



Volume XV11 Issue 4

# Our Town

*Your Sprague Newsletter*

April 2007

## From the Selectman's Office

Spring has come but old man winter is still kicking but he will loose.

As we turn on the TV or read a newspaper we know that peace is hard to find. So I would recommend taking a walk on some of our 600 acres open space, fish at the River Park, walk around the reservoir or Mukluk Preserve and listen to the birds and water running over the rocks; this is as peaceful as it gets. Fences have been placed around the area at Mukluk property which contains lead. Please stay out of those areas. To meet the DEP requirements Town Officials need to walk around the fence each week. If you notice fencing down, please call me so repairs can be arranged. Repairs as needed must be completed. Bids have been received to remove the buildings used for skeet shooting, and placing a matt over the road by the silt pond and covering the road with 8 in. of gravel to protect us from lead. This is all being paid for by the Brownfield's grant. There are to be NO ATV's on the Mukluk Preserve. Those who choose to ride there will be arrested and be required to pay a fine.

These last storms have done some damage to our roads. They will be repaired as weather will allow.

We have been working hard on repairing our budget. More to come.

Have a wonderful spring. Remember April showers bring May flowers.

- **Dennison Allen First Selectman**

## Sprague Parks and Recreation Committee

### Big S Yard Sale

April 21, 8 am – 5 pm

Readers:

If you have a "memory" that you would like to share, please send it in to **Our Town**.



*"We abuse land because we regard it as a commodity belonging to us. When we see land as a community to which we belong, we may begin to use it with love and respect."*

~Aldo Leopold, *A Sand County Almanac*

Please come out to help your community! The Conservation Commission is looking for volunteers to help with environmental projects around town such as marking trails and putting up signage throughout the Mukluk property. If you are interested please contact Terri Woronecki at 822-1645 or [woroneckit@newlondon.org](mailto:woroneckit@newlondon.org)

## Sprague Conservation Commission

**Happy Spring, fellow Sprague residents, from the SCC.**

We just wanted to let you know what we have been doing, and what is coming up this spring. First of all, we are thrilled to welcome two new members Terri Woronecki of Hanover and Shawn Shefer of Hanover-Versailles Rd. Terri has agreed to be our volunteer coordinator and Shawn will be in charge of trail clearing, maintenance.

Last month we had a forester come in to speak to us again to educate us to future possibilities in our forestry management. We are continuing the planning of the remediation of the Mukluk property. Please heed the signs on the fenced in area. Also please remember that ATVs are not allowed on the Mukluk property. There will be further postings and the resident trooper will be asked to ticket and fine trespassers. As the weather improves I'm sure that more of us will be enjoying this beautiful property. We will have more trails marked for you and activities in the future. We have hikes planned for April on the following dates leaving from the Grist Mill: Saturday 7<sup>th</sup> and Sunday 22<sup>nd</sup> from 11am-1pm. Any questions call Don Boushee 822-9808 or email me at [donaldboushee@sbcglobal.net](mailto:donaldboushee@sbcglobal.net).

If you are interested in getting involved please contact Terri. (See her article in this issue). One wonderful project that we are planning is the spring sprucing up of our New River Park. Keep an eye, and hopefully a helping hand, on the park. We will also be working on trails and putting up boundary markers up at the Mukluk. Please join us. Our volunteers really are making our town a better place to live. Thanks again to all of the wonderful people who volunteer in our town. Together we can make a difference.

Thanks

**-Don Boushee, SCC Chairman**

### **What Does It Mean To Be Healthy?**

These days all we read about in magazines and hear about on television is someone's advice with what to eat, when to eat, how to eat, and what to DO to be healthy. This is fine, but I believe healthy is a state of being on a day-to-day basis.

Elizabeth Lipski in her book on Digestive Wellness says, "The word diet comes from Greek and means "a manner of living" or "way of life." The Latin root means "a day's journey." In order for us to make real lasting change 'being healthy' has to become a lifestyle or your 'way of life.' This is much easier said than done!

To have a successful process of change you must be true to yourself. If a daily exercise regimen tires your body—listen to it! Make your regimen three times a week instead and know this regimen works for you because you listened to your body. Listening to the signals our body tells us is THE BEST way to adopt a healthy way of life. Eating is another huge question mark of confusion. If you don't like a certain food or it doesn't agree with you—don't eat it. You'd think this is common sense but there are many of us out there who eat things because we're told to by someone else or a diet book. Eating is another opportunity to listen to your body. How many of us truly wait until we experience hunger? Do you know what hunger feels like? I challenge you for two days to wait until you feel hunger to eat. It may mean you don't eat at your normal times, but wouldn't you rather eat when your body tells you it needs food rather than stuffing more and more food into it when it hasn't asked?

