Thank you for Volunteering:

Many thanks to the following volunteers that have helped collate the newsletter since I’ve become editor: Diane Fraiter, Selena Calderon, Cristian Calderon, Jasmeen Calderon, Liana Pike, Pamela Russo, Marisol Melendez, Chelsea Bertocki, Luke Piegari, Maria Piegari

Thank you your help has been greatly appreciated. If interested in volunteering email Elizabeth @ our-town@ctsprague.org

OUR TOWN
SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES IN THE BEAUTIFUL SHETUCKET RIVER VALLEY
Information & News for August 2013

Free Preschool 2013-2014
School Year
Sayles School
1/2 day Sessions

Free Transportation Provided

NAEYC accredited

Call Sayles School 860-822-8264 ext.193

Versailles United Methodist Church Breakfast
Join us for breakfast!

August 3rd from 6:30-10am
$6 per person

Pancakes ~ Eggs ~ Sausage
Home Fries ~ Coffee, Tea & Juice
1st Saturday of every month!

FREE MULCH AVAILABLE

AT THE TRANSFER STATION
YOUR BRUSH AND SCCERRA'S TUB GRINDER WORKING TOGETHER ALLOW US TO PROVIDE THIS PRODUCT

AVAILABLE DURING REGULAR HOURS
HAPPY GARDENING!

The SCCERRA's tub grinder will be grinding the brush in July ready your equipment to pick up fresh mulch.
From the Desk of the First Selectman

Thanks to all of you for voting at the Town Meeting in support of the bonding resolutions, additions to our open space portfolio and opting into another regional Town service. This Town Meeting was the best attended in recent history with over 60 people in attendance.

We will be starting our summer road repair in the next couple of weeks; we will have finished all but 8 roads in Town by the end of this construction season. In addition we will complete all major work on the Town Hall, Town Garage, Grist Mill, Fire Department, Sayles School and Shetucket Village. This will complete all necessary major work to all our Town Buildings.

Don’t forget to join us at the River Park for the outside movies, the summer concerts and the river runs that will be happening all summer. This is a free way to beat the heat during the warm summer months!

We continue with roadside mowing, pothole repair and sweeping as is our usual summer activity. We are a month ahead of schedule in roadside mowing with a goal of finishing the first round of mowing by the end of July. We also are looking for volunteers to help us replace the roof on the combination concession stand/ announcer booth located in the Little League section of the recreation fields. To volunteer call the First Selectman’s office and leave your name with Barbara or I.

As always thanks for your support.
Cathy Osten
First Selectman

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Sprague Democratic Town Committee Update

At our July meeting, the DTC met and discussed the nominating committee’s endorsements for the upcoming municipal elections. We are excited for the team of people we have endorsed.

Our big news is that Claire Glaude our beloved Town Clerk has decided to follow her husband into retirement. I know we will all miss her; she is a true public servant. Her attributes are too long to list, suffice it to say her attention to detail, love of this Town and its people have served us well for years. Stop in and visit with her, she will say in her self-effacing way that she has done nothing. You all know that that is not true. To Claire a heartfelt THANKS! We love you and are already starting to miss you.

We continue to encourage people who are interested in volunteering on boards and commissions to submit an application located on the new Town website (www.ctsprague.org) and in the Town Clerk’s office.

The Sprague DTC encourages new residents to register to vote. Registered voters interested in serving on Town boards or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111.

Please visit the Sprague DTC website @ SpragueDemocrats.org for updated information.

Catherine Osten
DTC Chair
Hello fellow Sprague citizens, The SCC is still out here helping conserve our part of the world. Thanks for your support in all our endeavors. As you probably have heard, we have closed on the Watson property. Thanks to those people who keep showing up to support this great effort, not only from our town, but our neighboring towns as well, we get to continue our efforts to conserve and protect what we can. We are also looking at another piece of property which is adjacent to our Preserve. We will be needing volunteers to help with marking, clearing trails, marking boundaries, etc. Please email me if you can even just donate a few hours (donaldboushee@sbcglobal.net).

Speaking of the Preserve, if you have visited lately, the mosquitoes have claimed it as their own, keep moving or wear repellent or they will carry you away. Also, have you seen that beautiful stage down at the River Park? Wow! If you see Austin Deschamps and his group of volunteers, please give them big thanks. It was part of Austin’s Eagle Scout project. What a great addition to our town. GREAT WORK!

