Thank you for Volunteering:

Many thanks to the following volunteers that have helped collate the newsletter since I’ve become editor: Diane Fraiter, Selena Calderon, Cristian Calderon, Jasmeen Calderon, Liana Pike, Pamela Russo, Marisol Melendez, Chelsea Berocki, Luke Piegari, Maria Piegari

Thank you your help has been greatly appreciated.

If interested in volunteering email Elizabeth @ oub-town@ctsprague.org

FREE MULCH AVAILABLE

AT THE TRANSFER STATION
YOUR BRUSH AND SCCRRA’S TUB GRINDER WORKING TOGETHER ALLOW US TO PROVIDE THIS PRODUCT AVAILABLE DURING REGULAR HOURS

The SCCRRA’s tub grinder will be grinding the brush in May ready your equipment to pick up fresh mulch.

HAPPY GARDENING!

SAINTS LAWN CARE
Mowing, Yard Work, Brush Cutting, Spring and Fall Clean Ups

Mike St. Germain
280 High Street, P.O. Box 532
Baltic, CT 06330

Phone: 860-213-1629
Email: michaelger- main@sbcglobal.net
From the Desk of the First Selectman

Well they say April Showers bring May Flowers and goodness I am happy to see those flowers! You are cautioned though that wet as it has been the last couple of years of storms has produced a lot of brush which has dried out — this is fertile ground for fires please be aware and careful of outside burning. Remember to get your permit from our Fire Marshall Rick Hamel (available at the Town Hall).

We had a very successful Earth Day cleanup – thanks for all your help!

You have been provided a lot of documents to consider as we finish up the budget process, if you have questions please contact either myself or Board of Finance Chair Claude Pellegrino.

Again this year another spot at the Baltic Reservoir has been cleared for a slew of pine trees to be planted. If you are interested in helping please contact Dave Gustafson @ 860-822-9656. The community gardens were quite a success last year let us know if you want to help with these raised beds this summer. I plan on adding 3 more this year moving down the hill next to the Shetucket Village. We hope to continue getting more community involvement in gardening, maple syrup making, honey, raising of chickens, etc... If you are a parent of a 3rd, 4th or 5th grader we plan on having the upside down tomato plant project again this year ... with a twist the children get to pick their own vegetable! Please remind them a report on their vegetable choice is due the first week of May. (The agriculture committee is sponsoring both the community gardens and the tomato plant project...thanks guys!)

As always thanks for your support

Cathy Osten
First Selectman

Sprague Democratic Town Committee Update

At our April meeting, the DTC met and discussed the upcoming month’s events.

The DTC’s nominating committee has been busy interviewing candidates for positions that will be available come November. If you have missed out on these interviews and are interested in running for office give the committee secretary Claire Glaude a quick call @ 860-822-9111 to set up an interview appointment. Interested persons should take note that the DTC seeks qualified candidates to run for office regardless of their party affiliation, if any.

The Sprague DTC encourages new residents to register to vote. Registered voters interested in serving on Town boards or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111.

For additional information on the Sprague DTC visit our website @ SpragueDemocrats.org

Catherine Osten
DTC Chair
May 2, 2013 is this year's National Day of Prayer. It is a day set aside to pray for our country in 7 different areas: government, military, media, business, education, church and family. With recent tragic events in Newtown, Cheshire and other towns all over the state of CT, the power of prayer has never been more important a resource than it is today. There are things that happen that we cannot foresee, control or change, but prayer is our open line of connection to Someone Who can: God, Who loves and directs us in proper directions if we are open to His leading and allow Him to impact our priorities. There are no denominational divisions for this day, only a desire to petition heaven on behalf of our country and our community. Please join me in setting some time aside on that day for a special prayer time from 7 am to 6 pm at the Veteran's Memorial Gazebo in the Town of Sprague. You can come any time during the day to pray for our country for protection, wisdom, provision, healing and any other way we need help! Prayer is a powerful way to impact lives - please spread the word and join us! for more information, see the National Day of Prayer website at http://nationaldayofprayer.org/ and http://commit2pray.com/ I hope to see you there. Tracy Mendling

SPRAGUE SCHOOL DISTRICT
Baltic – Hanover – Versaille
Kindergarten (Full-day) Registration

Please come in or call to receive a kindergarten registration packet

Sayles School
25 Scotland Road
Baltic, CT 06330
822-8264

Sayles School is currently conducting kindergarten registration for the 2013-2014 school year. Parents of children who will be five years old by January 1, 2014 must provide
birth certificates, social security numbers and a record of all state mandated immunizations along with a current physical. Parents also
need to provide three proofs of residency showing the street address.

