



# OUR TOWN

INFORMATION & NEWS  
[OURTOWNCT@YAHOO.COM](mailto:OURTOWNCT@YAHOO.COM)

AUGUST, 2011

*SERVING THE VILLAGES OF BALTIC, HANOVER, & VERSAILLES IN THE BEAUTIFUL  
SHETUCKET RIVER VALLEY*

## **SAYLES SCHOOL GRADUATES OF 2011**

Zachary Lee Baumhoff  
Kristin Lynn Brodeur  
Selena Ann-Marie Calderon  
Ryder Kenneth Choti  
Jacob Gabriel Cohee  
Dylan Patrick Crider  
Austin Mitchell Deschamps, Jr.  
Monica Dort  
Dylan James Duprey  
Kellse Lynn Ericson  
Kyle Joseph Grills  
Daniel Charles MacDonald  
Kyleigh Joan Manfredi

Anastasia Frances Moffatt  
Charles John Phipps  
Liana Elizabeth Pike  
Tyler Andrew Plante  
Dante Alexander Roberts  
Pamela Renee Russo  
Gabriela Del Mar Santiago Jimenez  
Noah Allyn Spencer  
Sarah Marie Warzecha  
Christopher Zachary Weeman  
Sabrina Elizabeth Williams  
Selena Mae Williamson  
Tyler Anthony Zeller

## **SAINT JOSEPH SCHOOL FUN FAIR**

**Where: Saint Joseph School Playground**

**10 School Hill Road Baltic**

**Food, Fun, and Games along with the Annual Rummage Sale**

**August 5<sup>th</sup>, 9 am – 7 pm and August 6<sup>th</sup>, 9 am – 2 pm**

## Summer Full Moon and Shooting Star Hike

Friday, August 12<sup>th</sup>

Meet at the Grist Mill Parking Lot at 7:30 p.m.

For more information contact Donald Boushee [donaldboushee@sbcglobal.net](mailto:donaldboushee@sbcglobal.net)

## THE SPRAGUE PUBLIC LIBRARY COOKBOOK

Celebrating the 150<sup>th</sup> Anniversary of the Town of Sprague



To purchase a copy for \$15, go to the Sprague Public Library, Town Hall, or the Sayles School Library and speak to Mrs. Kolar. All profits benefit the Sprague Public Library. Please make checks payable to: The Sprague Public Library

## Keys Found!

A set of keys were found on Hanover Road. If someone is missing house keys, please see Tracy at the Hanover Post office and describe what you have lost. Thank you!

## VERSAILLES UNITED METHODIST CHURCH BREAKFASTS!



### Join us for Breakfast!

Pancakes, scrambled eggs, sausage, home fries, toast, juice, coffee

\$6 adults; children 6 yrs & under – free

(None in August) September 3; October 1; November 5; December 3.

Come one and all to a superb breakfast! See you there!

## **From the Desk of the First Selectman**

Well it certainly has been a hot summer thus far, but after that long cold winter we had I can not bring myself to complain. I hope you all enjoyed our gala 150th 4 day event. What fun it was! Many thanks to the 150th committee members for all they did... special thanks to Mick Collins and Buddy Meadows the co-chairs of the committee for their dedication and hard work.

As you can see our town public workers have been busy around town. We have finished the overhang removal of tree branches project on Westminster Road. We are nearly complete with the sweeping program (only 1 road remains to be done) throughout the town. Roadside mowing is ongoing as well, so please be aware and careful when you encounter Mike on the mower. A first sweep on each road will be completed soon.

The roadwork scheduled for this year is moving forward—Whitehall and Birchwood is scheduled for August. The drainage work around town and School Hill Road will be awarded sometime in August and should be started in September. In addition the new plow truck is ordered and should be here before the snow starts flying (I am not sure I can bring myself to start talking snow already!)

We again this year have several local teens cleaning brush, spreading mulch, and assisting our town crew with maintaining our outside arenas. These teens participate in the summer work program supported by Federal Stimulus dollars, EASTCONN, and the Summer Youth Employment Program.