These are the sort of projects that keep making our town a great place to live.

We are also working on updating the hunting regulations for the Preserve. We’ll keep you posted.

We are also looking for conservation-type citizens who might be interested in getting involved as a regular member of the SCC. We are doing great work for our town.

Come join in the fun in knowing what you are doing is really making a difference in your town and in the world.

Also, anyone interested in viewing the Perseid Meteor Shower we will be meeting at the Sprague Preserve, 8:30pm, August 11. Bring your lawn chair, blanket, pillow, bug spray. This is a great area to view the night sky.

Anyone with telescope or binoculars please.

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**Volunteer Needed**

The Sprague Library Board has a vacancy for an alternate member position. If you are interested please contact Sally Exley at 860-822-9005 or come to a meeting on the 2nd Tuesday of each month at 6:30 pm at the library with a letter of consideration.
Ride the Shetucket River

The Town of Sprague in conjunction with First Light Power Resources will resume the wildly popular Ride the Shetucket events for 2013.

Once monthly during the warm weather season a scheduled water release from Scotland Dam will take place allowing a water level high enough to paddle or tube from below Scotland Dam to River Park in Baltic.

The Town of Sprague will provide a free shuttle from River Park and the Scotland Dam.

Water release is scheduled for approximately 10:00 am on the days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 1-2 hours depending on water volume.

Dates for 2013 are: July 27th, August 31st, September 28th, and October 12th.

Since Ride the Shetucket is weather sensitive even, check the Town website on the Thursday prior to the event for any cancellation postings.

Paddlers need to have PFD’s and a distress whistle. www.ctsprague.org

Additionally, this year, a full moon night paddle is scheduled for October 18th as part of the Last Green Valley Walktober series. Please consult the LGV Brochure and the Sprague website for details as they become available.
Sprague Garden Club

Club members are enjoying the summer with tours of area gardens, planting and weeding at the Grist Mill. The planters around town are doing well. They have required very little watering thanks to all the rains. It's doubtful we be so lucky in August.

The Garden Club's new year will begin with a meeting at the Senior Center on Wednesday, September 4 at 6:30 p.m. New members and those wanting to learn more about the club are always welcome to attend. Refreshments will be served. Call me at 860-822-6520 to confirm the date if you are not on our call tree.

The summer seems to have flown by.
Wishing everyone a happy and safe August,

Jan Settje,
Secretary

SPRAGUE SCHOOL DISTRICT
Baltic – Hanover – Versailles
Kindergarten (Full-day) Registration

Please come in or call to receive a kindergarten registration packet

Sayles School
25 Scotland Road
Baltic, CT 06330
822-8264

Sayles School is currently conducting kindergarten registration for the 2013-2014 school year. Parents of children who will be five years old by January 1, 2014 must provide birth certificates, social security numbers and a record of all state mandated immunizations along with a current physical. Parents also need to provide three proofs of residency showing the street address.

It is important that all students planning to attend full-day kindergarten during the 2013-2014 school year be registered as soon as possible.

Please call 822-8264 Ext. 100 for a registration packet or if you have any questions.
Dog Licensing

June is Dog Licensing month. All dogs are required, by law, to be licensed by the time they are six months of age. An annual license is in effect for one year – July 1st through June 30th. When licensing your dog for the first time you must provide proof of an up-to-date rabies vaccination and a veterinary certificate if your dog is spayed or neutered.

Licensing fees are as follows:
Spayed or neutered dog: $8.00
Non-spayed or non-neutered dogs: $19.00
Guide dogs: FREE
Late fee: $1.00 per month starting July 1st

Please stop by the Town Hall Mon. – Thurs. 8 am – 4:30 pm, Wed. till 5:30 pm or mail your renewal.

Mailing a renewal:
If during the past year your dog has been either spayed or neutered or a rabies vaccination was given by a vet, mail copies of these services with a check. The papers will be returned to you along with a new tag.
Enclose a self-addressed stamped envelope.
Mail to: Town Clerk, PO Box 162, Baltic, CT 06330

If you have any questions please call 860-822-3000, extension 220.
Claire B. Glaude
Town Clerk

STEM EXPLORATION

Looking for a fun and educational summer camp for your child? Check out the Science and Technology Magnet School weekly summer camps. Camp offerings include Biomedical, 3D Animation and Math Mania. Camps are for students entering grades 6, 7, or 8 in the fall of 2013. For more information, please visit www.nlstmhs.org or call 860.437.6496.