The point I'm trying to make is that health means more than weighing and measuring your food, counting calories, or exercising the weight off. Health is a 'way of life' that means you must pay attention to what you and your body needs. To be healthy also means having a 'whole' life. How is your job going? Are you constantly stressed out? Should you think about changing your job? If so, what is standing in your way? What is your spiritual practice? Are you connected at all with your spiritual needs? How are your relationships? Are you having difficulty in this area and if so, are you trying to help the situation? These are questions to help you understand what a whole and healthy life is made up of. If these issues remain unsettled they can lead to unhealthy habits.

Last, but not least, remember this 'manner of living' is a process and takes time to develop. Pat yourself on the back for the small changes you make. These small changes add up to the big picture of living a whole, happy, and healthy 'way of life.'

I'll leave you with one inspirational thought by Aristotle: "We are what we repeatedly do. Excellence, then, is not an act, but a habit." Be well everyone!

**- Submitted by: Angie Daly**

### **Republican Town Committee**

In an effort to save space and cost in OUR TOWN I don't normally write a column every month. I would much rather see this space taken up by letters by residents of our town who have something they wish to speak to or an opinion they wish to express. However, every now and then there is good reason to put in an article.

I would like to take this opportunity to welcome two new members to boards in our town. First, I would like to welcome Mrs. Karen Collins as our newest member to the Board of Finance. Mrs Collins was selected by the board to replace Mr. Cliff Fortin, who resigned after several years of service to our town. While she is joining in what could arguably be considered one of the most trying times to be a board member, ( BUDGET TIME), she brings with her an excellent background in finance and should make a great addition to the board. Next, I would like to welcome Mr. Shawn Bittman. Shawn was just appointed as an alternate to P&Z at the last Board of Selectmen meeting. While I have not had the personal pleasure of meeting Shawn as of yet, members of P&Z that I have spoken with say he will make a fine addition. I wish them both well in their new positions. I would also agree with my counterpart, Mr. Kord Jablonski, in that it is refreshing to see some new faces coming forth to volunteer their time and efforts. Let's hope this is a sign of things to come.

Finally, I would like to remind you that the budget will be making its annual appearance, it should be an interesting year and I would encourage everyone to be watching for the presentation. It's important that you know how your tax dollars are being spent.

**-Michael W. Smith, Chairman RTC**

### **"Remember Yesterday?"**

I remember back in 1968 living in Baltic as a young girl, attending St. Joseph School. There was only enough room in our annex building for grades 6, 7 and 8. The annex classrooms were located in a small, brick building across the street from the main school building at St. Joseph School. The main school held grades 1 through 5. Today the annex building has been converted into apartments.

Our 8th grade class night was held in the school gym. We had an MC (DJ), one of our cool dads, that played records for us to dance to and there were a lot of fun games. Our graduation party was held in our class room in the annex building. All the students brought food in and we were happy to be able to have a party, instead of attending class. On our class trip we took the town bus to Riverside Park for the day, which is now Six Flags. Our school had no cafeteria, only a small kitchen, used for church suppers. Most of the children either brown bagged their lunches or walked home to eat. Some went to 'Libs, some went to 'Tony's Pizza House'. Libs is still open today, but Tony's moved away. Back then we were allowed to leave the school grounds at lunchtime. The restaurants were only about a block away and we always went along with our friends.

Waaaaay back then, in 7th grade, some of the students were assigned as crossing guards to help students walk across

the street between the annex building and the parking lot. The parking lot was located behind the main school back then and doubled as a playground. The crossing guards would take turns crossing the students. Fortunately we didn't have a lot of traffic back then. The playground is still there today on the side of the hill, but a new parking lot has been put in on Main Street, across from the church rectory.

We could go to a tiny store at recess and lunch time. We called it the canteen or cubby and it was located in the lower level of the Sisters of Charity convent. We could go there to get treats, which was the best part of the day!

I remember when our 7th grade teacher put a cheering squad together. One of my sisters and I were chosen to be on the cheering squad. We cheered for the boys' basketball team, while they played against other school's teams. Our uniforms were green and white, just like the boys team. The cheerleaders had to make their own uniforms, so my mom helped out by sewing almost all the cheerleading skirts. She still sews today. My sister and I made pompoms and green ribbons for our pony tails. They were so cute. The school sisters coached the boys' basketball team. I don't know how they learned, but somehow the Sisters really knew how to coach. And when they blew the horn for time out, the team stopped dead in their tracks. It was really loud! The Sisters put in extra effort working with the ball team and us cheerleaders and could really move fast in their PF Fliers. We didn't have a large gymnasium or fancy equipment, but all of us had great team spirit and, of course, a great cheering squad.