The Grist Mill work will be completed this month. Please stop by. Each floor received upgrades and this town asset will be one we all can enjoy. Thanks to the Historical Society, the Library Board, the Library Friends and the new Library Director Chris Kolar and her staff for all they did getting the building completed. There is a wine and cheese scheduled for September 30th, sponsored by the Friends of Sprague Library; this will also serve as our grand opening date for the Grist Mill. I look forward to seeing you all there! Tickets will be available at the library and the town hall.

I encourage you to stop by at our wildly popular Summer Concert Series held in the River Park every Saturday evening. Our last concert was well attended; we certainly missed seeing you! I encourage you and your families to join us each Saturday at 6 p.m. in the River Park. Bring your blanket, your hula-hoop, and a few snacks. Bring friends and family and enjoy our river, while cooling off. In addition, the Recreation Committee is sponsoring an Ocean Beach day this month. Contact Craig Staggs for information.

The Board of Selectmen appointed Denise Ethier Dembinski to serve as second selectman to fill the vacancy. She is a lifelong Sprague resident, a member of the Historical Society and full of passion for our town. I look forward to her ideas and energy; she will be an excellent partner for Mick and me in our work for you.

As I have said before we have many beautiful attractions in Sprague: our River Park, with its grills and picnic tables all for families to gather and enjoy the natural setting; the recreation fields offer a place for a rousing game of softball, soccer, basketball, or skateboarding; the Sprague Land Preserve invites us all to hike, fish, horseback ride, and partake in hunting (in-season.) Of course, there are the playgrounds in both Hanover and Baltic -- safe environments for our children to enjoy the outdoors and Moms and Dads to relax in.

Take advantage of all that our town offers to you and have a fun and safe summer! And thanks for all you do!

Cathy Osten  
First Selectman

## **SPRAGUE COMMUNITY CENTER (SCC) NEWS**

The Sprague Community Center is happy to announce, "SUMMER ARTS WEEK!" This is an opportunity for children, youth, and families to experience all types of activities in the Arts. This program will run from August 8-12<sup>th</sup>, 2011. We will be having a variety of Arts experiences from 6:00-7:30 p.m. every night during this week and conclude with a Family Showcase and a Family Picnic on the last night of the week.

Some of the Arts activities may include but not limited to: vocal music (Singing) drumming, visual arts (drawing), puppetry, drama, mosaics, and other related art experiences based on the interest level of the participants. **THERE IS NO FEE for this opportunity.** Donations for supplies will be appreciated. This is a great opportunity for the children and youth of Sprague to experience the Arts. Call 860-822-6595 for registration information. Our "FOOD FRIDAY" Program runs every Friday from 2:30 p.m. – 3:30 p.m. Currently we are providing free produce and other food to over 200 people every Friday. If anyone is having difficulties in providing food for themselves and/or their family, please call 860-822-6595 by Thursday at 3:00 p.m. to register for the "FOOD FRIDAY" program.

We are also running a weekly Yoga program on Tuesdays at 5:30 p.m. A great program to improve one's health. Try it—You May Like It! Call 860-822-6595 for more information.

As always, our facilities at the Sprague Community Center are available for many different types of activities. If you are planning an organization, or family event, give us a call.

Brenda J. Keefe  
Sprague Community Center  
Outreach Coordinator  
860-822-6595

**Deadline for submissions** is the **15<sup>TH</sup> of each month**. Submissions may be e-mailed to [ourtownct@yahoo.com](mailto:ourtownct@yahoo.com) or mailed to Town Hall, P.O. Box 677, Baltic, CT 06330. Information: (860) 822-3000. The writer's name, address and a contact phone number must be included with each submission.

The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. These items will take priority over personal opinions. Annual budget considerations may affect page appropriations.

Ads may be pre-purchased at a rate of: Business Card \$21; Double Business Card \$40; Half Page, \$70; Full Page, \$100. Sprague Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover and Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and format as necessary. Libelous or obscene materials are not permitted.

## **SENIOR VAN SCHEDULE**

**Lisbon Super Wal-Mart and Kohl's**

Bi-weekly, Monday, 1 to 3 p.m.

**Norwich Big Y/Wal-Mart** by request.

**Norwich Stop 'n Shop Plaza**

Thursday, 1 to 3 p.m.