It is important that all students planning to attend full-day kindergarten during the 2013-2014 school year be registered as soon as possible. Please call 822-8264 Ext. 100 for a registration packet or if you have any questions.
Ride the Shetucket River

The Town of Sprague in conjunction with First Light Power Resources will resume the wildly popular Ride the Shetucket events for 2013.

Once monthly, during the warm weather season a scheduled water release from Scotland Dam will take place, allowing a water level high enough to paddle or tube from below Scotland Dam to River Park in Baltic.

The Town of Sprague will provide a free shuttle from River Park and the Scotland Dam. Water release is scheduled for approximately 10:00 am on the days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 1-2 hours depending on water volume.

Dates for 2013 are: April 27th, May 25th, June 29th, July 27th, August 31st, September 28th, and October 12th. Since Ride the Shetucket is weather sensitive even, check the Town website on the Thursday prior to the event for any cancellation postings.

Paddlers need to have PFD’s and a distress whistle. www.ctsprague.org

Additionally, this year, a full moon night paddle is scheduled for October 18th as part of the Last Green Valley Walktober series. Please consult the LGV Brochure and the Sprague website for details as they become available.

SEE YOU THERE

Also, Bill Reid, Chief Ranger from the Last Green Valley will be leading a paddle on Sunday, June 2\textsuperscript{nd} from the Plains Road launch location in Windham to Sprague River Park. This paddle is part of CT Trails Weekend organized by CT Forest & Park Association.
American Legion Post 85
3/5/13

The meeting opened at 7:08 p.m. 10 members attended. The minutes for February 5th were read and accepted. The financial report was not given.

The new blank ammunition has been received. A meeting slated for May 11th is being planned for the Color Guard to practice for the Parade. A discussion ensued concerning trading the Springfield Rifles in through the Connecticut National Guard for a newer set.

The Adjutant report that the Memorial Day festivities are going well. Soliciting for the Grand Marshal is in process.

The F. O. stated that a Duck Race was still planned. Tickets for the race and poppy sales will be available at $5.00 and $1.00 respectively. The winning gift certificate prize was increased to $50.00.

The Sergeant at Arms will chair a Spaghetti and Meatball dinner at the Senior Center on May 11th. Tickets are $8.00 for adults and $5.00 for children. 5:00 and 6:30 p.m. sittings are planned.

The American Legion Post #85 is sad to announce the passing of Milton Lambert. He was a WW II veteran who was wounded in Italy. He will be sadly missed.

The Commander closed the meeting at 8:07 p.m.

Respectfully,
Tom Coletti
2013 Memorial Day Parade
Grand Marshal Search

The selection committee would first like to thank everyone for their submissions for last year’s Grand Marshal Nominations. It’s now time to send in your recommendations for this year’s parade. If you know of someone who has served in the United States military and living in the town of Sprague he or she could be nominated. In about 300 words or less please explain why you think this person should be this year’s Grand Marshal. Include anything that you feel might help with the selection process such as special deeds, helping others, volunteering somewhere; you get the idea. Also include contact information so we may let them know of their selection.

Send your letters to: Town Hall 2013 Parade Committee, P.O. Box 162, Baltic, CT 06330. Entries need to be postmarked by May 15, 2013. Remember, your candidate must have served in the United States military.

Representatives from American Legion Post 85, the Town of Sprague and Baltic Fire Department will look over all of the entries received and make a decision as to who will be the Grand Marshal for our 2013 Memorial Day Parade.