We had a talent show every spring to raise money for the school. We had a lot of talent and this was an opportunity for the students to show it. One of my best friend's father directed the kids in the talent shows. He hand picked songs for us to sing that brought out the best in us, even if we didn't know the songs. He taught us how to dance, how to move on stage and keep a smile on our face. Even if we were scared. Fortunately my whole family got involved with the talent shows. My father, brothers and sisters, even mom helped out sewing our costumes. There was another director for the adults. The two directors always set a good example for us and they weren't afraid of a little competition between the kids and the adults. Amazingly, the people in the audience always showed up year after year and tickets were sold out on Saturday nights. My brother liked Friday nights, because it was like a dress rehearsal for Saturday night. Heck, I remember one opening act, when the basketball players and cheerleaders came down the center isle and made a grand entrance, singing "When the Saints Come Marching In!" Of course we thought our acts were the best, but everyone always got applause.

Back then we had our own teen club at the Grist Mill, with our own news paper called the 'Wrapper'. We kids would go to the teen center on weekends for dances on the second floor, under the blue lights. There was a live band, good food and a lot of teens. We had our own kitchen at the teen center, with an oven, a refrigerator and plenty of soda & snacks. A couple of nights a week we would go to the rec. center, the basement of the Grist Mill. The rec. room was renovated with wood paneling, bath rooms and wall heater. It had a ping pong table, a pool table, a juke box and many games to play. The teen center was run by the teenager's in town.

We also had skating parties at the Pines, the same pond across from the ball field by Cumberland's today. Back then it wasn't as big. We called it the pines because there were a lot

of big pine trees at one end of the pond. Parents would bring their young children to the Pines to learn how to skate. There were also large grassy stumps around the edge of the pond that you could sit on to tie up your skates. And, if you weren't so lucky, you could skate right into one of them if you were at the end of a whip. Some times someone would bring a radio down and we would skate to the music. We would make a barn fire and toast marshmallows in the moonlight.

**Submitted by Dolores Arpin**



### **Dear Friends and Neighbors of Sprague,**

In August I am joining several thousand walkers for the Boston Breast Cancer 3-Day. I have also formed a team that will consist of my daughter Stephanie, my sister in-law and my niece. Not only have we agreed to walk 60 miles over the course of 3 days, we have committed to fundraise a minimum of \$2200 each to help fight breast cancer. The money raised will support the Susan G. Komen for the Cure and the National Philanthropic Trust Breast Cancer Fund. Our personal challenge begins now. Over the next several months, we will be spending many, many, many hours in training. By the time the walk starts we will have logged enough miles to walk to Boston and back to Hanover.

I am asking you to make a commitment too. Please consider making a fully tax deductible donation to help us achieve our goal. We will do all the walking, all you have to do is write a check made out to Breast Cancer 3-Day and mail it to Tina Gromko P.O. Box 114, Hanover, Ct 06350 and I will send you a donation slip for your tax records, or visit our web pages and donate on-line at

<http://www.the3day.org/boston07/tinagromko> or  
<http://www.the3day.org/boston07/stephiedanger>

This event is very important to us, as we have all had family and friends diagnosed with breast cancer. One of my cousins, also a resident of Sprague, has had her cancer return. Her strength and positive attitude gives us the determination to do this. We will be walking in her honor.

Thank you for taking the time to read this letter. I hope that you'll share in this adventure with us by supporting us in our fundraising efforts.

Thank you in advance for your generosity.

Fondly,

**Tina Gromko**

### **Branching Out....**

Notes From the Tree Warden.

Well, Spring will be upon us any time, now. Maybe. Warmer weather will certainly usher in a barrage of yard sales, garage sales, picnics and assorted other gatherings. I'd like to once again remind Sprague residents, especially all the new folks in town, about the State Ordinance prohibiting the

attaching of signs to public trees and utility poles. In brief, CT State Ordinance Chapter 451, Section 23-65 prohibits “any person, firm or corporation from affixing to a telephone, electric light or power pole, or to a tree, shrub rock or other natural object in any public way or grounds, any playbill, picture, notice, advertisement or **other similar thing**, or from cutting, painting or marking such tree, shrub, rock or other natural object except for the purpose of protecting it or the public without the written permission of the tree warden.” In English, nothing can be stapled, nailed or attached to trees or poles on public property, including rights-of-ways along roads. I suggest yard sale, for sale, direction and all other signs be erected using wooden stakes or the wire frames used for campaigns.

