OUR TOWN
SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES
IN THE BEAUTIFUL SHETUCKET RIVER VALLEY
Information & News for January 2018

Honor Roll – Our Town
TRIMESTER 1
High Honor Roll – 7th Grade
Emma Discola
Kaylee Gray
Quest Negron-Ceron
Haylee Bronson
Julia Feinglass
Morgan Manning
Brendan Bezanson
Daniel Sims
High Honor Roll – 8th Grade
Madison Ewen
Autumn Lovett
Ashlyn Bill
Makenzi Ducharme
Joshua Nowakowski
Emily Topalis
Honor Roll – 7th Grade
Mackenzie Gifford
Zyllah Payero
Alexis Stamper
Colby Tackling
Gabrielle Thibodeau
Jaiden Trudelle
Gianna Bartha
Nora Crowley
Chloe Herrick
Hunter Bittman
Tommy Puckett
Honor Roll – 8th Grade
Taylor Cirito
Zachary Dziekan
Kristanna Lickwola
Jason Ouimette
Hannah Plourde
Davie Rios
Richard Savoie
Kayla Suchomel
Alexis Arias
Elijah Mueller
Abigail Staggs
From the Sprague Resident Trooper’s Office:
The Sprague Resident Trooper's Office would like to inform the residents of Sprague of the fall statistics covering the last 2 1/2 months:
The Town of Sprague, inclusive of all the villages, reported over 350 calls for service inclusive of 22 accident investigations, 23 reportable incidents including, but not limited to; disturbance complaints, larcenies, medical emergency commitments, drug violations, domestic disputes, etc. The Town of Sprague also reported two untimely death investigations and over 60 motor vehicle stops. The Sprague Resident Trooper's office would like to remind residents to call 911 in an emergency, Troop E for routine calls @ (860) 848-6500, or the Resident Trooper's office @ (860) 822-3000 x207.

BREAKFAST
Versailles United Methodist Church
Across from the Occum Dam
4 Church St.
Versailles, CT 06383
Call 860-822-9439 for more information.
Saturday, January 20th from 7 am – 10 am
All You Can Eat!
Adults $8.00
Children - $3.00
Under 4 Free
Scrambled eggs, Pancakes, French Toast, Sausage, Home Fries, Juice, Coffee, and Tea.

Sprague’s Brush Pick-up
The Town Public Works Crew will be picking up brush from residents in January. Please have the brush brought curbside for easy pick up.
Thanks
Cathy

Newsletter Deadline:
There will be no late submissions accepted for the Our Town. As a reminder, the Our Town deadline is the 15th of every month. The newsletter will be collated on Saturday, January 27 for the February issue, we will meet at the Town Hall at 10 am. Contact Elizabeth for details. If interested in volunteering email Elizabeth @ Spragueourtownnewsletter@gmail.com
From the Desk of the First Selectman,

Winter is here and as usual I can’t wait until spring pokes its head up! I love New England but my goodness, it is brrrr cold!

The library has books and movies for you to borrow this. Stop in; enjoy a cup of cocoa while you search for that perfect book to entertain your mind as you curl up on your sofa under a blanket or two!

The budget process is again in full swing as usual; we will carefully look at every line item to ensure we are as frugal as possible. January’s meeting with the Board of Finance will be a first review of prospective capital projects. In the next few months, we will provide you with a review of all capital requests. Please let us know what you think!

We are still looking for some help to put up 3 more raised beds at the community garden; this will bring the number of beds to 6. We are hoping the weather will break allowing us to get these gardening environments ready for next summer.

The public works crew will also be out cutting brush throughout the Town at least when there is no snow to be plowed. They will be opening up our roadsides to maintain clear site lines.

Please do not forget to read the draft of the Plan of Conservation and Development. It is posted on the Town website for your review. If you have questions, concerns or comments contact the land use office where we will get you answers and provide Planning and Zoning with your comments or concerns for their review and possible action.