Good luck to all the entrants.

BALTIC FIRE ENGINE COMPANY #1
WANTS TO CONGRATULATE
TWO OF OUR VOLUNTEER MEMBERS
DONNA SANFORD &
HARRY SEGERSTROM SR.
FOR BEING THE AMERICAN RED CROSS COMMUNITY HEROES OF CONNECTICUT 2013 FOR COMMUNITY IMPACT

Through their dedication and commitment to enriching the lives of seniors in the Town of Sprague
Neighbors helping neighbors
OUR TOWN NEWSLETTER

Members met at the Baltic Firehouse on Tuesday, April 9 for the first meeting of 2013. Lorraine Allen advised that she is unable to serve as Vice President of the group. Annette Lussier was then appointed to the position. We will be reviewing our by-laws in the upcoming months. This is done periodically to see if any changes are needed. Members will not be marching in the upcoming Memorial Day Parade, but a few of us will be present to help serve refreshments at the firehouse following the parade. The annual Holly Jolly Bazaar was discussed. This event is scheduled for Saturday, November 30, 2013. Our next meeting is scheduled for Tuesday, June 11, 2013 at 7 pm at the firehouse. Please remember that anyone interested in joining the Auxiliary is welcome. We are always looking for new members and new ideas for fundraising. You need not be a Sprague resident or have a spouse or family member in the Fire Department to join the Auxiliary.

Sincerely,

Jeannette Deschamps
Jeannette Deschamps,
Secretary
SABIA USTED? DID YOU KNOW? by Ana Lazu

SABIA USTED?

Senior Resources, agency on aging, (Recursos de Envejecientes) Recuros que usted puede confiar. Un diagnóstico de enfermedad de Alzheimer’s, una cadera rota, que le niegen pagos de Medicare. Personas que buscan ayuda en Senior Resources tipicamente están en tiempo de crisis.

Senior Resources aseguran apoyo inmediato para esos en nesecidad. Respite Care program (Programa de Descanso) prove servicios a las personas que cuidan de sus seres querido que sufrren de la enfermedad de el Alzheimer’s y otras enfermedades crónicas “No tiene que hacerlo solo” hay becas de campos para abuelos que proven cuido a sus nietos y que son los responsables de los niños para que los abuelos descansen.

El programa CHOICES informa a individuos sobre las opciones de Medicare y asistencia disponible de otros programas. Junto con trabajadores y 60 voluntarios de el programa, cordinan para responder a mas de 650 llamadas por mes de personas desesperadas buscando información sobre opciones de Medicare y otras asistencias disponible. Money Follows the Person programa ayuda a las personas a mudarse de instituciones a vivir en su propio hogar. Live Well Chronic Disease Self management program. Este programa educa a individuos y sus familia que están tratando con enfermedades crónicas. El Programa de Congregate Housing Services, cordina cuidado para esos de bajo ingreso, casa de envejecientes.

Senior Resources esta pidiendo su ayuda para poder continuar estos programas con un regalo de $5,10,$25, o mas o con lo que pueda ayudar. Sus primero recursos asido Federal y gobierno Estatal pero esta ayuda asisido cortada, y al mismo tiempo la necesidad de la comunidad sigue aumentando. Algunos programs como Respite Care, ya se le han terminado los fondos. Su contribucion sera agradecida para continuar apoyando a las personas en la comunidad.

Con su donacion pueden seguir trabajando para promover envejeciendo con dignidad

Agn la donacion a:
Senior Resources
Localizado en: 19 Ohio Ave., Suite 2, Norwich CT, 06360
Tel. (860) 887-3561
Gracias ~Ana Lazu

DID YOU KNOW?

Senior Resources “Agency on Aging answers you need”
Resources you can trust a diagnoses Alzheimer’s disease, a broken hip, a denial of Medicare payment. People who reach out to Senior Resources are typically in crisis mode.

Senior resources ensure prompt support for those in Respite need. Respite Care program provides services so that caregivers of those suffering from Alzheimer’s disease and other chronic disorders don’t have to “do it all alone” Grandparents’ Respite program provides camp scholarship and daycare to those with primary responsibility for youngsters.