I choose to enforce this state ordinance in an effort to maintain a clean rural appearance in Sprague. Usually, temporary signs remain up for weeks or months after their purpose but still making the town look ugly. I thank all town residents who have found alternative means for putting up “signs” and remember to take them down the same day.

When the ground thaws sufficiently I will work with the Road Crew to plant additional new trees along some town roads and at the River Park. I have 11 trees waiting at the nursery to be picked up when Spring really arrives.

I have given permission (in accordance with the State Ordinance) to the Sprague Conservation Commission to post open space boundary markers around the Mukluk and Reservoir properties to identify the property and protect the trees within the boundaries.

I try to get out and survey town road right-of-ways every week, but it still takes a while to cover all the roads. I rely a great deal on the town Road Crew to inform me of potential problem trees needing assessment. I welcome input from residents, too. If any one has a concern about a public tree, please contact me at 822-9656 or the First Selectman at Town Hall.

- **Dave Gustafson**

### **Democratic Town Committee**

Sprague faces a number of serious problems, of which you are most likely aware. A rising residential tax burden, aging and ailing water and sewer systems, and limited progress on developing a number of the Town’s assets, are just a few of the highlights. Regular readers of this blurb know that I’ve used much of the space over the last year to highlight the importance of community involvement in Town government, but perhaps more importantly, open-minded, courteous dialogue between participants. Make no mistake, Sprague’s challenges will take a number of years to resolve; there is no quick fix. Unless we all settle in and learn to play nice together, there is little hope.

Much of our discussion at recent DTC meetings has been about this issue of working together to tackle the Town’s issues. We’ve all either read about or know from friends in neighboring towns how quickly partisan politics can dissolve a community’s progress. The DTC feels strongly about ensuring that all members of the town’s political landscape are working together, engaged in a spirit of cooperation.

On behalf of and with the DTC’s support I’ve recently reached out to some of the active Republicans in Town about how our parties can work together to help address the

important issues facing Sprague. I’m encouraged by the initial response and am hopeful that these early discussions can evolve into continued tangible, active cooperation.

You may be aware that some progress has recently been made in giving the EDC additional authority in exploring options for the Baltic Mill site in conjunction with an expansion of the EDC’s membership. This is a good example of our two parties being able to set aside preconceived notions and make a sensible decision.

Please encourage your Town leaders to serve Sprague with the open-mindedness, professional courtesy and thoughtfulness that is required to tackle our challenges. Don’t be afraid to remind them that compromise is a sign of mental flexibility, not weakness. The reality is there are good and not-so-good ideas from all constituents. Unless we behave with the maturity to discern which of our ideas are the ones that truly have merit, we’ll all have a tough row to hoe.

The DTC has had some new faces at recent meetings, and we hope to officially be adding a couple of new names to our membership roll! We convene the first Thursday of every month, 6:30pm, at 330 Main St. in Hanover. If you are interested in attending, please simply drop me a line or give a call.

- **Kord Jablonski**

Chairman, Sprague DTC

822-1912, kordjablonski@yahoo.com

### **National Association of Post Masters**

Hello Residents of Sprague!

I am a member of the National Association of Postmasters of the US or NAPUS. I just completed the production of a cookbook entitled “United We Stand” that incorporates recipes from various Postmasters all over the state of Connecticut. We are selling the book as a fund raiser for our organization. One of the expenditures from this endeavor will be the funding of several scholarships for high school seniors for their first year of college. The cookbook is for sale through me, as a resident, not over the counter at the Post Office. **If you would like a “cooperative” cookbook with lots of great tried-and-true recipes for your collection, or as a gift, please call me at home 822-9209. The cookbooks are \$10.00 per book. Have a great day!**

- **Tracy A. Medling**

Now residing at 181 High Street, Baltic, CT 06330

(Mailing address: PO Box 11 Hanover

### **Goin’ Postal 2007**

“Spring ahead” and we’re all getting used to Daylight Savings Time again. Exciting things coming up for April – including the daffodil greens poking up through the mulch a couple weeks ago! Word is quickly getting out about the Rate Case in the Postal Service. Fuel costs and other factors are necessitating a change in postage and shape-sort criteria (postage based on size and shape instead of just a weight-based formula. When it goes into effect in mid-May, the much-talked-about Forever Stamp will be available for purchase. As stated, they will be available for purchase at 41¢ each (the soon-to-be-current postage rate for a 1 oz first-class letter), but will also be able to be used after future rate increases with no additional postage necessary – hence the

term "Forever Stamps" I will let you know more as we have additional information available.