**Norwich Shop Rite**

Tuesday, 1 to 2:30 p.m.

**Willimantic Super Wal-Mart and**

**Food Co-op** by request.

Medical appointments require a 48-hour notice.  
Please contact the Senior Center for availability  
before making your next appointment. (860) 822  
3000, ext 203



## **BUS SCHEDULE**

**Shetucket Village:** 8:45, 9:45, 11:45 a.m.

**Playground Brookside and High Street:**

8:52 a.m., 9:52 a.m., 11:52 a.m.

**TJ's Parking Lot, Route 97 and Main Street:**

9 a.m., 10 a.m., and Noon

**Arrival in Occum** Corner of Hooper Street and

Route 97, by Red McKeon Park: 9:10 a.m.,

10:10 a.m., 12:10 p.m.

### **Return**

Stop as needed for return trip

Express Return: 3:15 p.m. to Senior Center

Service runs Monday through Thursday except holidays.  
(860) 822-3000, ext. 203. The Sprague to Occum Bus is a  
courtesy of the Town of Sprague and the Sprague Senior  
Center. For SEAT information, visit [www.seatbus.com](http://www.seatbus.com).

For more information, call Buddy Meadows,  
Sprague Senior Center Coordinator at 860-822-3000 x203

## **Sprague Democratic Town Committee Update**

At the July meeting, the DTC met and moved to recommend Denise Ethier Dembinski for the vacant Second Selectman position. We know she will be an asset for Sprague! She is a lifelong resident, active Historical Society member, most recently she retired from Pfizer. She is donating her time to help with a variety of projects in the town; I am honored to have her as my partner!

We have met and are planning for the upcoming municipal elections. We will be announcing our candidates in the September Our Town issue. The committee meeting scheduled for July 26<sup>th</sup> will be too late to include our endorsements in this edition.

The Sprague Democratic Town Committee would like to urge new residents to register to vote. The committee will be glad to help anyone who would like to register. Registration can be done by mail or at town hall. Registered voters interested in serving on a town board or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111.

Catherine Osten  
Chair, Sprague DTC

# Dog Licensing in the Town of Sprague

June is Dog Licensing month. All dogs are required, by law, to be licensed by the time they are six months of age. An annual license is in effect for one year - July 1st through June 30th. When licensing your dog for the first time, you must provide proof of an up-to-date rabies vaccination and a veterinary certificate if your dog is spayed or neutered.

Licensing fees are as follows:

Spayed or neutered dogs: \$8.00  
Non-spayed or non-neutered dogs: \$19.00  
Guide dogs: FREE  
Late fee: \$1.00

Residents are welcome to either stop by the Town Hall and visit the Town Clerk or mail a renewal.

Mailing a renewal:

- ✓ If during the past year your dog has been either spayed or neutered or a rabies vaccination was given by a vet, mail copies of these services with a check. The papers will be returned to you along with a new tag.
- ✓ Enclose a self-addressed stamped envelope.
- ✓ Mail to: Town Clerk, PO Box 162, Baltic, CT 06330

## **FAQs**

### **Q. Why do we have to license our dogs?**

If your dog runs away, a license alerts the Animal Control officer or anyone who may find your dog, that the dog is not homeless or a stray. It also:

- ✓ Enables the Animal Control Officer to protect residents and other animals from dangerous dogs and enables them to investigate dog bites
- ✓ Helps keep the human and dog population from being infected by rabies
- ✓ Ensures the quick return of lost dogs to their owners

### **Q. When do I purchase a license?**

Licenses are available for purchase through the month of June. The previous year's license expires on June 30<sup>th</sup>. After June 30<sup>th</sup> a late fee of \$1.00 is added to each additional month your dog is unlicensed. CT law requires that dogs are licensed at all times. Purchase your license on time to avoid late fees and other related fines.

### **Q. Can I license my dog if the June deadline has gone by?**

Absolutely, as all dogs six months and older must be registered. Dogs must be registered within 30 days of acquisition or within 30 days of the owner becoming a resident of the Town. This must be done even if the dog is registered in another Town.