The CHOICES program informs individuals about Medicare options and other available assistance programs. Along with staff members CHOICES program coordinates 60 volunteers to respond to over 650 inquiries per month from anxious seekers of information about Medicare options and other available assistance.

Money Follows the Person program enables people to move from institutional setting to home-living. Live Well Chronic Disease Self-Management program educates individuals and families that are dealing with chronic disorders. Congregate Housing Services program coordinates care for those in low-income senior housing. They are asking you to help the continuation of these programs with a gift of $5, $10, $25, more or what ever you can help with. There main source of revenue has been Federal and State funding but, these budgets are decreasing at the same time that the community need are increasing. Some programs, such as Respite Care are already out of funding. Your contribution will help to continue to support people in the community. With your donation the work can continue to support people in the community. With your donations the work can continue to promote dignified aging.

Make checks or any contribution to:
Senior Resources,
Location: 19 Ohio Ave., Suite 2, Norwich CT, 06360, if you have any questions please contact them at (860) 887-3561
Thank you.
Ana Lazu
In recent years, the Agricultural landscape in Eastern Connecticut has seen an increase in the number of small farms. The Federal Government has numerous programs that provide assistance to larger commercial farm operations, but the small hobby farms often do not qualify for this assistance. But just like the large commercials farms, small farms can reduce the likelihood of contamination of nearby brooks and ponds from animal manure when they know the most effective methods or receive funding assistance to implement on-farm improvements. In 2013, the Eastern Connecticut conservation District will begin a project that focuses on assisting horse farms in New London and Windham counties with manure management. An unmanaged manure pile can cause water pollution by exporting nutrients and fecal bacteria. Generation over 50 lbs. of manure per animal daily, the livestock on small farms have a considerable impact on water quality. The types of activities ECCD can assist with include improved manure storage practices, erosion control, and storm water management.

An example of basic manure management is that manure should not be spread on fields when the fields are flooded, frozen, snow-covered, or when the soil is saturated (typically November through March). During this time period, manure must be stock-piled until weather conditions are favorable for manure spreading. However, when rain pours down on an exposed pile of manure, nitrogen, phosphorus, and bacteria can be washed away and end up in the nearest brook or pond. Acid resistant tarps are an acceptable method for diverting clean water away from manure piles, and thus provide a simple, cost-effective improvement for manure storage on farms with small numbers of horses. (Good Horse Keeping, 2011) ECCD will be providing acid resistant tarps at a reduced price to qualified farm owners to cover manure stockpiles.

If you would like more information, or help with implementing best management practices on your small farm, Please contact the Eastern Connecticut Conservation District at 860-887-4163 x 403.

Sayles School 2nd Trimester Honor Roll

Grade 8 High Honors; Kelsey Allen-McQuade, Joseph Crowley

Grade 8 Honors; Heather Cook, Chance Gaudreau, Keerigan Heg, Ryerson Hill, Colby Jakan, Skyla Politowicz, Christopher Watson

Grade 7 High Honors; Juliette Berry, Brianna Dziekan, Alyssa Jedele, Alyssa Ricatta, Jaeden Spitale, George Sechen

Grade 7 Honors; Gregory Topalis, Christopher Weir, Shane Williamson
Sprague Public Library Newsletter May 2013

**Baskets, baskets, baskets!**

The basket raffle to support Summer Reading is going on now thru May 9. Tickets are sold as follows: 20 for $5 and 3 for $1.

The drawing will be held at 6PM on May 9 in the library. Winners do not need to be present.

---

**Beer Tasting and Chili Cook-off**

**When:** Saturday June 22

**Where:** Under the tent at the library

Tickets are $20 each and available at the library.

All proceeds benefit the library.

Sponsored by the Friends of Sprague Public Library

---

**Summer Reading Kick-off:**

**DIG into Reading!**

**Wednesday June 26**

From 11AM to 12 PM

We will explore the library yard to see what fossils, gems, rocks, and other items we can find. After our exploration we can head upstairs for a story and snack while signing up for Summer Reading.
Coming soon to a Library near you!