The Town wide revaluation has reached preliminary completion. Many of you have come in to review recommended changes and correct any inaccuracies. The final revaluation data will be available soon and will be made available through the Assessor’s Office.

We are soliciting college engineering students to provide a conceptual idea for the Baltic Mill site. This plan will be provided to the Town for comment before putting an RFP out to developers. This RFP will be put out as we get close to finishing the cleanup. The goal of this cleanup is to put this property out for reuse as taxable property.

As always thanks for your support,

Cathy
First Selectman

Open Positions as of 1/1/2018

<table>
<thead>
<tr>
<th>Zoning Board of Appeals</th>
<th>Recreation Committee</th>
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</thead>
<tbody>
<tr>
<td>Two alternate members</td>
<td>Unlimited numbers allowed</td>
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<table>
<thead>
<tr>
<th>Inland Wetlands</th>
<th>Baltic Mills Committee</th>
</tr>
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<tbody>
<tr>
<td>One alternate member</td>
<td>Unlimited numbers allowed</td>
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<table>
<thead>
<tr>
<th>Planning &amp; Zoning</th>
<th>Regional Tourism Board</th>
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<tbody>
<tr>
<td>One alternate member</td>
<td>One appointment</td>
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<table>
<thead>
<tr>
<th>Economic Development</th>
<th>Commission on Aging</th>
</tr>
</thead>
<tbody>
<tr>
<td>One regular member</td>
<td>One regular member</td>
</tr>
</tbody>
</table>

A special thanks to TJ’s Café and residents who helped out so very much. You made the holiday season joyous!
Thank you!
**Baltic Fire Department Ladies Auxiliary**

Members met on Tuesday, December 12, for a holiday gathering at T J’s Café and a short business meeting. Once again our Holly Jolly Bazaar was a tremendous success. A sincere thank you to all who assisted and supported us in any way. We couldn’t do it without you.

Election of officers was held and following are the 2018 officers:

- **President** – Lorraine Allen
- **Vice President** – Meredith Savluk
- **Secretary** – Jeannette Deschamps
- **Treasurer** – Tina Deschamps

We welcome two new members – Melissa Allen and Maria Gladue. Member Annette Lussier was presented a 20 year pin and plaque for her years of service. Our next regular meeting is scheduled for Tuesday, April 10, 2018, at the firehouse at 7 p.m. Please remember that anyone interested in joining the Auxiliary is welcome. We are always looking for new members and new ideas for fundraising. You need not be a Sprague resident or have a spouse or family member in the Fire Department to join the Auxiliary as a regular member.

We have recently added Junior Members – young women between the ages of 16 and 18 who have a parent or guardian in the fire department or auxiliary.

Sincere best wishes for a very Merry Christmas and happy, healthy New Year.

Sincerely,

Jeannette Deschamps
Secretary

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**Sprague Democratic Town Committee Update**

At the December meeting, the DTC met and celebrated the holiday season. Part of our meeting was devoted to honoring Harry Austin & Denise Dembinski for their devotion to the Town Committee where they support and volunteer for anything that arises in conducting DTC business. We were happy to honor this quiet backbone of our committee.

We will be holding a caucus on January 11, 2018 to endorse new and returning members to the Town Committee, please let us know if you are interested. We continue as always to look for new members. The Sprague DTC encourages residents to register to vote. Registered democrats interested in serving on Town boards or joining the DTC should contact DTC Secretary Claire Glaude at 860-822-9111.

Claire Glaude
DTC Secretary

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FROM THE OFFICE OF THE TAX COLLECTOR

The second installment of Real Estate and Personal Property taxes will become due and payable on January 1, 2018. Supplemental Motor Vehicle tax bills will be sent out by the end of December and become due and payable on January 1, 2018. You will have the entire month of January to pay your taxes.

Taxes not paid by February 1, 2018 shall become delinquent and will be subject to 1 ½% interest per month. Annual interest is 18% and minimum interest is $2.00.