### **Q. Does my dog need to wear the license?**

Yes, your dog should wear the license at all times to ensure that if he wanders or runs away that he can be located, identified, and returned to the owner in a timely manner. Fasten the license securely either to the dog's collar or harness.

### **Q. What happens if I don't license my dog?**

By not acquiring a license for your dog you will be subject to late fees, potential fines, and perhaps court fees.

### **Q. Why does it cost more to license a female or male dog versus a spayed or neutered dog?**

The additional cost is placed in a state animal population control fund to assist in management of unwanted puppies and dogs.

### **Q. How are dog licensing fees used?**

Dog licensing fees are used in a number of areas which include, but are not limited to, the following:

- ✓ Provide veterinary care for dogs that arrive at the pound requiring medical assistance
- ✓ Spay or neuter surgeries for pound dogs
- ✓ Food, bedding, and necessities related to the housing of homeless dogs
- ✓ Compensation for the Animal Control Officer(s) and employees (volunteers are not compensated)
- ✓ Maintenance and upkeep for the pound, utilities, and a pound vehicle

### **Q. My dog has a rabies tag. Do I need a license?**

Yes, it's the law. A Dog License is the ID that can be quickly traced. It's excellent protection to ensure your dog's safety. For example, you will be able to be quickly reached if your dog is injured or before the dog is brought to the pound.

### **Q. My dog lost his tag. What do I do?**

Replacement licenses are issued for 50 cents. Send or bring in your copy of the license. If you do not have the copy of the original license, call or stop by the Town Clerk's Office and they will look up the information for you.

If you have any questions please call the Town Clerk at 860.822.3000, extension 220.

Denise Ethier Dembinski  
Selectman, Town of Sprague

*The word of the month is Opulent meaning extravagant, or lavish.*

**River Park Music Nights in Sprague  
Saturday Nights, 6:30 – 8:30 pm**

August 6<sup>th</sup> Silver Hammer Band  
August 13<sup>th</sup> Shrink Wrapt w/Jo Kroger  
August 20<sup>th</sup> Elm Street Project  
August 27<sup>th</sup> Mystery Band  
September 3<sup>rd</sup> Outta The Blue  
September 10<sup>th</sup> Ask Your Father  
September 17<sup>th</sup> Silver Hammer Band

Sponsored by the Mohegan Sun  
See you there!



**CHOLESTROL CHECK AND BLOOD SUGAR TESTING  
BY THE VISITING NURSES ASSOCIATION  
ON WEDNESDAY, AUGUST 10, 2011 AT 11 AM  
LUNCH TO BE SERVED  
PLEASE SIGN UP AT THE SENIOR CENTER  
SPONSORED BY THE BALTIC FIRE DEPARTMENT**



## 150 Years of Reading Sprague Public Library Summer Reading Program

The summer reading program is successfully underway. Approximately 80 children are participating so far. The goal is for each child to read (or be read to) and report on at least 8 reading level- appropriate books over the course of the summer, or an average of one book each week. The program is free and open to all children from birth to entering eighth grade. If you have been reading all summer but just never registered, stop by the library to sign up and earn loads of cool prizes!

On Saturday, July 23 we held a mid-program baseball party. The New Britain Rockcats sent their mascot and the kids had a fantastic time. Any child who had read at least 4 books by this date won two free tickets to a New Britain Rockcats baseball game to be held on Tuesday, August 9. Children who read beyond the minimum number of books are also earning raffle tickets for each extra book they read. On Wednesday, August 3 one lucky raffle ticket will be drawn and that reader will be chosen to throw out the opening pitch at the game!

Kids should keep reading and remember to pass in all report forms by Saturday, August 13. Students who have met the goal of 8 books by that date will be invited to an ice cream sundae party to be held Wednesday, August 17 at 6:30. Thanks Dairy Queen and the Ejchorszt family for the ice cream! Kids will also leave the party with free books donated by the Sprague Garden Club, some surprise gifts, and don't forget a special award for our Top Reader!

If you have any questions, please call the library at 822-8264 or Rebecca Reyer at 822-1643.