- Are Your Pictures in a Shoe Box?
  The answer is Memroy Keeps.

- Books, Arts, Fun Things!

- Basket Practice - Your Turn 5/24
  Stop by and check them out! Drawing on May 13th.

- Afternoon Delight Book Club
  Summer Reading Kick-off JUNE 18th 11:30 AM

- Beer Tasting & Chili Cook-off
  SATURDAY JUNE 22nd 6pm - 9pm
  Under the tent!

- Sew What?
  Learn to make a quilt!
  Be a Sewcialite!

- Yarn Club
  every other Saturday

Interested?? CALL 860-822-3012 for more information or WATCH!
& WATCH! WATCH! for more details in the Our Town Newsletter

stop by the Sprague Public Library or visit our Website:
www.ctsprague.org

Lots Happening! We Mean Lots!!

Volume 1, Issue 1
Ride the Shetucket River

The Town of Sprague will provide a free shuttle between River Park and Scotland Dam.

Water release is scheduled for 10:00 am on days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 2 hours.

May 25th

Since Ride the Shetucket is weather sensitive even, check the Town website on the Thursday prior to the event for any cancellation postings. Paddlers need to have PFD’s and a distress whistle.  www.ctsprague.org
TVCCA’s Senior Nutrition Program is supported by Senior Resources-Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D’Amato, MPH,RD.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>1</td>
<td>Orange Glazed Ham Roasted Potatoes Capri Vegetable Medley Peach Cup</td>
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<td>2</td>
<td>Swedish Meatballs Buttered Egg Noodles Green Beans Orange Juice Sugar Cookie</td>
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<td>3</td>
<td>Chicken Marsala Rice Pilaf Green Beans Pears w/ mandarin oranges Ethnic Celebration</td>
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<td>4</td>
<td>Eggplant Rolette Penne w/ Marinara Broccoli &amp; Carrots Pineapple Cup</td>
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<td>5</td>
<td>Stuffed Chicken Kiev Seasoned Rice Mixed Vegetables Fresh Orange</td>
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<td>6</td>
<td>Sloppy Joes w/ Bun Mashed Potatoes Italian Vegetable Medley Applesauce Cup</td>
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<td>7</td>
<td>Cod Newburg Rice Pilaf Mixed Vegetables Pears w/ mandarin oranges Mothers Day Celebration</td>
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<td>8</td>
<td>Western Omelet Seasoned Potatoes Chuck Wagon Vegetable Medley Peach Cup</td>
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<td>Beef Stroganoff Buttered Noodles Broccoli Fruit Cocktail</td>
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<td>10</td>
<td>Chicken Stew Seasoned Rice Mixed Vegetables Orange Juice Cupcake Birthday Celebration</td>
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<td>11</td>
<td>Cheeseburger Noodle Casserole Peas Carrots Applesauce Cup</td>
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<td>12</td>
<td>Cheese Ravioli Peas Carrots Grape Juice Danish Senior Nutrition Program Closed</td>
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<td>13</td>
<td>Chicken Florentine Seasoned Rice Mixed Vegetables Orange Juice Chocolate Chip Cookie</td>
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<td>14</td>
<td>Cheese Manicotti w/ marinara Broccoli Carrots Peach Cup</td>
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<td>15</td>
<td>Salisbury Steak w/ gravy Mashed Potatoes Green Beans Fresh Orange</td>
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<td>16</td>
<td>Stuffed Chicken w/ Broccoli &amp; Cheese Scalloped Potatoes Carrots Fruit Cocktail</td>
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<tr>
<td>17</td>
<td>Herb Braised Pork Loin Sweet Potatoes Capri Vegetable Medley Pineapple Cup</td>
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<td>18</td>
<td>Memorial Day Holiday</td>
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<td>19</td>
<td>All Beef Hot Dog w/ Bun Baked Beans Green Beans &amp; Tomatoes Grape Juice Oatmeal Cookie</td>
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<td>20</td>
<td>Crispy Fish Cakes Macaroni &amp; Cheese Stewed Tomatoes Fruit Cocktail</td>
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<tr>
<td>21</td>
<td>Western Omelet O’Brien Potatoes Chuck Wagon Medley Fresh Fruit</td>
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<tr>
<td>22</td>
<td>Meatloaf Mashed Potatoes Bean Medley Pears w/ mandarin oranges</td>
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1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice.
The CARNIVAL is again coming to Sprague