Taxpayers needing an immediate clearance for the registration of a motor vehicle and owe a delinquent tax must pay by cash, money order or certified check. All others who pay by personal check must wait until the check clears.

If you pay by mail and would like a receipt, please mail entire tax bill and a self-addressed, stamped envelope with your payment.

If you have any questions regarding your tax bill, you may call the tax collector at 822-3000, ext. 224. Any questions regarding address changes, assessments, exemptions, or your correct tax town should be directed to the Assessor at 822-3000, ext. 222.

**TAX COLLECTORS HOURS:**

- **Mondays:** 8:00 A.M. – 12:00 NOON
- **Wednesdays:** 2:00 P.M. – 5:30 P.M.
- **Thursdays:** 8:00 A.M. – 12:00 NOON

Mary B. Chartier, CCMC- Tax Collector
Branching Out.....

Notes from the Tree Warden

The wind storm in November left many residents with major clean up projects as a result of significant tree and limb damage. Numerous trees in town were snapped off and several were completely uprooted. The extent of damage is readily evident by the huge pile of wood and brush deposited at the transfer station. I was able to get Eversource to have their contractors remove several trees that had become public safety hazards and a danger to their power lines. Our town tree contractors also removed several damaged trees that were an immediate safety threat to the general public because of their location.

I thank the Road Crew for their assistance in getting numerous trees planted around town in the last month. Several shade trees were replaced on River Street and Main Street in Baltic. Two new shade trees were planted at the Preserve. These are Blackgum, or black tupelo trees that are native to the eastern US and are a rich source of nectar for bees, will grow up to 80 feet tall (and provide excellent shade for the new field area) and have leaves that turn a deep purple and brilliant crimson in the fall. We also planted some new large pines at the Baltic Reservoir to protect future seedlings. The reforesting of the Reservoir is nearly complete – only a few hundred feet of road perimeter remains to be planted.

I posted signs designating a new trail that the Road Crew spent several days of hard work completing last month. The “Sayles Cross Country Trail” was cleared of brush and leaves and runs from across the street from the school parking lot to the road to the Reservoir. It was completed so that cross country runners from Sayles do not have to walk along Rt. 97 to get to the salt shed area in order to run around the Reservoir. The trail is about 8/10 of a mile and is a little more of an arduous walk than the road around the Reservoir. Give it a try –

Dave Gustafson
Sprague Tree Warden

CHILDREN’S PROGRAM!
Tuesday February 13 at 4pm we will have a special program for Valentine’s Day for children ages Pre-K through 5th grade.
Please stop at the library to register
Your child which enables us to have
The correct supplies.

Book Club will meet in February after a holiday hiatus!
Thursday February 1, 2018 at 4pm in the library. Call the library for the title 860-822-3012
Goin’ Postal Jan 2018—With a new year turning everyone’s calendars forward, the U.S. Postal Service is raising the curtain to provide a sneak peek at a portion of its 2018 stamp program. Detailed information and issuance dates on these stamps and others will be revealed later. All stamp designs are preliminary and are subject to change until issuance dates. But here’s a few highlights of what’s coming in 2018:

Love Flourishes is the latest stamp in the Love series. The stamp art features a fanciful garden of colorful flowers surrounding the word “Love.” The Year of the Dog stamp is the 11th of 12 stamps in the Celebrating Lunar New Year series. The Year of the Dog begins Feb. 16, 2018, and ends Feb. 4, 2019. The 41st issuance in the Black Heritage series honors the achievements of legendary performer and civil rights activist Lena Horne (1917–2010). Remembered as one of America’s great interpreters of popular songs, Horne also was a trailblazer in Hollywood for women of color. She used her personal elegance, charisma and fame to become an important spokesperson for civil rights. Bioluminescent Life celebrates the phenomenon of bioluminescence — the ability of some species to glow — with a pane of 20 stamps featuring 10 life-forms that create their own light. The Mister Rogers stamp celebrates Fred Rogers (1928–2003), who was known as a beloved television neighbor to generations of children. His groundbreaking public television series Mister Rogers’ Neighborhood inspired and educated young viewers with warmth, sensitivity and honesty. Another famous American is celebrated this coming year with a stamp of her own: America’s first woman in space, Sally Ride (1951–2012), inspired the nation as a pioneering astronaut, brilliant physicist and dedicated educator. Peace Rose celebrates one of the most popular roses of all time. The peace rose revolutionized hybrid tea roses with its unique coloring, hardiness, and disease resistance. With the release of O Beautiful, the Postal Service commemorates the beauty and majesty of the United States through images that correspond with one of the nation’s most beloved songs, “America the Beautiful.” The newest stamp in the Music Icons series honors singer and songwriter John Lennon (1940–1980), a rock ‘n’ roll hero successful both as a founding member of the Beatles and as a solo artist. Several other stamps will be released as well — keep your eyes peeled for them!

You may have wondered how the Postal Service comes up with stamp ideas – the answer is: You!

The public is encouraged to submit stamp suggestions. Visit the Citizen Stamp Advisory Committee website at https://about.usps.com/who-we-are/csac/welcome.htm for details on the stamp selection process and instructions for submitting suggestions in writing. Due to the time required for research and approval, ideas for stamp subjects should be received at least three years prior to proposed release. Each submission should include pertinent historical information and important dates associated with the subject.

Also a winter reminder: please help keep our carriers safe while they serve you by shoveling and sanding your walkways and driveways — please keep the approach to your mailboxes clear of snow and ice. They need about 15 feet on both sides of your mailbox to drive up to and drive away from your box. With over 900 deliveries in town between them, we appreciate your help in keeping them safe!

Stop in any time if we can help you. Our office hours are: Baltic 8:30-1:00, 2:30-5:00, Versailles 8:00-12:00 noon and Hanover 12:45-4:45 pm. So for now – as the new year rolls in – have a safe, happy, and hope-filled winter, and remember: we deliver Convenience, Quality and Service for you!

Tracy A. Medling, Postmaster Sprague
Ads must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk’s Office at Town Hall. All payments must be made prior to the submission deadline. All ads must be emailed to the editor by the 15th of the month @ Spragueourtownnewsletter@gmail.com

Please call for the fee oil give-a-way contest
Thank You
Ilene
Queen Bees Oil Inc.
(860)889-2899

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- Foreign and Domestic
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$100 OFF
Any Driveway Installation

Licensed and Insured
Free Estimates
Locally Owned
Owner Operators

HASTEDT BROS. LLC
ASPHALT PAVING
860.848.0545
Baltic CT

ANDY’S CELL: 860.234.3541      JOE’S CELL: 860.234.3543
Email: estimates@hastedtbros.com      Web: www.hastedtbros.com

DRIVEWAYS * PARKING LOTS * GRADING * CRUSHED STONE * OIL AND STONE DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING * LINE STRIPING * SEAL COATING * CRACK FILLING
SPRAGUE SENIOR CENTER

Join us by stopping in or calling Buddy Meadows (Coordinator/Municipal Agent) at 860-822-3000, ext. 203. Buddy can also be reached by email: seniorcenter@ctsprague.org.

Requirement: age **55 and over**

Might you be interested in one or all offered: health services, programs, trips, informational presentations, luncheons, and more?

Transportation is available to attend Senior Center lunches, shopping, and senior events as well as medical appointments.

Lunch is served at the Senior Center Monday, Tuesday & Thursday at 11:45 am. Make a lunch reservation by calling Denise Lance at 860-822-3000 ext. 210. You must be age 60 for lunches.

TVCCA “Meals on Wheels” program delivers hot meals Monday through Friday. Call the TVCCA Senior Nutrition Program at 860-886-1720.