Thanks
Barbara Richardson Crouch
Looking to eat healthier this summer? Try using these:

The Salvation Army
Upper New London County Service Unit
Dennison Allen Town of Sprague Representative to the Upper New London County Unit

I want to thank those who have donated checks to the Upper New London County Service Unit. If you would like to donate to support the food bank efforts, you can send checks to: The Upper New London County Service Unit, PO Box 304, Versailles, CT 06383. 90% of the donations are kept in here to feed families in need. Thank you, your donations provide community action. If you need food, call Town Hall and speak to Colette.

Have you as a family made a plan what you would do if we had another bad storm or storms this year. Do you have a 72 hour emergency kit? Have you, as a family, met and discussed your evacuation plan in case of an emergency? Who will take what with them, etc... Do you have important papers in a safe place?

May the Lord bless you during this summer!
BUS SCHEDULE FROM SPRAGUE TO OCCUM

<table>
<thead>
<tr>
<th>Points of Departure to Occum</th>
<th>Time</th>
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<tbody>
<tr>
<td>Shetucket Village</td>
<td>7:45am</td>
</tr>
<tr>
<td></td>
<td>9:45am</td>
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<tr>
<td></td>
<td>11:45am</td>
</tr>
<tr>
<td>Playground</td>
<td>7:48am</td>
</tr>
<tr>
<td>Brookside &amp; High Street</td>
<td>9:48am</td>
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<tr>
<td></td>
<td>11:48am</td>
</tr>
<tr>
<td>TJ's Parking Lot</td>
<td>7:50am</td>
</tr>
<tr>
<td></td>
<td>9:50am</td>
</tr>
<tr>
<td></td>
<td>11:50am</td>
</tr>
<tr>
<td>Arrive Occum- SEAT Connection Site</td>
<td>8:10am</td>
</tr>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td>10:10am</td>
</tr>
<tr>
<td></td>
<td>12:10am</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Points of Departure to Sprague</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td>8:15am</td>
</tr>
<tr>
<td>(stop as needed for return trip)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:15am</td>
</tr>
<tr>
<td></td>
<td>12:15pm</td>
</tr>
<tr>
<td>Express Return to Senior Center</td>
<td>2:15pm</td>
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</tbody>
</table>

Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit www.seatbus.com.

Winter Weather Schedule: The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.

EARTH MARKET

The Earth Market was successful for its first year. Local maple syrup produced by the Howard Sprague's Sugar Shack, Bushnell Hollow Road was sold. They introduced us to an interesting recipe for maple syrup salad dressing (Balsamic vinegar, olive oil and maple syrup) Delicious!! Also winners of the Recycled Animal ART SHOW were: Grown up category, Bruce Piekarski (Bottle Fish) and children's category, Sierra Gauvin/ Colin Michell (caged birds).
In recent years, the Agricultural landscape in Eastern Connecticut has seen an increase in the number of small farms. The Federal Government has numerous programs that provide assistance to larger commercial farm operations, but the small hobby farms often do not qualify for this assistance. But just like the large commercials farms, small farms can reduce the likelihood of contamination of nearby brooks and ponds from animal manure when they know the most effective methods or receive funding assistance to implement on-farm improvements. In 2013, the Eastern Connecticut conservation District will begin a project that focuses on assisting horse farms in New London and Windham counties with manure management. An unmanaged manure pile can cause water pollution by exporting nutrients and fecal bacteria. Generation over 50 lbs. of manure per animal daily, the livestock on small farms have a considerable impact on water quality. The types of activities ECCD can assist with include improved manure storage practices, erosion control, and storm water management.

An example of basic manure management is that manure should not be spread on fields when the fields are flooded, frozen, snow-covered, or when the soil is saturated (typically November through March). During this time period, manure must be stockpiled until weather conditions are favorable for manure spreading. However, when rain pours down on an exposed pile of manure, nitrogen, phosphorus, and bacteria can be washed away and end up in the nearest brook or pond. Acid resistant tarps are an acceptable method for diverting clean water away from manure piles, and thus provide a simple, cost-effective improvement for manure storage on farms with small numbers of horses. (Good Horse Keeping, 2011) ECCD will be providing acid resistant tarps at a reduced price to qualified farm owners to cover manure stockpiles.