Our Mail Fraud Awareness and Identity Theft Prevention Seminar at the Sprague Senior Center on February 27<sup>th</sup> went over well. We had a panel of five people consisting of representatives from the Postal Service, Chelsea Groton Bank and the Norwich Police Department who gave presentations and answered questions for the attendees. We also saw a movie on foreign lottery scams and how the Postal Inspection Service catches these criminals and brings them to justice, even in foreign countries, giving them "Nowhere to Run". Topics covered included identifying fraudulent money orders, credit card, mail order, and telemarketing fraud. Handouts from the seminar, including copies of three different DVD's on Identity Theft are available at the Senior Center for interested residents. These handouts give out valuable information on protecting your assets and your credit from all kinds of thieves.

Meanwhile, the newest stamps out for sale are selling like – well, like chocolate kisses! Our red and silver Hershey's Kisses stamps are showing up on letters all over town and can brighten anyone's day. Ella Fitzgerald, Longfellow and (soon) Jimmy Stewart will be reminding us of music, literature and movies of great stories with characters - and great people, on and off-stage, -page and -screen! Some people say, "They don't make 'em like that anymore!" but I think we do - We have men and women of that same caliber right here in our town - Men and women that use their talents and resources for the betterment of others and their community. From committee and board members to our service people who serve at home and overseas.

As we quickly come up on the planning stages of another Memorial Day Parade, please remember our men and women in uniform – past and present. A card, or postcard (we have several patriotic themed postcards), a note – or join us in sending "We Care!" packages to those serving overseas! We have already sent out several boxes with phone cards, magazines and recent newsletters. The last batch had some snacks and Frisbees in them, donated by a local resident! That'd be fun to see over there! So we'd like to send another box out by mid-April with more snacks and notes and cards from residents to let them know we're thinking of them so far away. Magazines with topical themes (sports, cars, hobbies, gardening, etc.), would be a good addition, as would some more phone cards. Although we no longer sell them through the Post Office, you can find them at Cumberland and other quick-mart stores in the area from several communications companies. This would enable them to keep in touch with family more easily, and has been very much appreciated by past recipients! Please consider joining us in this effort to bring encouragement to those serving others!

We Deliver Quality, Convenience and SERVICE to you!  
- **Tracy A. Medling, Postmaster, Hanover**  
(860)822-6250 phone  
(860)822-3021 fax

## **Sprague Water & Sewer Authority NOTICE**

Recently damage from vandalism has forced us to bring one of our water storage tanks at the Baltic Reservoir area down. Security surveillance has been increased around these structures as it is your source for drinking water. Perpetrators will be prosecuted to the full extent of the law. Please, if you see anything suspicious, take the time to report any such activity to the Resident State Trooper. This will help keep our rates from increasing due to unnecessary repairs. Thank you.  
-**Todd Hastings, Superintendent**

## **NOTICE**

The Sprague Water & Sewer Authority will be flushing hydrants during the week of April 15<sup>th</sup>. Water pressure may be reduced slightly and a little discoloration of water may occur during this procedure. The Authority regrets any problems this may cause but the system must be flushed periodically to maintain quality water and to insure hydrants are operable in case of an emergency. If you have any questions, please call 822-3005. Thank you.  
-**Todd Hastings, Superintendent**

## **10<sup>th</sup> Annual Boy Scout Auction Saturday, May 5<sup>th</sup> Preview – 5:30 pm Auction – 6:30 pm**

**Items include: Sailing Trip, 10x20  
Freestanding Canopy, Large Framed Ansel  
Adams Photograph, Thomas Kinkade Wall  
Hangings, NASCAR Memorabilia, Kayak  
Rentals, Theme Baskets, Handmade Items,  
Tickets to Area Attractions.**

**Auctioneer: Nelson Courtemarche**

**Refreshments Available**

**Benefit Boy Scout Troop # 19**

**For more info: Call Harry Segerstrom Sr, at  
860-822-6235**

**When lights at RR crossing are not working  
properly, please call 911.**

**Thanks, Dennison Allen**



**APRIL 21<sup>ST</sup> 8 AM – 5 PM**

**BABE BLANCHETTE BALL FIELD IN THE TOWN OF  
SPRAGUE**

**VENDORS WANTED**  
**VENDORS WANTED**  
**REFRESHMENTS AVAILABLE**  
**REFRESHMENTS AVAILABLE**  
**BUYERS WANTED**  
**BUYERS WANTED**