**Cards & Crafts – January 2nd**

**Adult Coloring – January 11th**

**Movie** - January 17th at 12:30 pm. No fee charged.

**Monthly Meeting** - January 25th at 1:00 pm.

COME JOIN US SOON!!

*The information below shows donations given by the Solar Farm as part of their project. We Thank You!*

<table>
<thead>
<tr>
<th>Organization</th>
<th>Mission / Cause</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>End Hunger Connecticut (Local)</td>
<td>Providing meals for thousands of children especially during the summer when they are most vulnerable</td>
<td>$20,000</td>
</tr>
<tr>
<td>Town of Sprague (Local)</td>
<td>Town of Sprague Holiday Meal</td>
<td>$15,000</td>
</tr>
<tr>
<td>The Arc of New London County (Local)</td>
<td>Partner with people living with intellectual and developmental disability for equal participation and inclusion in Communities</td>
<td>$10,000</td>
</tr>
<tr>
<td>Mercy Housing &amp; Shelter (Local)</td>
<td>Provide transitional housing &amp; help stop homelessness before it starts</td>
<td>$10,000</td>
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<tr>
<td>Connecticut Dept. of Veterans Affairs (Local)</td>
<td>In support of rehabilitation of veterans returning home helping families of vets who are currently deployed</td>
<td>$10,000</td>
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<tr>
<td>Hanover Congregational Church (Local)</td>
<td>Church Steeple Repairs</td>
<td>$10,000</td>
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<tr>
<td>Town of Sprague (Local)</td>
<td>Annual Summer Concert Series</td>
<td>$4,000</td>
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<tr>
<td>Athletes International (National)</td>
<td>In support of youth sports through active and retired sports professionals</td>
<td>$2,500</td>
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<tr>
<td>American Heart Association (National)</td>
<td>Dedicated to fighting heart disease &amp; stroke.</td>
<td>$1,000</td>
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<tr>
<td>My Sisters Place (Local)</td>
<td>Ending homelessness, supporting independence, transforming lives</td>
<td>$20,000</td>
</tr>
<tr>
<td>Baltic Fire Engine Co. #1 (Local)</td>
<td>In support of new equipment</td>
<td>$12,000</td>
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<tr>
<td>Hole in the Wall Gang (Local)</td>
<td>Providing medically-supervised free summer camps &amp; programs to children with serious illnesses &amp; their families</td>
<td>$10,000</td>
</tr>
<tr>
<td>Sisters of Mercy (Local)</td>
<td>Support of the Food Bank in Baltic</td>
<td>$10,000</td>
</tr>
<tr>
<td>Navy SEAL Foundation (National)</td>
<td>Provides immediate &amp; ongoing support &amp; assistance to the Naval Special Warfare community &amp; its families</td>
<td>$10,000</td>
</tr>
<tr>
<td>St. Vincent de Paul Place, Norwich, CT (Local)</td>
<td>Serves those who are physically, mentally, or spiritually impoverished.</td>
<td>$8,000</td>
</tr>
<tr>
<td>American Legion Inc. Post 85 (Local)</td>
<td>In support of the Veterans War Memorial Fundraiser</td>
<td>$4,000</td>
</tr>
<tr>
<td>Friends of the Shetucket River Valley (Local)</td>
<td>To help protect open space in the Shetucket River Valley &amp; the preservation of key habitat for fish and wildlife</td>
<td>$2,000</td>
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$159,500 DONATED ON BEHALF OF CT30
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>1 New Year Holiday</td>
<td>Creamy Dijon Chicken Brown Rice Mixed Vegetables Pears w/ mandarin oranges</td>
<td>Pub Burger w/ bun Home Fries Chuck Wagon Vegetables Sweet Treat &amp; Juice</td>
<td>Chicken Parmesan Penne Pasta Peas &amp; Carrots Fresh Orange</td>
<td>Ethnic Celebration Cuban Pulled Pork Seasoned Rice &amp; Black Beans Broccoli Fruit Cocktail</td>
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<tr>
<td>Program Closed</td>
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<tr>
<td>8 Chicken Cacciatore Roasted Potatoes Scandinavian Vegetable Blend Fresh Fruit</td>
<td>Beef &amp; Bean Chili Egg Noodles Chuck Wagon Vegetables Pineapple Tidbits</td>
<td>Turkey Ala King Rice Pilaf Broccoli Sweet Treat &amp; Juice</td>
<td>Salisbury Steak w/ gravy Mashed Potatoes Capri Vegetable Medley Applesauce Cup</td>
<td>Stuffed Shells w/ Marinara Green Beans Diced Carrots Pears w/ mandarin oranges</td>
</tr>
<tr>
<td>15 Dr. Martin Luther King Holiday</td>
<td>Cheese Omelet Roasted Potatoes Stewed Tomatoes Fruit Cocktail</td>
<td>New Year Celebration Meal BBQ Pulled Pork Corn Bread Tater Tots Broccoli Apple Pie &amp; Juice</td>
<td>New Year Celebration Meal BBQ Pulled Pork Corn Bread Tater Tots Broccoli Apple Pie &amp; Juice</td>
<td>New Year Celebration Meal BBQ Pulled Pork Corn Bread Tater Tots Broccoli Apple Pie &amp; Juice</td>
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<tr>
<td>Program Closed</td>
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<tr>
<td>22 Beef Hot Dog w/ bun Baked Beans Mixed Vegetables Pears w/ mandarin oranges</td>
<td>Baked Haddock w/ salsa Spanish Rice Chopped Broccoli Fresh Fruit</td>
<td>Birthday Celebration Stuffed Chicken Cordon Bleu Buttered Shells Peas &amp; Carrots Birthday Treat Grape Juice</td>
<td>BBQ Chicken Baked Beans Capri Vegetable Medley Applesauce Cup</td>
<td>Beef Stew Brown Rice Italian Vegetable Medley Pineapple Tidbits</td>
</tr>
<tr>
<td>29 Western Omelet Hash Brown Potatoes Peas w/ Pearl Onions Applesauce Cup</td>
<td>Meatloaf w/ gravy Garlic Mashed Potatoes Green Beans &amp; Diced tomatoes Peach Cup</td>
<td>Cheese Manicotti w/ Marinara Peas Carrot Coins Sweet Treat &amp; Juice</td>
<td>Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 800-886-1720 (24hr voice mail available) 1% milk and whole grain bread served with each meal. Menu is subject to change without notice.</td>
<td>Inclement weather watcher: If severe inclement weather is in the forecast, delivery schedules are subject to change. Inclement weather closings will be announced on all local radio stations and TV Channel 3 &amp; 8.</td>
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## BUS SCHEDULE FROM SPRAGUE TO OCCUM