If you would like more information, or help with implementing best management practices on your small farm, Please contact the Eastern Connecticut Conservation District at 860-887-4163 x 403.

**Word of the Month:**

*Verity (noun):*

1) conformity o reality or actuality

2) An enduring or necessary ethical or religious or aesthetic truth.
Branching Out......Notes from the Tree Warden

The “Save the Date” is still September 14th for the pine tree planting “party” at the Baltic Reservoir!!! So please – SAVE the DATE!!! September 14th!!! The current list of volunteers to help plant around 200 conservation pine trees is really, really short. The Conservation Commission is trying to use a grant to continue encompassing the reservoir with new pine trees in preparation for getting the reservoir back on line as a town water supply. The more that can be done with volunteers – the more trees we can purchase to plant. So bring your friends, your children, your neighbors and your ‘organization’ to help us get as many trees planted as possible in 3 or 4 hours. If you bring gloves, shovels, enthusiasm and lots of energy, we will provide pine trees, dirt, drinks and snacks to get the job done. We will start around 9 a.m. and the gate to the reservoir on Baltic-Hanover Road will be open for parking in the field. If you can pitch in, please contact the Conservation Commission, The Selectman’s Office or town hall. I can be reached at 860-822-9656 (leave a message) or e-mail at gustafson_david_b@sbcglobal.net. A list of those planning to help will give us a better idea of how much ‘stuff’ to have on hand that day and what we might get accomplished.

Dave Gustafson
Sprague Tree Warden

VNAEast
34 Ledgebrook Drive, Mansfield Center, CT 06250
Ph: 860-456-7288       Fax: 860-456-4267

AUGUST 2013 HEALTH SCREENINGS AND CLINICS

Blood Pressure Screenings

<table>
<thead>
<tr>
<th>Tues</th>
<th>Aug 20</th>
<th>Franklin Sr. Center</th>
<th>9:30 am – 11:30 am</th>
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</thead>
<tbody>
<tr>
<td>Tues</td>
<td>Aug 20</td>
<td>Sprague Sr. Center</td>
<td>12:00 pm – 2:30 pm</td>
</tr>
</tbody>
</table>

Adult Health Screenings

Includes blood pressure, cholesterol, blood glucose, earwax, and foot care. Blood pressure screening is free; other services have a nominal charge. Call (860) 456-7288 for appointments, costs, and information on other services. Clinics will be held at the following locations:

<table>
<thead>
<tr>
<th>Tues</th>
<th>Aug 20</th>
<th>Franklin Sr. Center</th>
<th>9:30 am – 11:30 am</th>
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<tbody>
<tr>
<td>Tues</td>
<td>Aug 20</td>
<td>Sprague Sr. Center</td>
<td>12:00 pm – 2:30 pm</td>
</tr>
</tbody>
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U:\Carolyn\PWP51\COMTYACT\FY 2013\Health Screenings.doc
Sprague Public Library Newsletter

Sprague Public Library Summer Events for Children

Monday August 5
Amazing Andy Juggling 1PM Upstairs in the Grist Mill

Wednesday August 21
Summer Reading Finale 12PM Upstairs in the Grist Mill

Wii Gaming
Join Michael upstairs in the community room on Wednesdays from 11 AM-2 PM and Saturdays 10 AM-1PM for Wii Gaming with your friends!
You may bring a game to share and play but all games must be rated E for Everyone.

To sign up or for further information please call the library at 860-822-3012. Hope to see you there!

The Connecticut Authors Trail consists of a consortium of Eastern Connecticut Libraries who are constantly amazed at the variety of genres and diverse styles of writing among the authors who live in or are associated with the Nutmeg State. Beginning July 9, 2013 at 6:30 pm in Franklin and ending September 19, 2013 at the Mohegan Sun, local authors will showcase their books and share their stories.
Passports are available free at participating libraries throughout the summer as a guide to the author events.
Have your passport stamped at each author event for a chance to qualify for an exclusive pre-program Meet & Greet in the Cabaret Theatre at the Mohegan Sun on Thursday, September 19, 2013 at 6:00 pm.

Join us on the trail!