**CONTACT SPARC (SPRAGUE PARKS &  
RECREATION)  
FIELD MANAGER AT 822-8582**

**SPRAGUE SCHOOL DISTRICT  
Baltic – Hanover – Versailles  
Kindergarten Registration  
Sayles School  
25 Scotland Road  
Baltic, CT 06330  
822-8264**

Sayles School is currently conducting Kindergarten Registration for the 2007-08 school year. Parents of children who will be five years old by January 1, 2008 must provide birth certificates, social security numbers and immunization records for rubella, measles, polio, mumps, diphtheria, pertussis, tetanus, hepatitis B and chicken pox. Parents also need to provide three proofs of residency showing their street address.

It is important that all students planning to attend kindergarten during the 2007-2008 school year be registered as soon as possible. Please call 822-8264, ext 100 if you have any questions and for a registration packet.

# COMMUNITY CALENDAR

## Monday, April 2

Inland Wetlands & Water	Town Hall	7:00 pm
Zoning Board of Appeals	Town Hall	7:00 pm

## Wednesday April 4

Planning & Zoning	Town Hall	7:00 pm
Knights of Columbus	74 Scotland Road	7:30 pm
Board of Education	Sayles School	7:00 pm

## Thursday, April 5

SPARC	Town Hall	7:00 pm
Democratic Town Comm.	Hanover	6:30 pm

## Tuesday, April 10

Library Board	Grist Mill	6:30 pm
Republican Town Committee		7:00 pm

## Wednesday April 11

Board of Selectman	Town Hall	7:00 pm
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## Thursday, April 12

Conservation Commission	Town Hall	7:00 pm
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## Friday, April 13

Neighborhood Watch	Fire House	7:00 pm
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## Wednesday, April 18

Sprague Water & Sewer	Authority Hall	6:30 pm
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## Thursday, April 19

Board of Finance	Board Room Town Hall	7:00 pm
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## Tuesday, April 24

Historical Society	Grist Mill	6:30 pm
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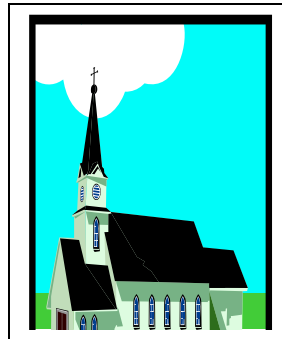
## Wednesday, April 25

Economic Development Comm.	Courtroom	7:00 pm
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## CHURCH SERVICE DIRECTORY

### SUNDAYS

Versailles United Methodist	10:30 AM
Bethel Community UMC	8:30 AM
St. Mary's, West Main	8:00 AM & 10:00 AM
Hanover Congregational	9:30 AM
Church of Jesus Christ	
Of Latter Day Saints	10:00 AM
Baltic United Methodist	10:30 AM
<b>SATURDAYS</b>	
St. Mary's, West Main	5:00 PM



**Hanover  
Congregational  
Church**  
Main Street, Hanover  
Please Join Us for Sunday  
Services and Sunday  
School  
9:30 AM  
Rev. Robert Morris,  
Minister  
Wendy Schnip, Organist

**Deadline for May Our Town ad and  
article submissions:  
April 19th**

## OUR TOWN STAFF

The "OUR TOWN" Newsletter is a monthly publication funded by local advertising and The Town Of Sprague as a forum for public information. The opinions expressed here are those of individual authors, where indicated by his/ her name. These opinions do not necessarily reflect those of this newsletter. All submissions must be signed and submitted by deadline each month. The OUR TOWN staff reserves the right to edit copy for proper grammatical form and to conform to space allocations. Libelous, obscene, or inflammatory material will not be printed.

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**Town of Sprague Parks and Recreation Committee**  
**PO Box 791**  
 Baltic, Connecticut 06330

**April 21, 2007 (8am to 5pm)      Big S Yard Sale Application**

**Contact Information**

Organization Name	
Street Address	
City ST ZIP Code	
Contact Name	
Contact Phone	
E-Mail Address	

**Type of Activity**

Please indicate the number of booths/space requested and enter the description of your activity/exhibit. We want to ensure that your booth does not have any duplicate activities near by or interfere with near by activities. You will also need to indicate whether you require electricity for your booth.