## **THE SALVATION ARMY UPPER NEW LONDON COUNTY SERVICE UNIT DENNISON ALLEN TOWN OF SPRAGUE REPRESENTATIVE**

As we look at our bills and income and give thanks for our jobs and or other income, some of our neighbors are in trouble. I know that money is very tight but we still have a need for donations so we can help our neighbors. We get to keep 90% of the money (checks best) sent to The Upper New London County Service Unit, PO Box 304, Versailles, CT 06383.

I want to thank all who have sent donations. You should know your money has been used to help your neighbors. Thanks again!

I also want to ask each of you to think about preparing for things that may come. Do you have a 72 hr kit? Do you know what should be in a kit? You can find the answer on line. I will try to have some information in the library. Also do you have some food supply in case your money becomes short? I have lived on mine it is important.

If you need food, call Town Hall and speak to Colette. Thanks to Scouting for food there is food to help you. May the Lord bless you during this hard time!

Dennison Allen

### American Legion Note:

**Starting in September, the American Legion will be meeting at the Sprague Rod and Gun Club. There was no meeting in July or August. For more information, please contact Tom Coletti. The next meeting is Tuesday, September 6 at 7 p.m. at the Sprague Rod and Gun Club.**

### Sprague Garden Club

Members have been keeping the planters in town watered, weeded and fertilized. We have also been weeding at the Grist Mill and keeping the shrubs and perennials around the gazebo trimmed. Everyone is looking forward to the Grand Opening of the Grist Mill the end of September.

We're not all work and no play. We visited a couple of great private gardens and enjoyed a wonderful picnic at a member's home. We set up a Paint a Flower Pot table for the children at the Town's 150<sup>th</sup> Celebration and had a great time with the children and their parents.

**Charter Oak Pass (Life Use)** The Charter Oak Pass provides access to the State Parks and Forests and is available free to Connecticut residents, 65 years of age or older. (Proof of age to obtain a Charter Oak Pass by mail: Send a LEGIBLE photocopy of your current CT driver's license or other legal proof of age and residency to: DEP Charter Oak Pass, State Parks Division, 79 Elm Street, Hartford, CT 06106-5127. (Phone: 860-424-3200) Call for local sites that provide the passes. You can find more information on the web; just do a search for CT Charter Oak Pass. I sent for my Charter Oak Pass and received the card within 2 to 3 weeks. We used it to go to Harkness State Park in Waterford. There was no problem getting in and the grounds and views of the Sound were wonderful. A great place to bring a book, picnic lunch and relax.

The Garden Club's new year will begin with a meeting at the Senior Center on Wednesday, September 14 at 6 pm. This may change depending on the availability of the Senior Center. New members and those wanting to learn more about the club are always welcome to attend. Refreshments will be served. Call me at 860-822-6520 to confirm the date if you are not on our call tree.

Enjoy these last great weeks of Summer.  
Jan Settje, Secretary

**SAYLES SCHOOL#**  
**Class of 2011– Awards**

- 1. Democratic Town Committee**  
**Mary M. Stefon Award**  
To a student who demonstrates civic and academic responsibility through community service in the school, town, or larger community and an interest in social studies and current events. **Liana Pike**
- 2. Sayles P.T.O. Award**  
Science  
Art (in memory of Frido Urbinati) **Selena Williamson**  
**Tyler Plante**
- 3. Republican Town Committee Award**  
Spelling **Pamela Russo**
- 4. Sprague Teachers' League Awards**  
Italian  
Mathematics  
Language Arts  
Art – June Clyde Preston & Medville H. Colbath Memorial **Selena Williamson**  
**Selena Williamson**  
**Sarah Warzecha**  
**Anastasia Moffatt**
- 5. Sprague Public Library Award**  
Interest in Reading **Christopher Weeman**
- 6. Sprague Historical Society Award**  
Outstanding in History **Dylan Crider**
- 7. Sprague Board of Education Award**  
Most improved in any one area **Anastasia Moffatt**
- 8. Sayles School - Sarah Jeannette Raymond Memorial Award**  
To a student who has shown the most concern and consideration for others. **Kellse Ericson**
- 9. Sprague Garden Club Award**  
To two students who have shown the most improvement throughout the year and/or have an interest in science and/or agriculture. **Ryder Choti**  
**Gabriela Santiago**
- 10. Sayles School – Helen Champeau Memorial Award**  
To a student who has shown excellence in the area of music **Dylan Crider**
- 11. Sayles School – Peter David Stabach Memorial Award**

To a deserving student interested in pursuing a vocational-technical career.