Tuesday August 6 at 6:30 PM meet author S.L. Hudson who will discuss her book “Duly Noted”.

Friends of Sprague Public Library
Looking for a way to get more involved in the library and help fundraise? We are looking for new members and ideas. Please call the library for more information or with questions.
Robert Steele is coming to the Sprague Public Library!

Come meet Robert Steele on Thursday September 12, 2013 at the Sprague Public Library at 6:30P.M. This event is free and everyone is invited to attend. Refreshments will follow Mr. Steel's presentation.

Robert H. Steele, "The Curse: Big Time Gambling's Seduction of a Small New England Town"

At a time when more and more states are rushing to legalize or expand gambling, former Connecticut Congressman Robert Steele has written a novel set against the explosion of casino gambling in Connecticut during the 1990s, when two Indian tribes built the world's two biggest casinos just eight miles apart.

Steele tells his story from a unique vantage point. He represented eastern Connecticut in Congress before the arrival of the two casinos (Foxwood's and Mohegan Sun) and subsequently lived on the edge of the Mashantucket Pequot Reservation, providing him with a keen appreciation of the political maneuverings that brought the casinos into being and a first-hand view of their impact.

The Curse: Big-Time Gambling's Seduction of a Small New England Town," begins in 1637 with the massacre of the Pequot Indians and a Pequot sachem's curse aimed at the young English soldier who is about to kill him. The story then jumps 350 years as the soldier's 13th-generation descendant becomes embroiled in a battle to stop a fictional Indian tribe from building a casino that threatens his town and ancestral home.

The lure of easy money drives everyone, from the tribe's chief to a shadowy Miami billionaire, venal politicians, and Providence mobsters, while a small Connecticut town must choose between preserving its character or accepting an extraordinary proposal that will change it forever.

Since Foxwood's opening in 1992, the number of U.S. casinos has increased fourfold to approximately 1,000, while according to a 2009 state study, the impact of the casinos on Connecticut has ranged from the creation of thousands of jobs to a surge in gambling-related social problems. One startling example is the 400 percent rise in embezzlements in Connecticut between 1992 and 2007, a rise 10 times the national average. Connecticut author Martin Shapiro has described the novel as "an epic story of politics, identity and greed that will leave you wondering where America is headed."

The book's release comes as all three of Connecticut's neighboring states—Massachusetts, New York and Rhode Island—are moving to open new casinos, and the U.S. Justice Department has taken a first step toward the legalization of Internet gambling.
TVCCA’s Senior Nutrition Program is supported by Senior Resources Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D’Amato, MPH, RD.

