Potatoes</td>
<td>Capri Vegetable Medley</td>
<td>Italian Vegetable Medley</td>
<td>Green Beans</td>
<td>Wax Beans</td>
</tr>
<tr>
<td>Green Beans</td>
<td>Grape Juice</td>
<td><strong>or Egg Salad Plate</strong></td>
<td>Fruit Cocktail</td>
<td>Fresh Orange</td>
</tr>
<tr>
<td>Applesauce Cup</td>
<td>Oatmeal Cookie</td>
<td><strong>or Tuna Salad Plate</strong></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Fresh Fruit</td>
<td></td>
<td></td>
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<tr>
<td><strong>13</strong>. Chicken Marsala</td>
<td><strong>14</strong>. All Beef Hot Dog w/Bun</td>
<td><strong>15</strong>. Braised Pork Loin w/Gravy</td>
<td><strong>16</strong>. Meatloaf w/ Gravy</td>
<td><strong>17</strong>. Chicken Florentine</td>
</tr>
<tr>
<td>Rice Pilaf</td>
<td>Baked Beans</td>
<td>Scalloped Potatoes</td>
<td>Mashed Potatoes</td>
<td>Rice Pilaf</td>
</tr>
<tr>
<td>Mixed Vegetables</td>
<td>Cole Slaw</td>
<td>Broccoli</td>
<td>Bean &amp; Carrot Medley</td>
<td>Capri Vegetable Medley</td>
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<tr>
<td>Pears w/ mandarin oranges</td>
<td>Pineapple Cup</td>
<td><strong>or Tuna Salad Plate</strong></td>
<td>Applesauce Cup</td>
<td>Cranberry Juice</td>
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<tr>
<td></td>
<td></td>
<td>Fresh Fruit</td>
<td></td>
<td>Chocolate Chip Cookie</td>
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<tr>
<td><strong>20</strong>. Fish Sticks</td>
<td><strong>21</strong>. Swedish Meatballs</td>
<td><strong>22</strong>. Chicken Cacciatore</td>
<td><strong>23</strong>. Cheese Manicotti w/ Marinara</td>
<td><strong>24</strong>. Sloppy Joe’s w/ Bun</td>
</tr>
<tr>
<td>Macaroni &amp; Cheese</td>
<td>Buttered Egg Noodles</td>
<td>Seasoned Rice</td>
<td>Broccoli</td>
<td>Buttered Egg Noodles</td>
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<tr>
<td>Capri Vegetable Medley</td>
<td>Normandy Vegetable Medley</td>
<td>Italian Vegetable Medley</td>
<td>Cauliflower</td>
<td>Mixed Vegetables</td>
</tr>
<tr>
<td>Fresh Orange</td>
<td>Pears w/ mandarin oranges</td>
<td><strong>or Chicken Caesar Salad</strong></td>
<td>Peach Cup</td>
<td>Applesauce Cup</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Orange Juice</td>
<td></td>
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<tr>
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<td></td>
<td>Cupcake</td>
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<td></td>
<td></td>
<td><strong>HAPPY BIRTHDAY</strong></td>
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<tr>
<td><strong>27</strong>. BBQ Chicken</td>
<td><strong>28</strong>. Cheesburger Noodle Casserole</td>
<td><strong>29</strong>. Cod Newburg</td>
<td><strong>30</strong>. Maple Mustard Pork Loin</td>
<td><strong>31</strong>. Baked Ziti w/</td>
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<tr>
<td>Southwest Brown Rice</td>
<td>Peas</td>
<td>Roasted Potatoes</td>
<td>Sweet Potatoes</td>
<td>Mustard</td>
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<tr>
<td>Chuck Wagon Vegetable Medley</td>
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<td>Green Beans</td>
<td>Carrots</td>
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<tr>
<td>Danish</td>
<td></td>
<td><strong>or Greek Salad</strong></td>
<td>Fruit Cocktail</td>
<td>Pears</td>
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<tr>
<td>Grape Juice</td>
<td></td>
<td>Peach Cup</td>
<td></td>
<td>Pears w/ mandarin oranges</td>
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<tr>
<td>Sun</td>
<td>Mon</td>
<td>Tues</td>
<td>Wed</td>
<td>Thurs</td>
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<tr>
<td>Friends of SPL Wine &amp; Cheese tickets go on sale today!</td>
<td></td>
<td>St. Mary's Rummage Sale, 10am-4pm</td>
<td></td>
<td>St. Mary's Rummage Sale, 9am-2pm</td>
</tr>
<tr>
<td>BOE, 7 pm Sayles School</td>
<td>Knights of Columbus 7pm, Fire House</td>
<td></td>
<td>Free Teen Movie, 6:30pm, Library</td>
<td>TJ's Yard Sale, 9am-2pm</td>
</tr>
<tr>
<td>P&amp;Z Comm. 7pm Town Hall</td>
<td>5</td>
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<td>7</td>
<td>8</td>
</tr>
<tr>
<td>Inland Wetlands 7pm Town Hall</td>
<td>Flea Circus, 2pm, Library</td>
<td>Board of Selectmen 5:00 pm, Town Hall</td>
<td>Equine Novelists &amp; Artists on the CT Authors Trail, 6:30pm, Library</td>
<td>Free Family Movie, 6:30pm, Library</td>
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<tr>
<td>Zoning Board of Appeals, 7 pm Town Hall</td>
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<td>Summer Reading Finale Ice Cream Party, 6pm, Grist Mill</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>SCC Hike, 7pm, Grist Mill</td>
<td>Conservation Comm. Mtg., 7 pm, Town Hall</td>
<td>Dem./Rep. Primary, 6am-8pm, Fire Dept. Library Bd. Mtg. 6:30 pm, Grist Mill</td>
<td>15</td>
<td>16</td>
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<tr>
<td>7</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td>Regional Animal Control Mtg. 10:30 am Lebanon Town Hall</td>
<td>Water &amp; Sewer Auth., 4 pm, Town Hall</td>
<td>Board of Finance 7pm, Town Hall</td>
<td>Outside Movie at River Park, 7pm</td>
<td>Sisters of Charity Can &amp; Bottle Drive, 9am-12pm</td>
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<td>20</td>
<td>21</td>
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<td>24</td>
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<td></td>
<td>Recreational Animal Control Mtg. 10:30 am Lebanon Town Hall</td>
<td>26</td>
<td>27</td>
<td>28</td>
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<td></td>
<td>29</td>
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<td>Recreation Comm. 7 pm, Town Hall</td>
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</tbody>
</table>
Enjoy the rest of summer!

Recipe of the Month: Cranberry Jello Salad

1 (8 ½ oz.) can crushed pineapple
2 (3 oz.) pkgs. raspberry Jello
1 (8 oz.) pkg. cream cheese, softened
2 T. salad dressing (Miracle Whip)
1 c. whipped cream or whipped topping
½ c. chopped nuts
1 tart apple, peeled & chopped
1 can whole cranberry sauce

Drain pineapple and save liquid. Add water to the liquid to make 2 cups and bring to a boil. Mix Jello into the hot liquid and chill until set. Beat softened cream cheese with salad dressing until creamy. Gradually beat into chilled Jello mixture. Gently fold whipped cream into the mixture. Set aside 1 ½ cups of the mixture. To the remaining mixture, add the crushed pineapple, nuts, apple and cranberry sauce. Place the mixture in a serving bowl and frost with the portion that was set aside. Chill until set and keep refrigerated until ready to serve.

As submitted by Jan Settle for the Sprague Public Library Cookbook.