Save the dates in the first week of July

To be held at the BLANCHETTE FIELDS

SPONSORED BY THE NORWICH VFW

RIVER PARK MUSIC NIGHTS

Sponsored by the Mohegan Sun
Come join us for a relaxing night by the beautiful Shetucket River
Family Fun

Saturday nights 6:00pm - 8:30pm

We will begin these fun nights starting in June get ready for some summer fun!
See you there!

OUTSIDE MOVIES will be held at the RIVER PARK
ACTIVITIES STARTING at 7:00pm
MOVIE STARTING @ DUSK

Come join us this summer on select Friday Nights

PROVIDED BY THE RECREATION COMMITTEE
To the Residents of Sprague

With the end of school and summer months fast approaching I would like this opportunity to advise you of a few things.

Over the past few months Detective Collins and I have conducted a walkthrough of our schools to assess and make suggestions on school security. Detective Collins and I were very pleased that the faculties of the Sayles School, Academy of the Holy Family and the Saint Joseph’s School have done a great job on maintaining and updating their emergency plans for the safety of the children. The building structures were evaluated and all recommended improvements were forwarded to the staff. The state police will continue to monitor and make any suggestions regarding school security.

Also recently I had the opportunity to attend the April 10 Selectman’s meeting. A few questions were asked regarding incidents that occurred in town. The first question that was asked was why the Town’s people did not hear or see any news report of the burglary incident in Hanover where a young lady was home during a burglary. The state police process is that for every arrest or criminal incident a news release is written and placed in the news media book located in the dispatch room. It should be said that not every press release is printed in the newspaper. The second question that was asked was regarding the notification of Town’s people during an incident. As many of you are aware the Hanover Post Office was robbed. During that incident we had conducted a dog track and had strong evidence to believe that the suspect had left the scene in a vehicle. The First Selectman has asked me to look into the reverse 911 call systems which would notify the residents of an incident or emergency.

I’m happy to report that the state police have the capabilities to do this however we have to implement a policy and procedure regarding the emergency notification system. I am currently reviewing area Town’s policy and hope to implement the emergency notification system soon.

I also would like to remind you that the Crime Hotline/Tip line for town residents, to make an anonymous call to the police to report ongoing issues including illegal activity such as speeders, vandals, drug users and sellers, or any other suspicious activity please call 860-822-3000 Ext 207. Once again this is an anonymous line and will only be heard by me and I will listen to everyone’s concerns and make every attempt to resolve them as quickly and efficiently as possible. Please refrain from reporting incidents that you are victims of this way. To avoid waiting for police service, I would like you to call the State Police barracks at 860-848-6500 if you are reporting any active or past incidents that require immediate police services. And as always please dial 911 in case of any emergency.

Respectfully,

Randy Silvestri

PHONE (860) 822-6156
FAX (860) 822-3013
P.O. BOX 626, BALTIC, CT 06330
SUMMER RECREATION PROGRAM
WHEN: Monday, JULY 8th- Thursday, AUG 1st
9AM-2PM
WHERE: To Be Determined
COST: $80 PER CHILD (TOWN RESIDENTS-FAMILY CAP $160)
$100 PER CHILD (NON-RESIDENTS- FAMILY CAP $200)
SPORTS, GAMES & CRAFTS
AGES 5-14
BRING WATER BOTTLES & LUNCH
ALL CHILDREN MUST WEAR SNEAKERS
PUT SUNSCREEN ON YOUR CHILD BEFORE THEY COME AS WE WILL BE OUT-DOORS
ALL MEDICAL FORMS AND REGISTRATIONS AND PAYMENT MUST BE TURNED IN BY JUNE 27th, 2013
IF YOUR CHILD NEEDS AN INHALER OR TAKES MEDICINE THEY MUST BRING IT WITH THEM AND BE ABLE TO TAKE IT ON THEIR OWN
REGISTRATION & MEDICAL FORMS AVAILABLE AT TOWN HALL AND ONLINE