**Ryder Choti**

**SAYLES SCHOOL#  
Class of 2011– Awards  
(continued)**

**12. Sprague Future Nurse Award**

To a student who has exhibited compassion toward his/her peers, showing an aptitude and interest in science; and has the desire to become a member of the nursing profession.

**Dylan Crider**

**13. Tyrus Henry Gaudreau Memorial Award**

Creative Writing

**Pamela Russo**

**14. Sayles School – Eric Joseph Lukowski Memorial Award**

To a student who has shown an admirable demonstration of good sportsmanship.

**Kristin Brodeur**

**15. Sayles School – JoAnn Matthews Memorial Award**

To a student who has demonstrated excellence in computer applications and the use of technology tools.

**Selena Williamson**

**16. Sayles School – Deborah Allen Madsen Memorial Award**

To a student who exhibited the greatest perseverance.

**Kyleigh Manfredi**

**17. Sayles School – Medville H. Colbath Memorial Award**

Art

**Liana Pike**

**18. Sayles School – Mark Crumb Memorial Award**

To two students who demonstrate underlying enthusiasm and passion for music.

**Dylan Crider  
Austin Deschamps**

**19. Sayles School – Jr. High Teachers’ Civics Award in Memory of Mr. Crumb**

To a student who demonstrates a strong interest in and knowledge of civic issues and events.

**Austin Deschamps**

**20. Secretary of State August P. LaFrance Memorial Award**

To two students who have exhibited an exceptional work ethic and strong commitment to his/her education and future.

**Kellse Ericson  
Pamela Russo**

**21. Superintendent’s Student Recognition Award**

To two students who have consistently demonstrated exceptional qualities pertinent to the development of successful young men and women.

**Dylan Crider  
Selena Williamson**



# Baltic Fire Engine Company #1

## HELP US, HELP YOU

### *Cooking equipment, smoking materials remain biggest dangers*

U.S. fire departments responded to an estimated annual average of 373,900 home structure fires from 2005-2009 according to new research from the National Fire Protection Association (NFPA). According to the report, cooking fires remain the leading cause of home structure fires and home fire injuries and smoking materials continue to be the leading cause of home fire deaths.

During the five-year period covered by the report, roughly one in every 310 households per year had a reported home fire. Each year, these fires caused an estimated average of 2,650 civilian deaths, 12,890 civilian injuries, and \$7.1 billion in direct property damage. On average, seven people died in U.S. home fires every day.

One-quarter of the home fire deaths resulted from fires that originated in the bedroom, 24% from fires in the family room, living room, or den, and 15% from fires starting in the kitchen. Though only 20% of reported fires occurred between the hours of 11:00 pm and 7:00 am, half of the deaths were caused by fires reported during this time.

“These statistics are a sad reminder that fire is still a deadly threat and we must do more to prevent the needless deaths and losses,” said Lorraine Carli, NFPA’s vice president of communications. “Properly installed and maintained fire protection devices, such as smoke alarms and residential fire sprinklers, can help to prevent most fire deaths.”

Almost two-thirds (62%) of home fire deaths resulted from fires in which no smoke alarms were present at all (38%) or smoke alarms were present but did not operate (24%).

### SMOKING

The Coalition for Fire-Safe Cigarettes, coordinated by NFPA, was a group of organizations who shared the goal of getting cigarette manufacturers to produce only cigarettes that adhere to an established safety performance standard. As of March 2010, all 50 US states passed such legislation and the coalition achieved its goal.