# of Booths	Type	Electricity Yes	Electricity No
Enter dimensions of your booth →		←	

**Set up Time**

I understand the Set Up Time will begin Saturday 7AM to 8:30AM and all Set Up activities must be completed No later than **9:00AM**.

**Special Notes**

I understand that neither the Town of Sprague nor any members of the Sprague Recreation Committee is responsible for any lost, damaged, or stolen items or property.

Each participant is responsible for their own set ups, tables, tarps, extension cords, etc. No vehicles shall be allowed to remain on the ball field during the Big S Yard Sale activities, except for those pre-approved to park along the Outfield Fence. All other vehicles **MUST BE REMOVED** from the FIELD and ACCESS road as soon as set up is completed. Parking is located across the street from the ball field, next to the school bus parking area.

Make check or money order payable to The Sprague Parks and Recreation Committee and mail the payment with completed application by April 21, 2007, to:

Scott Larkham

Email: slarkham@aol.com Phone 822-8582

Or Attn: Sprague Parks and Recreation Committee (SPARC)

**Town of Sprague Parks and Recreation Committee**  
**PO Box 791**  
 Baltic, Connecticut 06330

**Signature**

Name (printed)	
Signature	
Date	

**Our Policy**

It is the policy of this organization to provide a safe and family friendly atmosphere for this event.

***WE MUST KEEP THE BALL FIELD SAFE FOR OUR FAMILIES AND CHILDREN.***

Thank you for completing this application form and for your interest in the Big S Yard Sale.

**SAYLES SCHOOL HONOR ROLL**  
**2<sup>ND</sup> Marking Period 2006-07**

**High Honors**

**7<sup>th</sup> Grade**

**Daniel Brine**  
**Lauren Grabarek**

**Honors**

**7<sup>th</sup> Grade**

**David Cloutier**  
**Tyler Fisher**  
**Olivia Giroux**  
**Matthew McCullough**  
**Bobbi MacDonald**  
**Rachael Robtoy**  
**Kayla Royce**  
**Rachel Russi**  
**Alexandria Zagorski**  
**Taylor Agee**  
**Felicia Filiatreault**  
**Deanna Kozlowski**  
**Brienne McAvoy**  
**Caitlin Phipps**  
**Miriam Turner**

**8<sup>th</sup> Grade**

**Tyler Brooks**  
**Meaghan Phipps**  
**Kristi Harrison**  
**Kendra Schnip**  
**8<sup>th</sup> Grade**  
**Alexandra Baldino**  
**Sarah Martell**  
**Katrina Walczyk**  
**Emily Wood**  
**Robert Tardif**  
**Bryan Wynn**  
**Cindy Briggs**  
**Kyle Izbicki**  
**Heather Burlingham**



**CAN & BOTTLE DRIVE  
9 AM - NOON**

**APRIL 21<sup>ST</sup>**

**Please drop your clean bottles & cans in the back of the Convent of the Academy of the Holy Family. The money collected will be used for ongoing maintenance of the Holy Family Motherhouse.**

**Sponsored by the Sisters of Charity**

**Thank you for your help!**



**Chicken Barbecue**

**Saturday**

**April 28<sup>th</sup>**

**4:30 – 6:30**

**Takeouts Available**

**For info call 822-8351 or 822-6771  
Hanover Congregational Parish House  
Main Street, Hanover**

## VNA East

**The Visiting Nurse Association East will hold the following clinics:**

**Blood Pressure Screenings:**

<b>April 4</b>	<b>Andover Old Fire Department</b>	<b>12:30 – 1:30</b>
<b>April 4</b>	<b>Willington Senior Center</b>	<b>1:00 – 2:00</b>
<b>April 5</b>	<b>Florence Lord Marlborough</b>	<b>11:00 – 12:00</b>
<b>April 10</b>	<b>Hebron Senior Center</b>	<b>10:30 – 11:30</b>
<b>April 10</b>	<b>Marlborough Senior Center</b>	<b>2:00 - 3:00</b>
<b>April 11</b>	<b>Chaplin Senior Center</b>	<b>9:00 - 10:00</b>
<b>April 11</b>	<b>Sprague Town Hall</b>	<b>12:00 – 1:00</b>
<b>April 17</b>	<b>Lebanon Fire Safety Complex</b>	<b>12:30 - 1:30</b>
<b>April 18</b>	<b>Scotland Town Hall</b>	<b>12:30 - 1:00</b>
<b>April 18</b>	<b>Ashford Town Hall</b>	<b>1:30 - 3:00</b>
<b>April 19</b>	<b>Columbia Beckish Senior Center</b>	<b>12:30 - 1:30</b>
<b>April 19</b>	<b>Marlborough Town Hall</b>	<b>2:00 - 3:00</b>
<b>April 24</b>	<b>Franklin Senior Center</b>	<b>10:30 - 11:30</b>