*(GRANTS AVAILABLE FOR THOSE IN NEED)
CONTACT PARK CHAIR CRAIG STAGGS or the SELECTMAN’S OFFICE
SPRAGUE PARK & RECREATION COMMITTEE

SUMMER RECREATION PROGRAM

WHEN:  MONDAY, JULY 8th - THURSDAY, AUG 1st
9AM-2PM
WHERE: To Be Determined

Child’s Name________________________________________AGE _______________________________________
Address__________________________________________________________________________________
Parent’s Name(s)____________________________________________________________________________
Phone Number (Home):___________________________(Cell): ______________________________________
Email Address________________________________________________________________________________

Name of Emergency Contact 1: ________________________________Phone___________________________
___________________________ Cell___________________________________________________________

Name of Emergency Contact 2: ________________________________Phone___________________________
___________________________ Cell___________________________________________________________

Medical Information:
Please list any allergies, medical conditions, concerns, and/or medication taken on a regular basis:
_____________________________________________________________________________________
_____________________________________________________________________________________
Child’s Physician:_______________________________ Phone:____________________________________
Medical Insurance Co._______________________________ Policy Number _________________________

Camp Info:
My child will be (circle one):
Picked up by: (name) ________________________ -OR-  Will walk home

**Children must be picked up promptly at 2pm.
***Any child that is disruptive to the program will be asked to leave.

Reminders:
AGES 5-14
BRING WATER BOTTLES & LUNCH
ALL CHILDREN MUST WEAR SNEAKERS
PUT SUNSCREEN ON YOUR CHILD BEFORE THEY COME AS WE WILL BE OUTDOORS
ALL WAIVER AND REGISTRATION FORMS AND CAMP PAYMENT MUST BE TURNED IN BY JUNE 27th, 2013
CARE OF TREASURER SPRAGUE TOWN HALL, 1 MAIN STREET, BALTIC, CT 06330
IF YOUR CHILD NEEDS AN INHALER OR TAKES MEDICINE THEY MUST BRING IT WITH THEM AND BE
ABLE TO TAKE IT ON THEIR OWN
$50 OFF

Any Seal Coating Job

- Licensed and Insured
- Free Estimates
- Locally Owned
- Owner Operators

$100 OFF

Any Driveway Installation

HASTEDT BROS. LLC
ASPHALT PAVING
860.848.0545
Baltic CT

ANDY'S CELL: 860.234.3541  JOE'S CELL: 860.234.3543
Email: estimates@hastedtbrothers.com  Web: www.hastedtbrothers.com

DRIVEWAYS * PARKING LOTS * GRADING * CRUSHED STONE * OIL AND STONE
DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING *
LINE STRIPING * SEAL COATING * CRACK FILLING
SPRAGUE MEMORIAL DAY PARADE
NOTICE

Please join us in recognizing the Town of Sprague’s veterans who have served our country at our 2013 Memorial Day Parade. The American Legion Post 85, the Baltic Fire Department and the Town of Sprague are sponsoring the parade which will be held on Saturday, May 25th at 10:00 am.

The parade will start at the former Baltic Mill lot and will go approximately 1.1 miles through the village of Baltic on Brookside Avenue, High Street, River Street, and Main Street ending with a ceremony at the War Memorial Park.

Let us honor our Veterans that have contributed greatly to our community and our country. Hope to see you there.

Ride the Shetucket River

May 25th

The Town of Sprague will provide a free shuttle between River Park and Scotland Dam. Water release is scheduled for 10:00 am on days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 2 hours.