**TVCCA COMMUNITY CAFE AUGUST 2013**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drink Plenty of Water Daily!</td>
<td><strong>SALAD CHOICE MEAL</strong>&lt;br&gt;Every Tuesday &amp; Friday&lt;br&gt;Suggested Donation for Salad Meals $4.00</td>
<td><strong>Eggplant Rollete</strong>&lt;br&gt;Penne w/ Marinara Broccoli or <strong>Tuna Salad Plate</strong> Peach Cup</td>
<td><strong>Crispy Fish Cakes</strong>&lt;br&gt;Mashed Potatoes&lt;br&gt;Green Beans&lt;br&gt;Applesauce Cup</td>
<td><strong>Sloppy Joes w/ Bun</strong>&lt;br&gt;Seasoned Rice Mixed Vegetables or <strong>Greek Salad Plate</strong> Grape Juice Chocolate Chip Cookie</td>
</tr>
<tr>
<td>5 Cod Florentine&lt;br&gt;Scalloped Potatoes&lt;br&gt;Diced Carrots&lt;br&gt;Pineapple Cup</td>
<td>6 Chicken Cacciatore w/ peppers &amp; onions&lt;br&gt;Rice Pilaf&lt;br&gt;Italian Vegetable Medley&lt;br&gt;<em>or Egg Salad Plate</em>&lt;br&gt;Fruit Cocktail Cup</td>
<td>7 American Chop Suey&lt;br&gt;Peas&lt;br&gt;Baby Carrots&lt;br&gt;Fresh Orange</td>
<td>8 Western Omelet&lt;br&gt;Roasted Potatoes&lt;br&gt;Chuck Wagon Vegetables&lt;br&gt;Peach Cup</td>
<td>9 <strong>Tuscan Beef Stew</strong>&lt;br&gt;Peas&lt;br&gt;Carrots&lt;br&gt;Pears w/ mandarin oranges</td>
</tr>
<tr>
<td>12 Salisbury Steak w/ Gravy&lt;br&gt;Mashed Potatoes&lt;br&gt;Broccoli&lt;br&gt;Cranberry Juice&lt;br&gt;Sugar Cookie</td>
<td>13 Maple Mustard Pork Loin&lt;br&gt;Sweet Potatoes&lt;br&gt;Capri Vegetable Medley&lt;br&gt;<em>or Tuna Salad Plate</em>&lt;br&gt;Fresh Fruit</td>
<td>14 Chicken Veracruz&lt;br&gt;Rice Pilaf&lt;br&gt;Mixed Vegetables&lt;br&gt;Applesauce Cup&lt;br&gt;<em>Ethnic Celebration</em></td>
<td>15 <strong>Tuscan Beef Stew</strong>&lt;br&gt;Peas&lt;br&gt;Carrots&lt;br&gt;Pears w/ mandarin oranges</td>
<td>16 Orange Pineapple Glazed Ham&lt;br&gt;Mashed Potatoes&lt;br&gt;Green Beans or <strong>Chicken Caesar Salad</strong>&lt;br&gt;Pineapple Cup</td>
</tr>
<tr>
<td>19 Chicken Marsala&lt;br&gt;Rice Pilaf&lt;br&gt;Green Beans &amp; Diced Red Peppers&lt;br&gt;Fresh Fruit</td>
<td>20 Cheese Ravioli&lt;br&gt;Marinara&lt;br&gt;Carrots&lt;br&gt;<em>or Greek Salad Plate</em>&lt;br&gt;Pineapple Cup</td>
<td>21 Meatloaf w/ Gravy&lt;br&gt;Mashed Potatoes&lt;br&gt;Bean Medley&lt;br&gt;Orange Juice&lt;br&gt;Danish</td>
<td>22 <strong>Stuffed Chicken</strong>&lt;br&gt;W/ Broccoli &amp; Cheese&lt;br&gt;Seasoned Rice&lt;br&gt;Stewed Tomatoes&lt;br&gt;Peach Cup</td>
<td>23 Baked Cod w/ Tomato Garlic Relish&lt;br&gt;Roasted Potatoes&lt;br&gt;Italian Vegetable Medley or <strong>Egg Salad Plate</strong>&lt;br&gt;Fruit Cocktail Cup</td>
</tr>
<tr>
<td>25 Baked Ziti w/ Sweet Chicken Sausage&lt;br&gt;Peas&lt;br&gt;Carrots&lt;br&gt;Pears w/ mandarin oranges</td>
<td>26 Cod Newburg&lt;br&gt;Mashed Potatoes&lt;br&gt;Mixed Vegetables&lt;br&gt;<em>or Chicken Caesar Salad</em>&lt;br&gt;Applesauce Cup</td>
<td>27 Chicken Florentine&lt;br&gt;Seasoned Rice&lt;br&gt;Broccoli&lt;br&gt;Peach Cup</td>
<td>28 <strong>Braised Pork Loin w/ Gravy</strong>&lt;br&gt;Mashed Sweet Potatoes&lt;br&gt;Bean Medley&lt;br&gt;Grape Juice&lt;br&gt;Cupcake&lt;br&gt;<em>Birthday Celebration</em></td>
<td>29 Swedish Meatballs&lt;br&gt;Buttered Noodles&lt;br&gt;Peas &amp; Carrots or <strong>Tuna Salad Plate</strong>&lt;br&gt;Fresh orange</td>
</tr>
</tbody>
</table>

*1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.*
OUTSIDE MOVIES
will be held at the
RIVER PARK

Start Time 8:00PM

July 26, 2013

August 23, 2013

October 4, 2013

Come Join us this summer on select Friday Nights

PROVIDED BY THE RECREATION COMMITTEE

RIVER PARK MUSIC NIGHTS

SPONSORED BY THE MOHEGAN SUN

Come Join Us For A Relaxing Night By The Beautiful Shetucket River for Family Fun