**Adult Health Screenings: Including blood pressure, Cholesterol, HDL Cholesterol, blood glucose, earwax and foot care. Blood pressure screening is free: other services have a nominal charge. Call 860-456-7288 for appointments, cost and information on other services. Clinics will be held at the following locations:**

<b>April 5</b>	<b>Hebron Senior Center</b>	<b>8:30 -- 1:00</b>
<b>April 5</b>	<b>Andover Hop River Homes</b>	<b>1:30 – 4:30</b>
<b>April 19</b>	<b>Hebron Senior Center</b>	<b>8:30 – 1:00</b>

## Call for Sprague Artists

**Seeking resident fine artists of all media and exquisite handcraft artisans interested in participating in a Sprague Open Studios Weekend.**

**Planning has started for a fall event to showcase Sprague's talented, thriving artistic community to greater Eastern Connecticut.**

**Contact Diane Hastings for more information**

**822-9702 (Fred's News)  
822-8439 (Home)  
Fredsnews@msn.com**



**Sprague School District  
25 Scotland Road ~ Baltic, CT 06330**



**Sayles School  
"A Friend of Core Knowledge"**

Phone: 860.822.8264  
Fax: 860.822.1347

Website  
<http://www.saylesschool.org>

**From the Office of the Sayles School Nurse  
Patrice Houle, RN**

**Radon Testing**

Sayles School recently completed a State of Connecticut mandated Radon test. Environmental Transactions, Inc. performed this test over a two-day period in the month of November. The results fell well below the EPA action level and retesting will not be conducted again for five years.

**Pre-School and Kindergarten Registration Requirements**

Parents of children registering for Pre-School and Kindergarten for the school year 2007-2008 should be aware that in order for your child to begin school they have to receive a complete physical and all immunizations must meet State standards. These include:

Pre-School	Kindergarten
<b>Dtap/DTP</b> (Diphtheria, Tetanus, Pertussis)	
<ul style="list-style-type: none"> <li>• 4 doses</li> </ul>	<ul style="list-style-type: none"> <li>• At least 4 doses. The last dose must be given on or after 4<sup>th</sup> birthday.</li> </ul>
<b>Polio</b>	
<ul style="list-style-type: none"> <li>• 3 doses</li> </ul>	<ul style="list-style-type: none"> <li>• At least 3 doses. The last dose must be given on or after 4<sup>th</sup> birthday.</li> </ul>
<b>MMR</b> (Measles, Mumps, Rubella)	
<ul style="list-style-type: none"> <li>• 1 dose on or after 1st birthday</li> </ul>	<ul style="list-style-type: none"> <li>• 1 dose on or after 1st birthday</li> </ul>
<b>Hib</b> (Hemophilus, Influenza Type B)	
<ul style="list-style-type: none"> <li>• 1 dose on or after 1st birthday</li> </ul>	<ul style="list-style-type: none"> <li>• Children less than 5 need 1 dose at 12 months or older. Children ages 5 and older do not need proof of Hib vaccination.</li> </ul>
<b>Hep B</b> (Hepatitis)	
<ul style="list-style-type: none"> <li>• 3 doses</li> </ul>	<ul style="list-style-type: none"> <li>• 3 doses</li> </ul>
<b>Varicella</b> (Chicken Pox)	
<ul style="list-style-type: none"> <li>• 1 dose on or after 1st birthday</li> </ul>	<ul style="list-style-type: none"> <li>• 1 dose on or after 1st birthday</li> </ul>
<b>Measles</b>	
	<ul style="list-style-type: none"> <li>• 2nd dose of MMR given at least 4 weeks after the 1st dose</li> </ul>

**Physicals**

A complete physical is required for students entering the 7<sup>th</sup> grade; this requirement can be met by having a physical anytime in the 6<sup>th</sup> grade but must be on file by the beginning of the new school year. Any child participating in a sports activity also needs a complete physical yearly. MD Offices fill calendars quickly so I would advise that you call now to set up appointments in order to be prepared for the 2007-2008 school year.

If you have any questions and/or concerns please feel free to call me at 822-8264 ext. 111 or e-mail me at [phoule@saylesschool.org](mailto:phoule@saylesschool.org).

Sincerely,

Patrice Houle, RN