Since Ride the Shetucket is weather sensitive, check the Town website on the Thursday prior to the event for any cancellation postings. Paddlers need to have PFD’s and a distress whistle.

www.ctsprague.org
**Health Screenings**

**Blood Pressure Screenings:**
- Wed May 15 Scotland Town Hall  12:30 – 1:00 pm
- Tues May 21 Lebanon Senior Center   12:30 – 1:30 pm

**Adult Health Screenings/ Blood Pressure Screenings:**
Includes blood pressure, cholesterol, blood glucose, earwax, and foot care. Blood pressure screening is free; other services have a nominal charge. Call (860) 456-7288 for appointments, costs, and information on other services. Clinics will be held at the following locations:
- Tues May 28 Franklin Senior Center  9:30 – 11:30 am
- Tues May 28 Sprague Senior Center  12:00 – 2:30 pm

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**BUS SCHEDULE FROM SPRAGUE TO OCCUM**

<table>
<thead>
<tr>
<th>Points of Departure to Occum</th>
<th>Time</th>
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<tbody>
<tr>
<td>Shetucket Village</td>
<td>7:45am</td>
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<td></td>
<td>9:45am</td>
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<td></td>
<td>11:45am</td>
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<tr>
<td>Playground</td>
<td>7:48am</td>
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<tr>
<td>Brookside &amp; High Street</td>
<td>7:50am</td>
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<tr>
<td>TJ’s Parking Lot</td>
<td>8:10am</td>
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<tr>
<td>Arrive Occum- SEAT Connection Site</td>
<td>10:10am</td>
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<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97</td>
<td>12:10am</td>
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<thead>
<tr>
<th>Points of Departure to Sprague</th>
<th>Time</th>
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<tbody>
<tr>
<td>Red McKeon Park, Hooper St. &amp; Rte. 97 (stop as needed for return trip)</td>
<td>8:15am</td>
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<tr>
<td></td>
<td>10:15am</td>
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<td></td>
<td>12:15pm</td>
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<tr>
<td>Express Return to Senior Center</td>
<td>2:15pm</td>
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Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit [www.seatbus.com](http://www.seatbus.com).

Winter Weather Schedule: The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
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<tr>
<td></td>
<td></td>
<td></td>
<td>1 BOE, 7 pm Sayle's School</td>
<td>2 National Day of Prayer 7am-6pm Memorial Park Gazebo</td>
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<td>Knight of Columbus 7pm, Fire House P&amp;Z Comm. 7 pm Town Hall</td>
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<td>5</td>
<td>6</td>
<td>7</td>
<td>American Legion 7 pm, Rod &amp; Gun</td>
<td>Board of Selectmen 5:00 pm, Town Hall</td>
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<td></td>
<td>Inland Wetland 7 pm, Town Hall Zoning Board of Appeals 7 pm Town Hall</td>
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<td>12</td>
<td>13</td>
<td>14</td>
<td>Comm. on Aging 2:00 pm, Town Hall Library Bd. Mtg. 6:30 pm, Grist Mill</td>
<td>Water &amp; Sewer Auth. 4 pm, Town Hall</td>
<td>16</td>
<td>17</td>
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<tr>
<td>Mother's Day Breakfast 7am-11am Baltic Fire House</td>
<td>Agriculture Comm. 7 pm, Town Hall Conservation Comm. Mtg. 7 pm, Town Hall Republican Town Comm. Mtg. 7 pm Town Hall</td>
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<td>Regional Animal Control Mtg. 10:30 am Franklin Town Hall Recreation Comm. 7 pm, Town Hall</td>
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<td>Historical Society 6:30 pm, Grist Mill</td>
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May 2013

American Legion Spaghetti Dinner 5pm & 6:30pm Senior Center

Garden Club Plant Sale 9am-1pm Town Hall Garage

Memorial Day Parade 10 am
Ride the Shetucket River 10am & 12pm
Deadline for Our Town submissions is the 15th of each month. Submissions will be no more than 200 words and may be e-mailed to OurTown@ctsprague.org. No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: Business Card $21; Double Business Card $40; Half Page $70; Full Page $100. Purchase 11 months and receive the 12th month free.

Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.

Note from the Editor: Elizabeth Calderon