### Points of Departure to Occum

<table>
<thead>
<tr>
<th>Points of Departure to Occum</th>
<th>Time</th>
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<tbody>
<tr>
<td>Shetucket Village</td>
<td>7:45am</td>
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<tr>
<td></td>
<td>9:45am</td>
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<tr>
<td></td>
<td>11:45am</td>
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<tr>
<td>Playground Brookside &amp; High Street</td>
<td>7:48am</td>
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<tr>
<td>TJ’s Parking Lot</td>
<td>7:50am</td>
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<td></td>
<td>9:50am</td>
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<tr>
<td>Arrive Occum- SEAT Connection Site Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td>8:10am</td>
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### Points of Departure to Sprague

<table>
<thead>
<tr>
<th>Points of Departure to Sprague</th>
<th>Time</th>
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<tbody>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97 (stop as needed for return trip)</td>
<td>8:15am</td>
</tr>
</tbody>
</table>

Express Return to Senior Center 2:15pm

*Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit [www.seatbus.com.](http://www.seatbus.com)*

**Winter Weather Schedule:** The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.

### The Holiday Season and Your Dog

By Denise Dembinski

During the holiday season your dog is likely to beg tidbits from you and your guests. Although turkey, potatoes, and green beans are fine in small quantities, there are many foods which are not. The ingestion of the following food items can result in pancreatitis and gastrointestinal upset. These are painful conditions that can result in the death of a dog depending on its size.