Saturday Nights
6:00pm - 8:30pm

August 3rd
Elm Street Project

August 10th
Piekariski Sing A Long

August 17th
Outreach & 2nd Step Players

August 24th
Outreach & 2nd Step Players

August 31st
Glenn Hansen Band

September 7th
New Creation Baptist Church

Thanks to all of the kids that came out and participated in the summer rec program this year. We played some new games, made some new friends and had lots of fun. We had an a new crew of leaders this year and things went great. To all that participated, you were all great and I am very proud of you and enjoy the rest of your summer. We will share some pictures in next months addition of the Our Town.
$50 OFF
Any Seal Coating Job

Licensed and Insured
Free Estimates
Locally Owned
Owner Operators

$100 OFF
Any Driveway Installation

HASTEDT BROS., LLC
ASPHALT PAVING
860.848.0545
Baltic CT

ANDY’S CELL: 860.234.3541  JOE’S CELL: 860.234.3543
Email: estimates@hastedtbros.com  Web: www.hastedtbros.com

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DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING *
LINE STRIPING * SEAL COATING * CRACK FILLING
A Mary Kay Business Can Be Beautiful.
From extra money to personal fulfillment and flexibility, owning your own Mary Kay business can offer you unparalleled opportunity!

The Business of Being You
With the Mary Kay opportunity, you can tailor your business to your needs, lifestyle and your natural talents. You can incorporate your new business into your everyday routine – like posting about your favorite Mary Kay® products on Facebook to kick-start sales!

The Business of Being You
With the Mary Kay opportunity, you can tailor your business to your needs, lifestyle and your natural talents. And you can simply incorporate your new business into your everyday routine. For example, talking about your favorite Mary Kay® products with other moms after school could kick-start sales!

The Business of Being You
With the Mary Kay opportunity, you have the freedom to tailor your business to your needs, your lifestyle and your natural talents. And you can simply incorporate your new business into your everyday life. For example, plan a makeover party with the girls and kick-start sales!

Be your own success story.
You want to do it all. Because you’re a supermom, you want to have the freedom to be there for your family and provide the little extras that bring them joy. The Mary Kay opportunity is for you!

Be Your Own Boss.
With a Mary Kay business, you advance at your own pace.
It’s a business on your terms, using your skills to help you reach the goals that are important to you!

A Company With Heart
From the earth-kind efforts of Pink Doing Green® to the worldwide support of women and children through the Beauty That Counts® program, Mary Kay is dedicated to enriching women’s lives.

Start Something Beautiful – Your Own Business For Just $100!*
The stylish Mary Kay® Starter Kit Bag is packed with everything you need to hit the ground running: retail-sized products to demonstrate with friends at parties, samplers to share with potential customers and sales tools to help you start earning money right away!

Contact me to find out more!
Elizabeth Calderon
860-204-6286
http://www.marykay.com/ecalderon1

*Plus shipping, handling and tax
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<td>Inland Wetlands: 7 pm, Town Hall</td>
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<td>F&amp;Z Comm. 7 pm Town Hall</td>
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<td>Zoning Board of Appeals, 7 pm Town Hall</td>
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<td>Conservation Comm. Mtg., 7 pm, Town Hall</td>
<td>Library Bd. Mtg. 6:30 pm, Grist Mill</td>
<td>Board of Selectmen 5:00 pm, Town Hall</td>
<td>Board of Finance 7 pm, Town Hall</td>
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<td>Republican Town Committee Mtg., 7 pm, Town Hall</td>
<td>BFD Ladies Aux. 7pm at Fire House</td>
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<td>Deadline for all OUR TOWN submissions</td>
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<td>Water &amp; Sewer Auth., 4 pm, Town Hall</td>
<td>Regional Animal Control Mtg. 10:30 am Franklin Town Hall</td>
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<td>Breakfast 6:30am-10am Versailles Methodist Church</td>
<td>St. Mary's Rummage Sale 10:00am-4:00pm Free Admission</td>
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<td>St. Mary's Rummage Sale 9:00am-2:00pm Free Admission</td>
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<td>River Park Music Piekarski Sing Along 6:00 pm - 8:30 pm</td>
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Our Town
Your Sprague Newsletter
P.O. Box 677
Baltic, Connecticut 06830

Deadline for Our Town submissions is the 15th of each month. Submissions will be no more than 200 words and may be e-mailed to spragueourtownnewsletter@gmail.com. No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100. Purchase 11 months and receive the 12th month free. Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer.

Note from the Editor: Elizabeth Calderon