**News release:** NFPA announces second lowest level of U.S. smoking-material fire deaths in nearly 30 years



- ▶ If you smoke, smoke outside.
- ▶ Use deep, wide ashtrays on a sturdy table.
- ▶ Before you throw out butts and ashes, make sure they are out, and dousing in water or sand is the best way to do that.
- ▶ [See all safety tips](#)

VNA*East*  
 34 LEDGEBROOK DRIVE, MANSFIELD CENTER, CT 06250  
 PH: 456-7288 FAX: 456-4267  
**August Health Screenings**

VNA East will hold the following clinics:

**Blood Pressure Screenings:**

Wed	Aug	3	Andover Hop River Homes	12:30-1:30
Wed	Aug	3	Willington Senior Center	1-2
Thur	Aug	4	Florence Lord Marlborough	11-12
Tues	Aug	9	Hebron Senior Center	10:30-11:30
Wed	Aug	10	Chaplin Senior Center	9-10
Tues	Aug	16	Lebanon Senior Center	12:30-1:30
Wed	Aug	17	Scotland Town Hall	12:30-1
Wed	Aug	17	Ashford Senior Center	1:30-3
Thur	Aug	18	Marlborough Town Hall	2-3
Fri	Aug	19	Columbia Beckish Senior Center	12:30-1:30
Mon	Aug	22	Marlborough Senior Center	1:30-2:30
Tues	Aug	23	Franklin Senior Center	10:30-11:30
Tues	Aug	23	Sprague Town Hall	11:45-12:45

**Adult Health Screenings** - including blood pressure, Cholesterol, blood glucose, earwax, and foot care. Blood pressure screening is free; other services have a nominal charge. Call (860) 456-7288 for appointments, costs and information on other services. Clinics will be held at the following locations:

Thur	Aug	4	Hebron Senior Center	8:30-1pm
Thur	Aug	11	Ashford Senior Center	12:30-1:30pm
Wed	Aug	17	Chaplin Senior Center	11:30-1pm
Thur	Aug	18	Hebron Senior Center	8:30-1pm
Mon	Aug	22	Willington Senior Center	1:30-3:30pm
Mon	Aug	22	McSweeney Senior Center	8:30-1pm
Tues	Aug	30	Franklin Senior Center	8:30-11:30am
Tues	Aug	30	Sprague Senior Center	12-2:30pm

**MANSFIELD SENIOR WELLNESS CENTER**  
**Adult Health Screenings**

Thur	Aug 11	8:30-12pm
Wed	Aug 17	8:30-11am

Including blood pressure, Cholesterol, blood glucose, earwax, and foot care. Blood pressure screening is free; other services have a nominal charge.  
 Call (860) 429-0262 Ext. 4 for appointments.

# AUGUST



# 2011

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<b>1</b> Inland Wetlands 7 pm Town Hall  Zoning Board of Appeals 7 pm Town Hall	<b>2</b> Continue your Summer Reading!! 	<b>3</b> Board of Ed 7pm Sayles School  K of C 7 pm Fire House  P&Z 7 pm Town Hall	<b>4</b> Rec. Comm. 7 pm Town Hall	<b>5</b> Check out the Sprague Public Library Cookbook	<b>6</b>  <i>Join us for River Park Music Night 6:30pm-8:30pm</i>
<b>7</b> Keep Reading those Books for Sprague Public Library's Summer Reading...	<b>8</b> Sprague Conservation Commission 7 pm Town Hall	<b>9</b> Sprague Library Mtng 6:45 pm Grist Mill	<b>10</b> Board of Selectmen 6:15 pm Town Hall  BOE 7 pm Sayles School	<b>11</b>	<b>12</b>	<b>13</b>  <i>Join us for River Park Music Night 6:30pm-8:30pm</i>
<b>14</b>	<b>15</b>	<b>16</b> Try Yoga on Tuesday Nights at our Sprague Community Center!	<b>17</b> Sprague Water and Sewer 4 pm Town Hall	<b>18</b> Board of Finance Mtng 7 pm Town Hall	<b>19</b>	<b>20</b>  <i>Join us for River Park Music Night 6:30pm-8:30pm</i>
<b>21</b>	<b>22</b>	<b>23</b> Agricultural Mtng 7 pm Town Hall  Sprague Historical Society – No Meeting this Month!	<b>24</b>	<b>25</b> Reg. Animal Control 10:30 am Lebanon Town Hall	<b>26</b>	<b>27</b>  <i>Join us for River Park Music Night 6:30pm-8:30pm</i>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> 			
<b>Check out our ads and support our local businesses and vendors!</b>						