**Chocolate** – Sweet chocolate may only result in a stomach ache; however, unsweetened baker’s chocolate or dark chocolate can result in severe blood sugar problems, seizures, weakness, and depression.

**Alcoholic Beverages** – Poisoning in dogs occurs when a dog drinks between 5 and 8 ml of alcohol per kilo of bodyweight. To clarify this means that an ml of alcohol can result in poisoning; not necessarily an ml of whiskey or wine. Your company may set a glass on the floor next to the couch which may prove too tempting for Fido to resist.

**Macadamia Nuts** – Although the actual toxic ingredient is unknown, these nuts affect the skeletal muscles of a dog. Tremors, weakness, and/or paralysis of the hindquarters can result. Limbs can swell.

**Raisins and Grapes** – In small dogs especially, raisins and grapes can result in acute renal failure. Symptoms include vomiting, diarrhea, and shaking.

**Onions and Garlic** – These dangerous food ingredients contain thiosulphate which result in haemolytic anemia which means the dog’s red blood cells are affected causing them to burst while they circulate throughout the body. Cats and livestock can also be affected.

**Candy, Sugarless Products (including gum)** – Zylitol is a sugar-free ingredient frequently found in chewing gum, candy, and baking supplies.

**Poultry Bones** – Chicken and turkey bones splinter resulting in sharp, long, pieces which can cut, scratch, and become stuck in the dog’s throat, stomach, or intestines.

“Regular” food isn’t the only problem dog owners need to be aware of as the non-food holiday items such as tinsel, garland, ornaments, and drinking tree water in the living room can seriously irritate a dog’s stomach. Angel hair, although soft and harmless looking, is really spun glass. Poinsettia plants are poisonous. Rock salt and other de-icers will result in vomiting and diarrhea when ingested. It will also burn your dog’s paws.

We’ve all been told that, “An ounce of prevention is worth a pound of cure.” This is especially true when it comes to dogs and the holiday season. Maintain your dog’s regular feeding schedule, exercise them regularly, and keep high-risk items out of reach. When you’re busy is most likely when your pooch will get into trouble. Keep an eye open for symptoms of tremors, seizures, vomiting, diarrhea, and restlessness. Seek immediate veterinary treatment if necessary and have a happy, and safe, holiday season.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tues</th>
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<th>Sat</th>
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</tr>
<tr>
<td><img src="image" alt="Happy New Year" /></td>
<td>New Year’s Day</td>
<td>American Legion 7 pm, Sprague Rod &amp; Gun Club</td>
<td>Garden Club 6:30 pm Senior Ctr</td>
<td>Knights of Columbus 7 pm, Fire House</td>
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**January 2018**

- **1 January**: Happy New Year
- **8 January**: Board of Selectmen 5:00 pm, Town Hall
- **11 January**: BOE, 7 pm, Sayles School
- **15 January**: Deadline for all OUR TOWN submissions
- **28 January**: Regional Animal Control Mtg, 10:30 am, Lebanon Town Hall
- **29 January**: Senior Smilers Mtg, 1 pm, Senior Ctr. Recreation Comm. 8 pm, Town Hall
- **30 January**: Regional Animal Control Mtg, 10:30 am, Lebanon Town Hall
- **31 January**: Senior Smilers Mtg, 1 pm, Senior Ctr. Recreation Comm. 8 pm, Town Hall
Note from the Editor: Elizabeth Calderon

The deadline for Our Town submissions (and corresponding payments for ads) is the 15th of each month. Submissions will be no more than 200 words and must be e-mailed to spragueourtownnewsletter@gmail.com. No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk’s Office at Town Hall. Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.